



TOWNSHIP OF GUELPH/ERAMOSIA
Fire & Emergency Services

Emergency Survival Kit

Here is a list of items to include in an **EMERGENCY SURVIVAL KIT**. This kit is designed to sustain one person for three days.

- Four litres of water / day (bottled water)
- Food such as canned goods, crackers, honey, peanut butter, sugar, coffee, tea, food bars (to be replaced once/year)
- Flashlight and batteries or crank flashlight
- Portable radio and batteries or crank radio
- Spare batteries for both
- First Aid Kit
- Candles/Matches/Lighter
- Extra Car Keys
- Always have cash on hand (including coins for pay phones)
- Important Personal Papers (ID, personal documents such as passports, birth certificates, social insurance numbers, marriage certificates, etc.)
- Clothing and Footwear (One extra set)
- Toiletries (such as Toothbrush, Toothpaste, Toilet Paper, Pre-moistened towlettes, Tissues, etc.)
- Blankets (Mylar type) or sleeping bags
- Any necessary medications
- Whistle (to attract attention)
- Playing cards, games
- Something to carry survival kit items in case you have to evacuate

Sources: OCIEP, EMO