



The Township of Guelph/Eramosa wishes Canada a Happy 150th Birthday! Check out our centre spread featuring 150 years of Guelph/Eramosa





# Kid's birthday parties **AND MORE!**

From Kid's Birthday Parties,
Corporate Events, School Groups to
Dodgeball Tournaments, Air U offers
a wide variety of indoor fun and
entertainment. With thousands of
square feet of trampolines and foam
pits, you can bounce, fly and flip for
the best time of your life.

Jump times start at half past and top of the hour. Come on in and have the most family fun you can have inside!

#### AIR U

919 York Rd., Hwy. 7 & Watson Rd.

519-822-5867 FlyAirU.com



# Come see the **Kidzone** Difference!

**Gymnastics, Tumbling, CheerKids and Ninja Zone** 



# NEW THIS FALL

#### Ninja Zone for Adults

- Special Needs Classes
- Private and Group Classes



Gymnastics and
Ninja Birthday Parties
Group Visits • Home School
Summer Camps • PD Day Camps

#### **Kidzone**

919 York Rd., Hwy. 7 & Watson Rd. **519-822-KIDZ** (**5439**) **www.futureskidzone.com** 

#### GST informed



#### Mayor's Message

#### We are pleased to bring you the 2017/2018 Guelph/ Eramosa Community Guide!

Inside this edition, you will find **important information about your community**, including municipal services, community events and local attractions. Not to mention, the recreational opportunities in Guelph/Eramosa are endless. In our Township, we have soccer fields, baseball diamonds, a splash pad, an indoor track and field facility, over 11 play structures and most recently, the addition of a 6,222 sq/ft skate park.

Our Guide also includes program details for the young and the young at heart. Be sure to check out our exciting programs for Active 55+ at the Older Adults Centre and programming for all ages happening at the Royal Distributing Athletic Performance Centre (RDAPC). The RDAPC is a state-of-the-art facility that includes an indoor walking track and soccer field featuring fun activities all year long!

This year, Guelph/Eramosa was thrilled to **help Canada celebrate its 150th Birthday**, encouraging residents and businesses to plant red and white flowers throughout the Township. We also buried a time capsule under the skate park, planted 150 maple trees and unveiled a very special heritage log wall using the surviving old growth white cedar log from one of the first log cabins built in Guelph Township.

I encourage you to get out and explore all that Guelph/Eramosa Township has to offer. There are delicious local foods to sample at one of our many farm markets. Enjoy bright autumn colours with a fall hike or a snowy day with a cross country ski on one of Guelph/Eramosa's many trails. You can even grab your skates and head outside for some good Canadian fun at one of our community outdoor ice rinks. As the weather gets warmer, Guelph/Eramosa offers stunning landscapes, so walk on our trails, camp out under the stars, or play in one of our many picturesque parks!

This Guide continues to promote local businesses and other community service partners who provide important services for our residents. I hope you'll consider supporting our local businesses by visiting a local bakery, coffee shop, retail shop and agricultural business right here in Guelph/Eramosa.

I wish everyone a safe and enjoyable year and I hope that you and your family take advantage of the many exciting activities and attractions right here in Guelph/Eramosa!

Mayor Chris White

Guelph/Eramosa Township

www.get.on.ca Fall 2017/Winter 2018

#### GET informed

# Get Connected with Guelph/Eramosa!

There are lots of ways that you can get connected with the Township of Guelph/Eramosa.

#### Visit our website at www.get.on.ca

The Township website at www.get.on.ca is a complete online source for information about Township services, programs, by-laws, applications, events and notices.



#### Sign up for our e-Newsletter

Visit our website at www.get.on.ca to sign up for our monthly e-newsletter for updates about Township news and upcoming events! Subscribe and watch your inbox for our next edition!

#### Like us on Facebook! Follow us on Twitter @GuelphEramosa!

Following us on Facebook and Twitter allows you to receive current updates and information about what is currently happening at the Township.









# GET informed

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Photo credit: Shari Lovell Photography



Photo credit: Shari Lovell Photography



Photo credit: Shari Lovell Photography



Photo credit: Shari Lovell Photography

www.get.on.ca

#### MAYOR & COUNCIL

#### GET informed



#### David Wolk Ward 1 Councillor

5117 Wellington Rd. 32 Guelph, ON N1H 6J4 519-836-0743 david.wolk@sympatico.ca

Summer is a good time to take a drive through Ward 1. Signs of community growth and property improvements are abundant. There's a bonus to be had from the big selection of locally-produced fruit, vegetables, meats and baked goods available from on-farm markets and laneway stalls. And it's hard not to be impressed with the thousands of hectares of great looking crops under cultivation.

Across the southwestern corner of the township a number of new homes have been built and a surge in residential building within the Ariss's Ussher Creek development continues. Farm building projects coupled with a mix of industrial construction is also to be seen.

Road improvement is also a feature. Re-surfacing of Township Road 1, one of the township's most heavily travelled roads, running between Highway 124 and Paisley Road, is one of this year's major capital projects involving over two kilometers of work.

Canada 150 celebrations included the unveiling by the township of an exhibit at the Marden Community Centre commemorating one of the areas earliest structures. Using wood salvaged from the original McDonald farm structure, it's an impressive piece of historical work and certainly worth a visit.



# Corey Woods Ward 2 Councillor

5754 Jones Baseline, R.R.#5 Guelph, ON N1H 6J2 519-824-7377 coreywoods@rogers.com

As the summer comes to an end, I hope everyone has enjoyed 2017 so far! In contrast to last summer, we've experienced more rain than average, leaving farmers crops weeks behind schedule. With the heart of the farming community within and surrounding Ward 2, my hope is that by the time you're reading this message we have had less rain!

This year we also celebrated Canada's 150th Birthday with many events in the Township, including the unveiling of the Marden Heritage Wall, honouring the 1827 McDonald Log Cabin. The heritage wall was made using the surviving old growth white cedar logs from one of the first log cabins in Guelph Township that were donated by 6th generation owners of the farm. The heritage wall is located at the Marden Community Centre.

I'd like to take this opportunity to wish all of the school kids a successful start to their year and encourage residents to contact me at any time with comments or concerns.



Louise Marshall Ward 3 Councillor

41 Ash Street, SS1 Eden Mills, ON NOB 1P0 519-856-0641 louise.marshall.41@ outlook.com

In 2017 we celebrate Canada's 150th birthday! By the time you see this publication we expect the Skate Park at Rockmosa to be open. Families with younger children playing soccer might have older siblings who will enjoy the park.

Did you plant red and white tulips last fall like I did? The rabbits evidently loved the new flavour! I've seen some gardens with the Canada 150 tulips and marvel at the success of those gardeners.

I hope you had a great summer. Whether you're heading back to school in September, resuming your routine or beginning a new venture, may the year ahead be successful as you take one day at a time.

I try to make myself available by attending events in Eden Mills and Rockwood. If you have any concerns and see me while I'm out, please approach me. I'd love to hear from you. I also welcome your phone calls.



#### Mark Bouwmeester Ward 4 Councillor

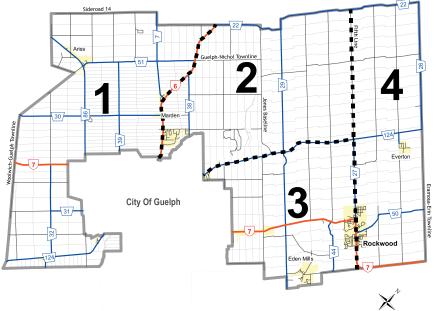
251 Brady Street Rockwood, ON NOB 2K0 519-856-2127 markgb@sympatico.ca

Plenty of exciting activity continues to happen on this side of the Township. Re-development of Rockmosa Park is underway and the Farmers Market season is in full swing. The south end of Rockwood now boasts a new commercial plaza and the village will soon be home to a second set of traffic lights! These signals will drastically improve safety for students and others crossing busy Highway 7. And if all that news isn't exciting enough, we anticipate construction of a new and enlarged grocery store on Alma street in the not too distant future!

Behind the scenes of all these visible projects and activities your Council continues to work hard on setting strong financial priorities. We continue to ensure spending matches revenues while striving to invest in the reserves required to maintain our infrastructure for the future.

As we celebrate Canada's 150th birthday this year please take a moment to reflect on how truly blessed we all are to call Canada home. We are also equally fortunate to live in the community that we do...Guelph-Eramosa truly is an amazing place to call home! I encourage you to reach out to me at anytime to share your thoughts, concerns and vision for our community moving forward.

#### TOWNSHIP OF **GUELPH/ERAMOSA** Ward Electoral Boundaries



Fall 2017/Winter 2018 www.get.on.ca

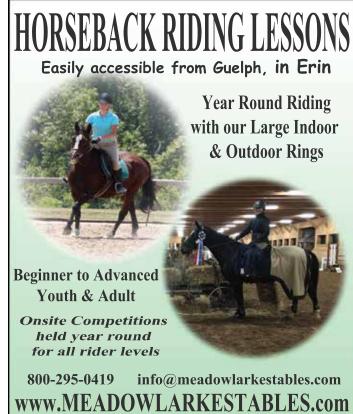


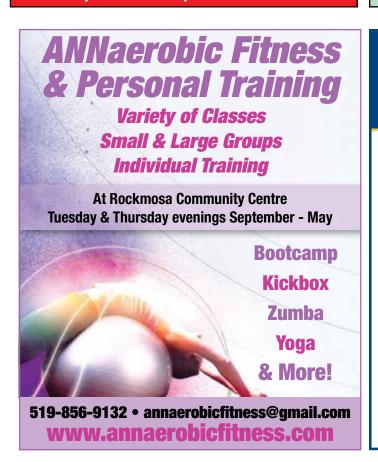
Our services include:

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Replace Existing System
Sewer Service
Excavating

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RR#1 Ariss, Ontario, N0B 1B0
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www.pioneersepticsolutions.ca







#### **Wellington Home Child Care offers:**

- Direct payments for families receiving fee subsidies
- Access to provincial Home Child Enhancement Grant
- Enhanced daily rate for Registered E.C.E (conditions apply)
- Ongoing support from a registered Early Childhood Educator, plus additional resources and training opportunities

Contact us to learn more!

Call 519.837.3620 x 3050

Visit www.wellington.ca



#### GST informed

#### Guelph/Eramosa Township Department Directory

Township of Guelph/Eramosa

8348 Wellington Rd. 124 P.O. Box 700 Rockwood, Ontario

NOB 2KO

Tel: 519-856-9951

Toll Free: 1-800-267-1465

Fax: 519-856-2240 www.get.on.ca

General Inquiries: general@get.on.ca

Office Hours:

Monday to Friday from 8:30 a.m. - 4:30 p.m.

Urgent After Hours Service:

519-856-9596 ext. 150

#### **ADMINISTRATION SERVICES**

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Fire Chief	519-824-6590
Deputy Fire Chief	519-856-9637
Rockwood Fire Station	519-856-9637
Open Air Burn Permit Inquiries	ext. 101

County of Wellington......519-837-2600

#### **REGIONAL SERVICES**

County of Wellington Solid

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5
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Guelph Hydro – Power Outages In Rockwood Only ...... 519-822-3010 Ontario One Call

(Call Before You Dig) ...... 1-800-400-2255

#### PUBLIC WORKS DEPARTMENT GET informed

#### **CIVIC NUMBER OR SIGN REQUEST**

It is a requirement under Township of Guelph/ Eramosa By-law 53/2011 that all residential, commercial, industrial, religious and educational properties, where an emergency may be reported, must be signed with a civic address identification plate (green sign). These signs must be obtained from the Municipal Office. Replacement identification plates can be purchased at a cost of \$35.00 each and, if required, replacement posts are available for \$15.00 each.

Properties that do not have an assigned civic number can obtain one by contacting the Roads Department at 519-856-9596 ext. 120 or email lvince@get.on.ca.

#### **DEBRIS & LITTER**

Illegal dumping is a concern for the Municipality and we are asking for assistance from the community to help keep Township roads and right of ways clean. Anyone witnessing illegal dumping activities should note the licence plate number and report this information to the By-law Enforcement Officer at 519-856-9596 ext. 121 or akreuger@get.on.ca. To notify the Roads Department about debris including dead animals on any part of the municipal right of way (ie. road, curb, shoulder, ditch), please call 519-856-9596 ext. 120 or email lvince@get.on.ca.

#### **ENTRANCE PERMITS**

If you are planning to install a primary or secondary entrance or expand your existing entrance, you will require an entrance permit to proceed. If the property is on a Township road, applicants are asked to contact the Roads Department at 519-856-9596 ext. 120 or email lvince@get.on.ca. Please note that work must not commence on the entrance until such time as the entrance permit has been granted by the Township of Guelph/Eramosa.

If the property is located on a County Road, please contact the County of Wellington at 519-837-2600 for County application requirements.

#### PEDESTRIAN CROSSOVER

A Pedestrian Crossover is a place designated for pedestrians to cross a road. The Pedestrian Crossover in Rockwood is located on Main St. N. & Gzowski St. According to section 140 of the Ontario Highway Traffic Act, when a pedestrian is crossing on the roadway within a pedestrian crossover, the driver of a vehicle approaching the crossover (a) shall stop before entering the crossover (b) shall not overtake another vehicle already stopped at the crossover and (c) shall not proceed into the crossover until the pedestrian is no longer on the roadway. For more information on the pedestrian crossover and our 3 school crossing locations, please visit our website at www.get.on.ca or contact the Public Works Department at 519-856-9596 ext. 120 or email lvince@get.on.ca.

#### SIDEWALK CLEARING

Sidewalk plowing is part of the Township's snow removal service. We work hard to clear sidewalks on our major roads and along routes to school as soon as possible after a snow fall. The remainder of the residential sidewalks are cleared shortly after. Please remember not to block sidewalks with parked vehicles as this does cause an obstruction during winter maintenance.



#### COUNTY OF WELLINGTON SOLID WASTE SERVICES (SWS)



The County of Wellington is responsible for municipal solid waste management in the Township of Guelph/Eramosa. This includes curbside collection of garbage and recycling. For information on any of our services or facilities, please visit our website **www.wellington.ca/sws**, see the annual SWS Calendar, or call 519.837.2601.

#### Curbside Collection

**Curbside collection is on Friday.** Collection is weekly in towns, villages, and larger subdivisions (urban); every other week in all other areas (rural). Please have materials to the curbside by 7:00 am. Check the SWS calendar or our website for rural collection dates. If you are unsure whether you receive weekly or bi-weekly collection, please call 519.837.2601.

**Garbage -** User pay garbage bags are needed for garbage collection. There are two sizes - large (\$2.00) and small (\$1.50) which are sold in packages of 10. They are available in many locations, including the Township office. Check the SWS website for a full listing of retailers. If you are experiencing animal issues, garbage cans are an option. Urban residents must obtain a special sticker to use a can. Rural residents can skip this step. Please call the SWS office for more information.

**Recycling -** Blue boxes are available at the Township office and County waste facilities. There is no charge for the first two; each additional box is \$5.00 (available from waste facilities and the County Administration Centre at 74 Woolwich Street in Guelph). You can put out up to six blue boxes per collection day. See the SWS calendar or the SWS website for acceptable items.

**Holidays** - Curbside collection is cancelled on statutory holidays. Collection is usually rescheduled to the following Saturday. Changes are advertised in the Wellington Advertiser on the County page. You can also check the SWS calendar or the SWS website.

**New subdivisions -** The Collections Supervisor regularly monitors new developments. When the majority of construction is completed we can offer collection. A blue box with welcome information will be delivered to each home. Please use one of our waste facilities for your garbage and recycling needs until collection is available.

#### Waste Facilities

The County operates six waste facilities. The three closest facilities to Guelph/Eramosa:

Aberfoyle Waste Facility Belwood Waste Facility Elora Waste Facility 6922 Concession 4 8585 Wellington Road 19 6549 Gerrie Road

Township of Puslinch Township of Centre Wellington Township of Centre Wellington

#### **Diversion Opportunities**

There are many diversion opportunities at the County's waste facilities. These operate year-round and include textiles, electronics, tires and hazardous waste materials, which are all accepted for free. Visit our website for site-specific information, directions, and hours.

Composters are available for sale at the Township Office and County waste facilities. They cost \$30 each, taxes included.

Household Hazardous Waste (HHW) depots are available throughout the County.

Reuse Centres are available at Aberfoyle and Belwood waste facilities. There is also a reuse website to post items for free at **www.wellington.reuses.com**.

www.get.on.ca Fall 2017/Winter 2018

#### FINANCE DEPARTMENT

#### GET informed

#### ANNUAL BUDGET

Guelph/Eramosa's annual budget provides the resources to operate all of the Township's departments, which include: fire services, parks and recreation, public works and planning and development, to name a few.

Our operating budget provides the necessary resources to deliver programs, services and facilities to meet the needs of Guelph/Eramosa's growing community. The operating budget is funded primarily through property taxes and user fees.

Our capital budget and forecast is a comprehensive long-term financial plan that identifies the capital requirements of growth and sustaining existing infrastructure. The capital budget is funded through property taxes, Township reserves, development charges, debt and grants. The capital budget is used to build and rehabilitate municipal assets that will last for more than one year.

Reserves and reserve funds receive annual contributions from the operating budget to assist with creating a solid financial position to support the Township's future cash requirements. Maintaining sufficient balances in reserves and reserve funds is a critical component of a municipality's long-term financial plan, as it strengthens its long-term financial sustainability, helps to minimize fluctuations in the tax rate and provides funding to sustain infrastructure.

#### **BUDGET PROCESS**

#### August - September 2017

- Departments prepare capital and operating budget
- Management team reviews and prioritizes budget items

#### November 2017

 Budget details are presented to Council in public Council meeting

#### December 2017 – January 2018

• Final budget considered for approval by Council

For budget dates please check our website at www.get.on.ca or contact our Director of Finance at 519-856-9596 ext. 111.

Keep informed by signing up for our monthly e-newsletter at www.get.on.ca

#### **2017 TAX NOTICE INFORMATION**

#### **Final Billing**

Final tax bills were mailed the beginning of July and are payable in two installments on the following due dates:

**1st Installment -** Thursday, August 31st, 2017 **2nd Installment -** Tuesday, October 31st, 2017

#### **PAYMENT OPTIONS:**

#### **Pre-Authorized Payment Plan (PAP)**

Monthly – Monthly deductions will be taken out the first Friday of each month with a reconciliation withdrawal in November.

Installment – Installment amounts will be deducted on the tax due dates (February, May, August and October)

Mail/Post-dated Cheques (include tax bill stub)

**Telephone/Internet Banking** (using your property assessment roll number as the account number)

In Person/Drop Box – at 8348 Wellington Road 124 from 8:30 a.m. to 4:30 p.m.

**Mortgage Company** – If your taxes are paid through your mortgage, the bill is mailed to you for your records only and to the mortgage company for payment

**Financial Institution** (with original tax bill stub)

#### GET informed

#### FINANCE DEPARTMENT



# **EXAMINE YOUR TAX NOTICE**

If you are NOT the owner of the property described on the notice, please return the notice to the Township Office with applicable information.

**E-billing coming in 2018!** Watch www.get.on.ca for details



# County of Wellington

# **SOLID WASTE SERVICES**

www.wellington.ca/sws 519.837.2601 • 1.866.899.0248



#### TRAVELLING FOR THE WINTER?

Please be sure you have made arrangements for payment of the 2018 interim billing which will be sent out January, 2018.

For forms and further information visit www.get.on.ca

Or contact the Finance Department: Laura Smith, Tax Administrator 519-856-9596 ext. 104 or lsmith@get.on.ca Lynn VanAlstine, Finance Clerk 519-856-9596 ext. 102 or lvanalstine@get.on.ca



# Providing for today, planning for the future.

blue box recycling • user pay garbage scrap metal recycling • appliance recycling backyard composting • electronics recycling

tire recycling • brush and wood diversion

reuse centres • textile recycling

household hazardous waste diversion



www.get.on.ca Fall 2017/Winter 2018

#### **POWER OUTAGES**

#### GET informed

#### Be Better Prepared®!

Power failures can be triggered by many events. Weather such as freezing rain, sleet or high winds can damage power lines & equipment, leaving many without power. Power failures can leave you in the dark for hours or even days. Although power failures can occur in any region, you can learn how to reduce their impact with some planning and preparation.

#### **BEFORE POWER FAILURE HITS:**

- Monitor local radio & television stations for sever weather warning
- Keep a battery-powered or, better yet, crank radio on hand
- Keep a flashlight where it can be easily accessed in the dark

For more information on preparing for power failures, visit www.getprepared.gc.ca

#### PREPARE YOUR 72-HOUR KIT

- Water (2 litres/person/day)
- Non-perishable food items, canned and dried foods (replaced annually)



- Manual can opener
- Flashlight/ batteries or crank flashlight
- Portable radio/batteries or crank radio
- First aid kit
- Extra car keys
- Cash, travelers' cheques and change
- Important personal papers
- Extra seasonal clothing and footwear
- Toiletries
- Analog telephone
- Blankets and sleeping bags
- Medications as well as a list of prescriptions
- Whistle
- Playing cards, travel-sized games, books

- Cell phone fully charged if possible
- Generator properly installed

#### **Home Generators:**

Home generators are handy for backup electricity in case of an outage.

#### Here are some safety tips to remember:

• Before considering the use of an emergency

home generator during power failure, check with furnace, appliance and lighting fixture dealers or manufacturers regarding power requirements and proper operating procedures



- Connecting a generator to an existing electrical system should be done only by a qualified Electrician approved by the Electric Safety Authority (ESA)
- Always ensure that the generator operates outdoors in well-ventilated conditions, away from doors or windows, to prevent exhaust gases from entering the house
- Ensure you have sufficient fuel supply

To report a power failure, please call your utility provider:

Guelph Hydro (for the Rockwood area)
Regular business hours: 519-822-3010
Outside of regular business hours:
519-822-3014

Hydro One (for all areas of the Township, except Rockwood) 1-800-434-1235

#### MARRIAGE LICENCES

Are you getting married in Ontario? The Township of Guelph/Eramosa can issue your marriage licence. The licence must be applied for within three months of the wedding date and is valid anywhere in Ontario. In order to obtain the license, an application form must be completed and signed by both parties, and submitted (by at least one of the applicants) along with the original supporting documents for both parties. When obtaining a marriage licence, we encourage you to book an appointment in advance by calling 519-856-9596 ext. 140.

#### **CIVIL MARRIAGE SERVICES**

The Township of Guelph/Eramosa offers Civil Marriage Ceremonies performed by the Municipal Clerk or the Deputy Clerk for couples wishing to tie the knot. Services can be held in Council Chambers or other locations within Ontario may be arranged at the discretion of the Officiant. Call the office at 519-856-9596 ext. 125 to speak with us about how we can help make this special occasion one to remember for a lifetime.

#### **SPECIAL EVENT PERMITS**

A "Special Event" is any event or activity that takes place at or on a Township park, property or road. If you are considering hosting an event on municipal property, a Special Event Permit must be applied for at least thirty days prior to the event. Please contact 519-856-9596 ext. 140 for more information

# LEGISLATIVE SERVICES DEPARTMENT – SERVICES PROVIDED

#### **Licences & Permits**

- Marriage Licence
- Lottery Licence
- Burn Permit
- Film Permit
- Special Event Permit
- Dog Licences
- Kennel Licences

#### **Available Services**

- Commissioner of Oaths
- Civil Marriage Ceremonies
- Poundkeeper Services
- Livestock Valuer Submissions

#### Other Services

- Communications
- Council Coordination
- Municipal Elections
- Accessibility
- Register Births and Deaths
- Process Freedom of Information Requests

For more information about any of the above services, please visit our website at www.get.on.ca, or give us a call at 519-856-9596 Ext. 140.





www.get.on.ca Fall 2017/Winter 2018

#### BUILDING DEPARTMENT GET informed

#### Why do you need a building permit?

A building permit is formal permission to begin a construction or demolition project. Building permits are necessary to ensure that construction methods meet the standards set out in the Ontario Building Code, Federal and Provincial regulations, and local by-laws. The Building Department promotes and assists with building development to ensure safe structures for our residents, businesses, and visitors.

#### WHEN DO YOU NEED A BUILDING PERMIT?

The property owner is responsible for ensuring there is a building permit for the project they are undertaking. A permit is required for:

- The construction, renovation, extension, or demolition of a building or structure (including decks)
- Structural work including alterations to interior partitions, installation of skylights, windows, doors or dormers
- Constructing or finishing rooms in the basement or attic, converting garage space into living space
- Construction or installation of an accessory building larger than 10m<sup>2</sup> (108 ft<sup>2</sup>)
- Some designated structures such as retaining walls and solar panels
- New water service, new sewers, alteration or extension of an existing plumbing system
- Any building that contains plumbing or plumbing work including solar heating and lawn irrigation systems
- Raising a dwelling or excavating a crawl space to provide full basement (underpinning of foundation)
- Installation of a new heating system including woodstoves

- The installation, alteration, extension, or repair of on-site sewage systems
- Change of use of a building
- Temporary tents greater than 60m<sup>2</sup> (645 ft<sup>2</sup>)
- Installation of a swimming pool

Please note these are general guidelines only. If you are unsure whether your project will require a building permit, please give us a call.

#### **Zoning & Planning**

Did you know that construction projects that do not require a building permit are still required to conform to the applicable zoning regulations? Whether the project is large or small, contact the Planning Department at 519.856.9596 ext 112 to determine the zoning and permitted uses for your property. The Township Zoning By-law can be found at www.get.on.ca.

#### Do you require a permit from the GRCA?

If your proposed construction is within an area regulated by the Grand River Conservation Authority, a GRCA permit will be required in order to proceed with a building permit application. Property owners are encouraged to visit www.grandriver.ca or call at 1.866.900.4722 to determine if GRCA approval is required.

#### How to Apply for a Building Permit

Application forms and other resources are available at the Municipal Office from Monday-Friday, 8.30am – 4.30pm, and can also be found at www.get.on.ca. If you can't find the information you need, contact 519.856.9596 ext. 114 – we would be happy to assist you. It is always advisable to consult with the building department before submitting an application.

#### ANIMAL CONTROL

#### The Guelph Humane Society



Did you know that the Guelph Humane Society provides animal control and shelter services for our community?

The Guelph Humane Society offers a high level of professionalism, considerable

expertise within the field of animal control and is a well recognized organization in the Guelph/ Eramosa community. Guelph Humane Society provides many services, including:

- Capturing, licensing, quarantine and enforcement of stray dogs;
- Kennel inspections;
- Responds to dog bites and/or attacks on other domestic animals;
- Receives inquiries and responds to injured, sick and orphaned wildlife;
- Removing, impounding, relocating or disposing of wild or domestic animals who may be injured or in immediate danger of injury or death or those who pose a real or reasonable risk of harm to people;
- Support conflict between animals and residents;
- Investigations and prosecutions (by-law infractions); and
- Park and trail monitoring

# If you have a lost or found dog, please report it in the following ways:

**During Regular Business Hours** (8:30 a.m. to 4:30 p.m., Monday to Friday) Call the Municipal Office at 519-856-9596 ext. 101.

# During After Hours/Weekends /Statutory Holidays

Call the Guelph Humane Society at 519-824-3091 Remember to get a Guelph/Eramosa Dog Tag for your Dog!



Not only does licensing your dog help ensure that he or she will be returned home safely, it is a requirement in the Township of Guelph/Eramosa. To find out more about Dog Tag Licenses, visit www.get.on.ca or call 519-856-9596 ext. 101.



Team **SKS** 

"Martial arts is the best thing I ever did for my child"

#### We offer:

- Kids / Family Classes
- Adult Classes
- MMA Fitness & Private Training
- Activity Day Camps on School P.A. Days & Holidays

Call about our FREE TRIAL package.

519-821-5425 www.sealykarate.ca

www.get.on.ca Fall 2017/Winter 2018

#### FIRE SAFETY

#### GST informed

# TANKER SHUTTLE ACCREDITATION

On Saturday Dec 3, 2016 the Guelph Eramosa Fire Department successfully conducted its Tanker Shuttle Accreditation Test. In a rural firefighting situation, fire hydrants are not available and a water supply must be provided by transporting water in tanker trucks. Typically several tanker trucks are called in from neighbouring municipalities to ensure sufficient supply.

To obtain a copy of the Tanker Shuttle Certificate for insurance purposes, visit www.get.on.ca.

# Install smoke alarms on every level of your home! IT'S THE LAW Only working smoke alarms can save your life. FIRE PREVENTION THROUGH PUBLIC EDUCATION





# OPEN AIR BURNING PERMITS

Any Open Air Burning requires a permit issued by the Township.

Open Air Burning is defined as the ignition or incineration by fire of combustibles for the purpose of burning grass, clean wood other combustibles in any open place, yard, field or construction area, which is not enclosed by a building or structure and includes fires in barrels and Fire Pits.



Rockwood Fire Department For information contact: Mat Williamson, Fire Prevention Officer 519-856-9637 TEST YOUR
SMOKE ALARMS
TODAY
OR YOU COULD LOSE
EVERYTHING
THAT MATTERS.

Office of the Fire Marshal and Emergency Management ontario.ca/firemarshal

Open Air Burning is not permitted in any residential area or rural residential area within the Township unless approved by a permit and is generally only permitted if the property has indicated they meet the setback requirements of 7m from any building, structure, hedge, fence, road, overhead wire, trees or obstruction of any kind.

A permit is not required for cooking fires and recreational fires. However, safety provisions apply to the setting and supervision of all fires.

For more information, please visit www.get.on.ca.

#### GET informed

#### Rockwood Municipal Wastewater - What Happens After You Flush

We use water daily that goes somewhere after it goes down the drain. But, have you ever wondered what happens to the water you use after you flush your toilet, turn on a faucet, take a shower or wash clothes?

The Rockwood municipal wastewater (sanitary) system consists of service connection pipes (from the private property line to mainline sewer), mainline sewers, manholes, pumping stations/ forcemains and a sewage transfer station.

Rockwood has a total of four sewage lift stations. Three are located south of the Eramosa River and allow for sewage to be pumped from an area of lower elevation into the gravity collection system at a point of higher elevation. The Valley Road Sewage Pumping Station is located on the north side of the Eramosa River and pumps all the sewage generated on the south side of the river and connects into the gravity system on Alma Street.

Sewage flows from the northwest and central areas of Rockwood are not pumped but are gravity fed to the Alma Pre-Treatment Plant.

This newly upgraded pre-treatment plant receives wastewater from all of Rockwood directly by gravity or a combination of pumps and gravity flow. The wastewater flows through the pre-treatment plant where it is de-gritted and aerated. The plant includes odor control before the sewage is pumped approximately 7 kilometers to the City of Guelph.

Rockwood does not have its own sewage treatment facility therefore daily volumes are metered and paid to the City of Guelph through residential user fees.

#### MUNICIPAL DRINKING WATER

Annual water quality reports are produced each year to inform the public about the results of these tests. If you're interested in reviewing the



reports please drop by our Municipal Office or visit our website www.get.on.ca under Living Here - Drinking Water Quality.



www.get.on.ca Fall 2017/Winter 2018

#### Rockwood Farmers Market

Going into their third season, the Rockwood Farmers' Market has quickly become one of Guelph/Eramosa's



most anticipated signs that summer is right around the corner. Running from June – October, every Wednesday from 4:00 p.m. to 7:00 p.m., the Rockwood Farmers' Market is located on the St. John Anglican Church's property, 112 Guelph Street, at the corner of Main Street and Alma Street in Rockwood.

Being a "Farmers' Market" means that 51% of the vendors present are primary producers, so if you're looking for products that are homegrown, homeraised and homemade, the Rockwood Farmers' Market will definitely have something for you!

On average, 200-300 visitors shop at the Market each week and it's no

wonder! With approximately 21 different vendors, 6 youth vendors and a community table, there is a wide variety of items to see, taste and purchase.

There are also children's activities, live music and the ability to purchase your dinner. Not to mention, in addition to the



regular Market are four annual events, including:

MONTH	EVENT
June	Grand Opening
July	Local Business Day
September	Corn Roast (all proceeds to benefit East Wellington Community Services)
October	Harvest Celebration

The Rockwood Farmers' Market is organized by a volunteer steering committee. If you're passionate about local produce and you're looking for a fun and unique way to get involved in your community, the Rockwood Farmers' Market is always looking for volunteers! Have a youth who needs to fill their community service hours? The Rockwood Farmers' Market welcomes youth volunteers as well. For more information about the Rockwood Farmers' Market, please visit www.therockwoodfarmersmarket.ca.



#### Dr Tim Peloso Dr Tim Mckee

# ROCKWOOD FAMILY CHIROPRACTIC

New patients and emergencies welcome
No referral necessary
Evening and Saturday appointments

www.rockwoodfamilychiropractic.ca 519.856.2624

#### East Wellington Community Services

**EWCS Adult Day Program** – EWCS Adult Day program offers social, cognitive and physical stimulation for frail older adults and those with different forms of dementia throughout East Wellington. Stimulating programming is provided for each participant through a variety of therapeutic, social and recreational programs. Nutritious meals. snacks and refreshments that can be tailored to each individual's dietary requirements. Transportation services are provided to and from the program. Please contact Becky Walker at 519-831-9087 for more information.

Community Support Services - EWCS provides support services and resources to those dealing with tragedies, illness, housing problems, financial hardship, family conflict and other circumstances that affect their overall health and well-being. Services include care coordination, system navigation, food support, assistance with housing, advocacy, budgeting, health and wellness programming, referrals and life skills support. Please call 519-856-2113 or 519-833-9696 for more information.

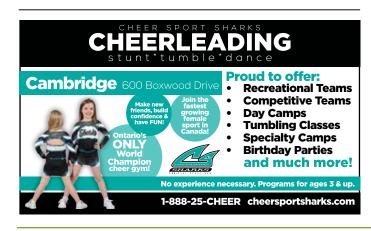
New to You Thrift Store – Tremendous deals on name-brand clothes, accessories and books. Open Monday through Friday 10:00 a.m. to 4:00 p.m. and Saturday 12:00 p.m. to 4:00 p.m. at 107 Harris St. in Rockwood.



Volunteer Opportunities – We have volunteer opportunities for everyone! From high school students looking to complete their 40 hours, co-op students, groups looking to volunteer together or individuals wishing to connect and give back to their community. Please call Barb at 519-856-2113.

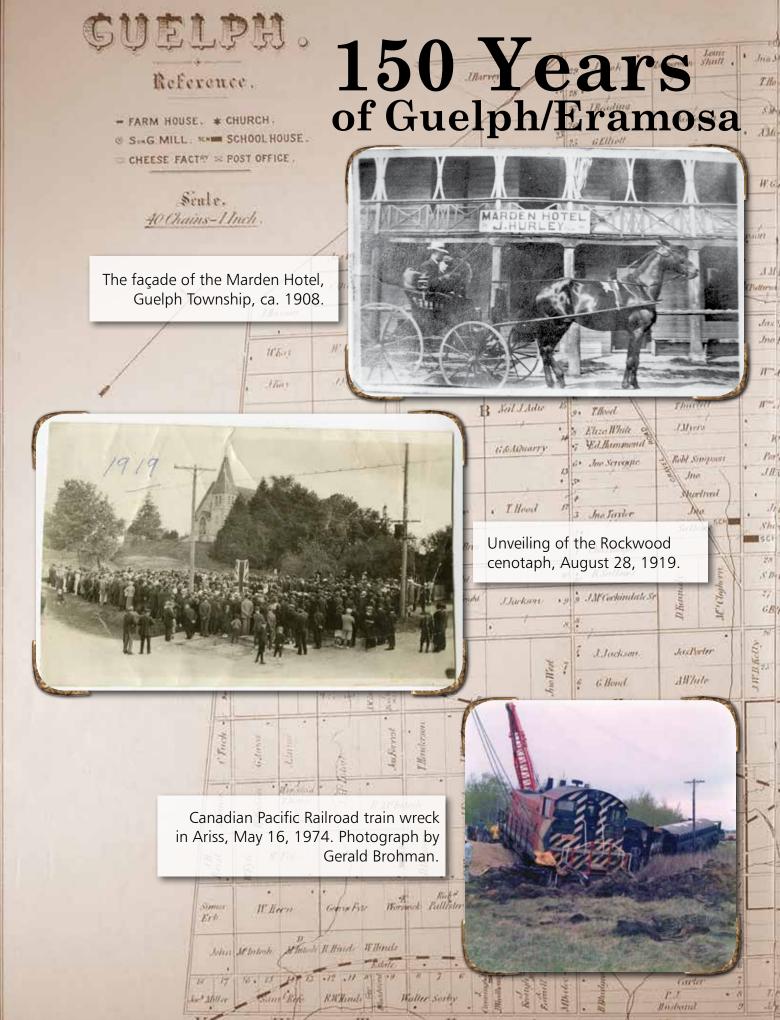
Transportation – Transportation to appointments for eligible adults 18 years and older residing in East Wellington. Two business days advance notice. User pay service. In some cases, rides may be subsidized. Contact Andrea at 519-856-2113.

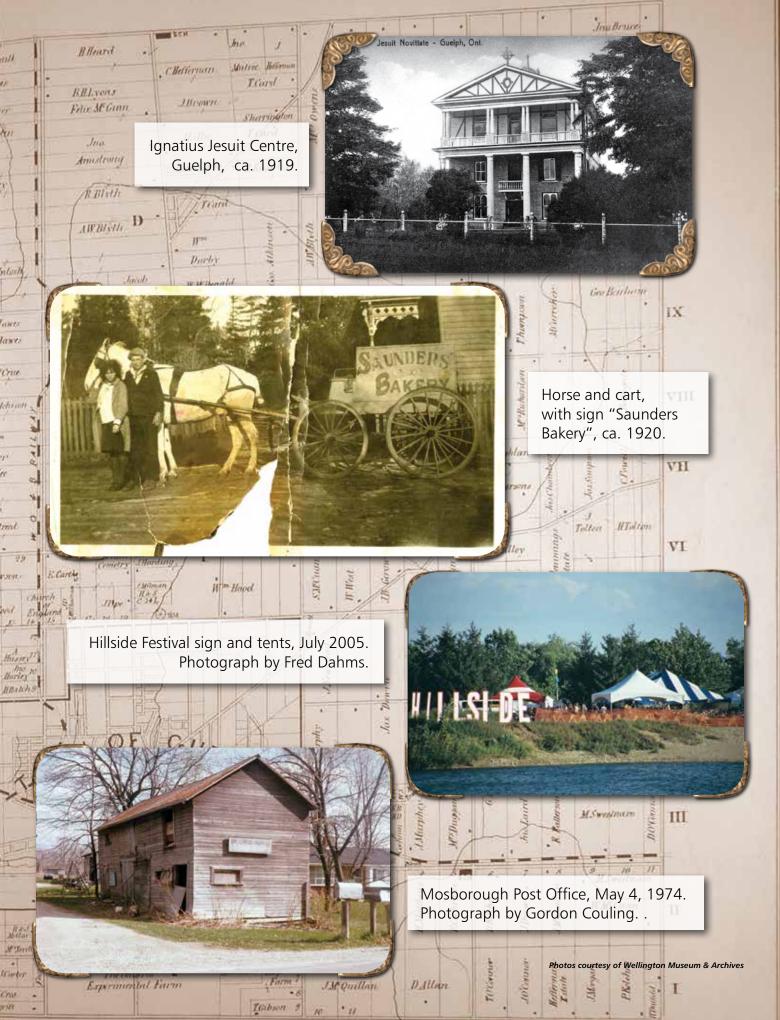
Children's Programs – For parents and caregivers in Guelph/Eramosa that stimulate social, emotional and intellectual growth for newborn children up to the age of six years. Parents can benefit from our program, which enriches parenting skills by providing resources suited to their child and offering an opportunity for families and caregivers to connect and share experiences. Contact Jane at 519-856-2113 for information





www.get.on.ca Fall 2017/Winter 2018





#### FACILITIES FOR ACTIVE LIVING GET active

#### Royal Distributing Athletic Performance Centre (RDAPC)

7384 Wellington Rd. 30 Located on the 64-acre lands of Marden Park, this facility houses an artificial turf sports field and a perimeter rubberized track. Also features a coaching/learning room.

**FEATURES:** Indoor sports field and walking track, changing rooms, coaching room and viewing gallery



#### Rockmosa Older Adult Centre

85 Christie St., Rockwood

**FEATURES:** A kitchenette, social gathering area with a television and gas fireplace, and ample folding tables and chairs. For members and older adults in the community.



#### Marden Community Centre

7368 Wellington Rd. 30, Guelph

FEATURES: 100 person capacity, catering kitchen, enabling garden, parking, air conditioning, table and chairs, bar and pavilions



#### Rockmosa Community Centre

74 Christe St., Rockwood

**FEATURES:** 300 person capacity, 3,600 Sq.Ft. room with stage, catering kitchen, parking, air conditioning, table and chairs, bar and wheelchair-accessible washroom and ramp

For more information or to book one of our facilities visit www.get.on.ca or call 519-856-9596 x113.





Addisofanyageshouldengageinatlesst
150minutesofmoderatefovigorous-intensity
aerobiephysical activity perweek
(Hearland Stroke Foundation).



For more information, call **519-856-9596 ext. 113**, email: vhafner@get.on.ca or visit our website at **www.get.on.ca**.

# BALL HOCKEY AND SO MUCH MORE

ALL UNDER ONE ROOF

- Indoor Dedicated Ball Hockey Rink
- Year Round Leagues
- Adults and Kids
- Drop-In Pickleball M-T Daytime
- Bubble Soccer Rentals
- Rink Rentals



For more info and sign up, visit ballhockeyguelph.com

# Guelph



TRY BUBBLE SOCCER!



FOR MORE INFO: INFO@BALLHOCKEYGUELPH.COM OR CALL 519-994-0500

# RDAPC PROGRAMMING GET active

#### Indoor Walking and Jogging track

Our indoor track is open to people of all ages and abilities. The 4 lane, 210 metre polyeurethane track is great for getting out for a walk with friends in any conditions. The track is open daily from September to May. All track users MUST change into indoor shoes before entering the track area. The track is closed on all statutory holidays. Get up to the minute updates by liking us on facebook.

Monday to Sunday September 5 - November 19 8:00am-9:00pm Monday to Friday Nov 20 - April 27 7:00am-9:00pm Saturday to Sunday 8:00am-9:00pm Monday to Sunday 8:00am-9:00pm May 1 - May 17 May 22 - August 31 Monday to Friday (Closed Weekends) 8:00am-4:30pm

#### Co-ed Recreation Soccer (Indoors)

Looking to G.E.T. active and social at the same time? Join our recreational pick up league. 32 weeks beginning October 2017.

Saturday Afternoons/Evenings - October 14 - May 12 \$240/player

\*\*\*Beginning September 2017 we will be having drop-in soccer during many open field times. Keep an eye on www.pickuphub/rdapc for upcoming games.

#### Saturday Night COED Slo Pitch League

Our Saturday night Slo pitch League will be returning for a 6th season this year and we are looking to expand again. Come in for some off season exercise and join in on the fun.

October 21, 2017- December 9, 2017 Fall Season January 13, 2018 - March 3, 2018 Early Winter March 10, 2018 - April 28, 2018 Late Winter

\$1000/Team, \$120/individual

Pay for all Three Seasons at once and receive \$300 off and a free team hour of practice time! Contact dnichol@get.on.ca or call (519)856-9596 Ext. 201 for details and registration.

#### Tot' N Play

Come to the RDAPC and burn off some energy! In the cold and rainy weather, join us indoors to play your favourite outdoor games!

Monday/Wednesday/Friday - 9:00am-12:00pm

\$3/child, \$25 for a 10 play card • Parents/Guardians play for FREE.

All participants must wear clean indoor shoes or sock feet for this program

#### Royal Distributing Athletic Performance Centre Birthday Party!

All RDAPC Birthday party Packages include:

- 1 hour of Field Time (Full field and Half Field availability)
- 2 hours of Party room (tables, chairs and AV)

October-April - \$217.62 (full), \$146.82(half)

May-September - \$146.82 (full)

\*Optional\* Looking at adding EXTRA fun to your party? We have 2 bouncy castles, Bubble Soccer and Archery Tag.

Contact dnichol@get.on.ca or call (519)856-9596 Ext. 201 for more details. \*Additional Fees apply\*

#### GET active RDAPC PROGRAMMING

#### Remote Control Flying

Calling all Remote Control enthusiasts! Drop in to fly your personal flyer during the cold weather months. Come all year or just stop in to fly and meet some fellow flying enthusiasts! Battery operated machines only.

Wednesday - 12:30-2:00pm Thursday - 2:30-4:00pm \$5/drop in

#### Indoor Golf Range

Calling all Golf enthusiasts! We have an indoor driving range at the Royal Distributing Athletic Performance Centrel

Drop in and keep your swing smooth over the colder months with use of our soft flite balls. The soft flite balls simulate actual ball flight for better indoor practice.

We also offer JUNIOR golfers a chance to swing for FREE! We offer junior clubs for children 10 and under. Children's clubs are free for use with one paying adult.

Monday AND Friday - 12:30-4:00pm **\$8/ bucket of 75** \$15/2 buckets

\*Lessons available

#### Class trips to the RDAPC

We have special pricing and availability saved for school hour programming. Please contact dnichol@get.on.ca if your class or school is interested in coming out to the fieldhouse!

#### Stroller Fit

What better way to get out and socialize with your baby and other parents then to do it while you're G.E.Tting fit? Whether you're just getting back into the swing of things or you're looking to maintain your current fitness regimen come try Stroller Fit today!

Monday/Wednesday/Friday mornings \$60/ten week session

#### Walking Soccer

Still have the love for the game, but your body won't let you play? Well now is your time to shine! Walking Soccer is coming to the RDAPC! Walking soccer has become very popular in Europe and we are bringing it to Guelph/Eramosa! Same soccer rules... but running is a foul! Come try it out every Tuesday and Thursday at 10am.

\$5/session or \$50/12 Time Card

#### DDP Yoga

DDP YOGA combines the very best of yoga, traditional fitness, sports therapy and dynamic resistance to create one of the most effective fitness. plans in existence today. DDP Yoga is suitable for everyone wanting to perform at an optimum level and want to see life changing results while improving their activity and quality of life.

\*All DDP classes are open to all ages\* 10 weeks of Class for just \$60!

See page 28 for more details.

#### Interactive Health and Wellness Workshops with Nancy

Monthly Health and Wellness Workshops Hosted by Nancy Revie. Come to the RDAPC for our interactive and fun filled information workshops and learn by doing. We will be hosting guest speakers to give informative presentations on our themes, and Nancy will take you through some of the many exercises you can do and how they can benefit our mental and physical health. \$20.00 per workshop includes information session, exercise, snacks and refreshments. Preregistration required by phone, email or at the RDAPC dnichol@get.on.ca or 519-856-9596 ext. 201

September: Arthritis October: Cancer November: Diabetes **December:** Caregiver January: Alzheimers

February: Osteoporosis March: Mental Health **April:** Parkinsons May: Multiple Sclerosis June: Stroke Recovery

Visit our Active 55+ Pages to see the other fabulous fitness classes provided by Nancy.

www.get.on.ca Fall 2017/Winter 2018

# RDAPC PROGRAMMING GET active

#### **DDP Yoqa**

DDP YOGA combines the very best of yoga, traditional fitness, sports therapy and dynamic resistance to create a very effective fitness plan. It allows anyone to get an amazing cardio workout while improving muscular strength, increasing flexibility and strengthening your core in a single workout...all with minimal joint impact! See life changing results while improving your activity level and quality of life. OPEN TO ALL AGES!

Required: Yoga Mat, Water Bottle, and Towel. Heart Rate Monitor highly recommended

Instructor: Marcel Dore

Location: Tuesdays - Royal Distributing Athletic Performance Centre

Thursdays - Marden Community Centre

Cost: \$60/course Multiple Class and Partner Discounts not applicable

> 6:00-7:00 p.m. 10 Classes Oct 3 - Dec 5 Tuesdays

> Thursdays 6:00-7:00 p.m. 10 Classes Oct 5 – Dec 7 **Thursdays** 7:30-8:30 p.m. 10 Classes Oct 5 - Dec 7

Tuesdays 6:00-7:00 p.m. 10 Classes Jan 23 – March 27, 2018

Thursdays 6:00-7:00 p.m. 10 Classes Jan 25 – March 29, 2018 Thursdays 7:30-8:30 p.m. 10 Classes Jan 25 – March 29, 2018

#### DDP Yoga Level 1 and the DDP Yoga Fitness System

Diamond Dallas Page originally developed DDP YOGA for athletes like himself who had suffered years of injuries due to high impact sports. He also learned that very deconditioned or overweight men and women could do DDP YOGA as well. This longer class is for individuals who are deconditioned, limited by injuries/pain or have significant weight to lose and will focus on:

• Detailed modifications of DDP Yoga exercises

• Healthy Eating for Fat Loss

• Reducing inflammation and pain

• Setting goals and maintaining benefits of fat loss and overall fitness

Required: Yoga Mat, Water Bottle, and towel. Heart Rate Monitor

highly recommended

Marcel Dore Instructor:

Location: Royal Distributing Athletic Performance Centre

\$90.00 +HST Multiple Class and Partner Discounts not applicable Cost:

Maximum enrolment: 12

Tuesdays 7:30-9:00 p.m. 10 Classes Oct 3 – Dec 5, 2017

Tuesdays 7:30-9:00 p.m. 10 Classes Jan 23 – March 27, 2018

\*\*\* A workbook is available for purchase through Marcel for this program at \$20.





# GET active ACTIVE 55+ PROGRAMMING

#### REGISTRATION

TELEPHONE: Call 519-856-9596 ext 113. Office hours are Monday to Friday, 9 a.m. to 4:30 p.m.

FAX: Fax registration form, including payment information, to 519-856-2240 to the attention of Vicki Hafner.

**EMAIL:** Email registration form to vhafner@get.on.ca and include in your email a number you can be reached at for payment.

**IN-PERSON:** Register for programs during office hours (Monday to Friday, 9 a.m. to 4:30 p.m.)

- Brucedale Municipal Office, 8348 Wellington Rd. 124, Rockwood
- Royal Distributing Athletic Performance Centre, 7384 Wellington Rd. 30, Guelph

MAIL: Mail completed form and payment (no cash please) to:

Township of Guelph/Eramosa,

Attn: Vicki Hafner, 8348 Wellington Rd. 124, P.O. Box 700, Rockwood, ON NOB 2KO

Dates and times for winter classes may be subject to change, based on enrollment and instructor availability.

VISIT www.get.on.ca TO KEEP INFORMED ON ADDITIONAL CLASSES AND NEW INSTRUCTORS



Fall 2017/Winter 2018 www.get.on.ca

#### ACTIVE 55+ PROGRAMMING GET active



#### **REGISTRATION FORM**

#### **COST DISCOUNTS**

MULTIPLE CLASS DISCOUNT: Sign up for two programs and receive a \$10 discount on the second class; additionally sign up for three classes and receive a \$20 discount on the third class.

PARTNER DISCOUNT: When two individuals living in the same household sign up for the same class, the second

Adult's first name:		Adult's last name:		
		City/Town:		
Home phone:	Daytime phone:		Email:	
PARTICIPANT 1				
First name	Last name			☐ Male ☐ Female
Program Name	Start Date	Start Time	Location	Fee + Taxes (13%)
1				
2				
3				
If class is full please: ☐ Wait List ☐ Try a	another course (below	/)		
Program Name	Start Date	Start Time	Location	Fee + Taxes (13%)
1				
PROGRAM CANCELLATIONS: All classes are subject to cancellation if there are insufficient registrations. If your class is cancelled due to insufficient enrolment, you may transfer free of charge to another program (subject to availability) or receive a full refund.				

another program (subject to availability) or receive a full refund.

**REFUNDS:** A full refund will be issued for all courses cancelled. Requests for refunds or credits based on withdrawal must be received five business days prior to program commencement. Prorated refunds will be issued for medical reasons only with a doctor's certificate, providing notification is received no later than halfway through the program and providing that a certificate is brought in prior to the end of the program.

PAYMENT ☐ Cash ☐ Cheque (payable to The Township of Guelp		☐ Debit		☐ MasterCard	
Credit card #:	Expiry d	late (mm/yy): <sub>-</sub>		CCV #:	
Cardholder's name (print):  From time to time, the Township of Guelph/Eramosa contacts participants in our programs for informational purposes. We are committed to protecting your personal privacy and will not share your personal information with outside organizations. By checking the box below you indicate you DO NOT wish to be contacted by The Township of Guelph/Eramosa for the purpose stated above.					

#### G.E.T. Fit and Stay Fit with Nancy

You get a little bit of everything with Nancy. Enjoy a fun hour with all the components of a healthy exercise routine. Nancy's classes are great stress-relievers and the perfect way to burn off calories! Work at your own pace with feel-good exercises to enhance your health and well-being. Come move to the groove; have fun and be fit! Please bring: good-fitting running shoes, comfortable clothing and a water bottle.

**Instructor:** Nancy Revie

Royal Distributing Athletic Performance Centre, 7384 Wellington Rd. 30 Location:

\$60/course Cost:

#### Use it! Lose it! Tone it Up! RDAPC

Increase your core strength, tone muscles, get your heart pumping and feel great about your body. By using a variety of techniques we will build stamina, strength and help you burn those calories. Everyone works at their own pace and strength level in a supportive and non-competitive environment. Please bring: a set of light weights and mat.

Tuesdays	9:00-9:50 a.m.	10 Classes	Sept 26 – Dec 5	\$60
Thursdays	9:00-9:50 a.m.	10 Classes	Sept 28 – Dec 14 (No Class Oct 5)	\$60
Tuesdays	9:00-9:50 a.m.	10 Classes	Jan 16 – March 27, 2018 (No Class Feb 6)	\$60
Thursdays	9:00-9:50 a.m.	10 classes	Jan 18 – March 29, 2018 (No Class Feb 8)	\$60

#### Music 'n Motion (Introductory Class) RDAPC

Looking for a place to begin your fitness program? Come join our INTRODUCTORY CLASS of Music 'n Motion. You get a little bit of everything - all with great music to distract you! This class is a great stressreliever and the perfect way to burn off calories. Work at your own pace with feel good exercises to enhance your health and well-being. Please bring: a set of light weights.

Tuesdays	10:00-10:50 a.m.	10 Classes	Sept 26 – Dec 5	\$60
Tuesdays	10:00-10:50 a.m.	10 Classes	Jan 16 – March 27, 2018 (No Class Feb 6)	\$60

#### Chair Yoga RDAPC

Chair yoga is one of the gentlest forms of yoga - a unique yoga style that adapts yoga positions and poses through creative use of a chair. Poses are done seated on a chair or the chair is used for support during standing and balance poses. Come join us for a safe, gentle and effective class to stretch and strengthen your body.

Thursdays	10:00-10:50 a.m.	10 Classes	Sept 28 – Dec 14 (No Class Oct 5)	\$60
Thursdays	10:00-10:50 a.m.	10 classes	Jan 18 – March 29, 2018 (No Class Feb 8)	\$60

Fall 2017/Winter 2018 www.get.on.ca

# ACTIVE 55+ PROGRAMMING GET active

#### Gentle Yoga

Whether you're new to yoga or have been practicing for years ~ this class is for you! This class will bring attention to your breath and provide you with the basics of yoga postures and movement while reducing stress, and promoting overall well-being.

Comfortable clothing, a yoga mat and water bottle. Required:

Instructor: Rebecca Boyington

Location: Rockmosa Community Centre, 74 Christie St. Rockwood

Tuesdays	9:00-10:00 a.m.	10 Classes	Sept 26 – Dec 5	\$60
Thursdays	9:00-10:00 a.m.	10 Classes	Sept 28 – Dec 7	\$60

Tuesdays 9:00-10:00 a.m. 10 Classes Jan 16 – March 20, 2018 \$60 **Thursdays** 9:00-10:00 a.m. 10 classes Jan 18 - March 22, 2018 \$60

#### Yoga - Moving Forward

This progressive class will help you move past the introductory elements and build on your strength, flexibility and balance. You will learn new poses, movements and postures and understand how important your breath becomes during your practice. Modifications for different abilities will be offered.

Comfortable clothing, a yoga mat and water bottle. Required:

Instructor: Rebecca Boyington

Location: Rockmosa Community Centre, 74 Christie St. Rockwood

Tuesdays	10:10-11:10 a.m.	10 Classes	Sept 26 – Dec 5	\$60
Thursdays	10:10-11:10 a.m.	10 Classes	Sept 28 – Dec 7	\$60

Tuesdays 10:10-11:10 a.m. 10 Classes Jan 16 – March 20, 2018 \$60 **Thursdays** 10:10-11:10 a.m. 10 Classes Jan 18 - March 22, 2018 \$60

#### Chair Yoga

Chair yoga is one of the gentlest forms of yoga - a unique yoga style that adapts yoga positions and poses through creative use of a chair. Poses are done seated on a chair or the chair is used for support during standing and balance poses. Come join us for a safe, gentle and effective class to stretch and strengthen your body.

Required: Comfortable clothing and water bottle.

Instructor: Rebecca Boyington

Rockmosa Community Centre, 74 Christie St. Rockwood Location:

> \$60 10:00-11:00 a.m. 10 Classes Sept 25 - Dec 11 **Mondays**

(No class Oct 9)

**Mondays** 10:00-11:00 a.m. 10 Classes \$60 Jan 15 – March 26, 2018

(No class Feb 19)

# GET active ACTIVE 55+ PROGRAMMING

#### Band and Bells

This combo class of resistance bands and dumbbells offers a cardiovascular warm up, followed by a balance component, strength training and a stretching cool down. Participants can choose which resistance equipment they prefer to work with. Bands are provided and those preferring weights please bring your own.

Good-fitting shoes, comfortable clothing, water bottle Required:

Instructor: Margaret lutzi

Location: Rockmosa Community Centre, 74 Christie St. Rockwood

> **Fridays** 9:30-10:20 a.m. 10 Classes **Sept 29 - Dec 8** \$60

> **Fridays** 9:30-10:20 a.m. 10 Classes Jan 19 – March 23, 2018 \$60

#### Earn the Burn Circuit Training

This class has a bit of everything - balance, speed, agility, strength and stamina. Challenge yourself on a circuit training format where each participant performs a different exercise for one minute, has a brief break, then moves on to the next. A variety of equipment provides a variety of challenges....are you up for it? Registration limited to 8 participants

Good-fitting gym shoes, comfortable clothing, water bottle Required:

Instructor: Margaret lutzi

Location: Rockmosa Community Centre, 74 Christie St. Rockwood

> **Fridays** 8:30-9:20 a.m. 10 Classes **Sept 29 – Dec 8** \$60

> 10 Classes 8:30-9:20 a.m. \$60 Fridays Jan 19 – March 23, 2018

# **Seniors Information** AND ACTIVE LIVING FAIR

Tuesday, September 12 • Rockmosa Community Centre 74 Christie Street Rockwood

#### FREE ADMISSION • FREE SNACKS AND BEVERAGES

Exhibitor booths 1:00pm-3:00pm

Demonstrations including: Pickleball, Shuffleboard, and Healthy Eating Seminars including: Aging safely in the New Millennium 11:30am, Protect your Money 12:30pm, and Fire Safety for Seniors 1:30pm

For more details www.get.on.ca, or 519-856-9596 x139.



This event is sponsored jointly by the Older Adult Centres' Association of Ontario and the Ministry of Seniors Affairs.

OACAO

The Voice of Older Adult Centres La voic des centres anne Anne





Fall 2017/Winter 2018 www.get.on.ca

#### **ACTIVE 55+ WORKSHOPS**

#### GET active

#### Rockmosa Older Adult Centre

There is something for everyone at the Rockmosa Older Adult Centre! Our drop-in activities are open to all community members 55 years of age and older. Activities are offered on an ongoing basis unless stated otherwise. Do you have an idea for a new activity? Please let us know, we are always looking for new programs!

#### MONDAY

#### Chess and Cribbage 10:00 AM

Check Mate! Meet new people and share strategies each week.

#### Rummikub 1:15 PM

Join the fun! Rummikub is a tile-based game combining elements of the card game Rummy and Mah Jong.

#### **TUESDAY**

**Shuffleboard 1:00 PM** (Rockmosa Community Centre)

Everyday I'm Shuffling! Shuffleboard is a game played using eight discs and four cues. The cues are used to propel the discs to either end of the court.

#### WEDNESDAY

#### Darts 1:00 PM

What's the Point? Make new friends, great pick-up fun.

#### Pickleball 1:00 PM

Take your best shot! A combination of tennis, ping pong and badminton played on a badminton court with a 3 foot high net, lightweight paddles and perforated plastic ball. Takes place at Rockmosa Community Centre.

#### **THURSDAY**

#### Euchre 1:00 PM

Do not pass up the chance to play! Come and enjoy lively games with friendly people. \$2 drop-in fee.

#### FRIDAY

#### Seniors Social Luncheon 11:30 AM

Join us for lunch and companionship in a caring circle of friends! Following lunch we participate in a designated activity, the first Friday is Bingo, second is a movie, third is games and the fourth we have a sing-a-long. Sponsored by the social ministry of Sacred Heart Church.

#### **NEW THIS FALL!**

The Rockmosa Older Adult Centre will be offering a number of new clubs. Find what activity interests you and give it a try!

# MUSIC - Wednesdays 3:00 PM - 4:00 PM Starting September 20th!

Making music in a group is great for your cognitive and emotional well being. Tone chimes are a novel and fun way to create stunning renditions of your favourite songs. The Tone Chime Choir will provide simple instruction on how to compose and perform music with tone chimes. No musical experience necessary!

#### HAND-STITCHING - Third Tuesday of each month 1:00 PM - 3:00 PM Starting September 19th!

Laugh and talk while you quilt, knit, sew, embroider or crochet. Bring your stitching and we will work and learn alongside each other!

#### ART

Each month we will host a new instructor who will help you learn or perfect a new medium. In conjunction with these workshops, to celebrate the creativity within our community, we will host a "Homegrown" Art Show in June! Visit our website to see what special guest expert you can learn from!

#### COOKING

Share recipes and hosting ideas. Join our special guest instructors to watch/participate in the recipe preparation and enjoy the fruits of their/our labour together! Visit our website to see what special guest expert you can learn from!

#### NATURE

Do you enjoy the outdoors? Have you always wanted to learn more about the species that inhabit our unique environment? Join us monthly for exciting guest speakers and regular outdoor events.

#### GET active

The Township of Guelph/Eramosa and the County of Wellington's Taste Real program are pleased to announce upcoming workshops to be hosted at the Rockmosa Community Hall for adults of all ages! Thanks to a new partnership with Minga Skill Building Hub, hands-on skill-building workshops will be offered at the hall this fall and winter.

Anyone interested in attending a workshop can find more details about the workshop content, instructor, and pricing at www.mingaskillbuilding. ca. Questions about the workshops can be directed to Minga partners Ami Dehne or Ella Henderson at info@mingaskillbuilding.ca. Keep an eye on the Minga website for more workshops on other skills coming up in the fall and winter 2017.

Guelph/Eramosa residents receive a 10% discount; enter rockwood as your password!

# WE'VE GOT A LOT











Fall 2017/Winter 2018 www.get.on.ca

#### FESTIVALS & EVENTS GET exploring

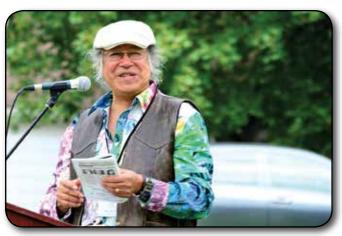


Photo credit: Shari Lovell Photography

#### Eden Mills Writers' Festival

#### September 8-15, 2017

This nationally-acclaimed and widely-respected literary event takes place on the banks of the Eramosa River in the village of Eden Mills. Audiences of several thousand "come for the words" each year to enjoy readings and to visit Publishers' Way where publishers, booksellers, magazine producers and non-profit groups come to showcase their wares.

www.edenmillswritersfestival.ca

#### Strom's Harvest Fun Area

September 23, 2017 to October 29, 2017 Enjoy lots of fall family fun at Strom's Farm, located at 5089 Wellington Road 32 in Guelph/ Eramosa. The Harvest Fun Area includes corn maze, straw maze, wagon rides, puppet show and pumpkin chuckin'!

#### Strom's Moonlight Corn Maze

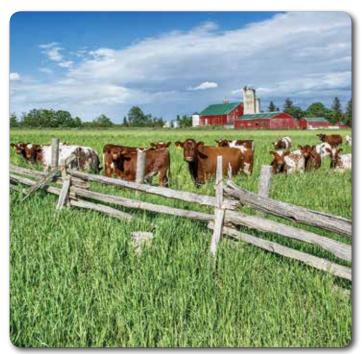
Experience the thrill of Strom's Corn Maze at Night! Bring your flashlight and enjoy a fun, fall night under the stars! Strom's Farm is located at 5089 Wellington Road 32 in Guelph/Eramosa.

#### Taste Real Fall Rural Romp

#### September 30, 2017

Celebrate the Fall Harvest by touring over a dozen Wellington County farms and markets on this self-quided tour. Enjoy the hearty eating of real food, the fall harvest and fresh-from-the-farm taste real delights that can be stored and enjoyed all winter long.

www.tastereal.ca







### GET exploring FESTIVALS & EVENTS

#### We Shall Remember

Every year Guelph/Eramosa acknowledges the courage and sacrifice of those who served their country during times of war, military conflict and peace.

#### November 11, 2017

On Saturday, in partnership with the Royal Canadian Legion Branch 234 Guelph and Branch 197 Acton, 121 Red Arrow RCAC Squadron and 1882 Wellington Rifles ACC, the Township will hold a Remembrance Day Service at the Rockwood Cenotaph, located at the corner of Guelph Street and Highway 7, Rockwood. The service commences at 10:50 a.m. As the Township does not have a local Legion Branch and this year, November 11th falls on a Saturday, this service might be of a smaller scale.



#### December 14, 2017 at 7:00pm

Bundle up and enjoy a special night with family and friends in downtown Rockwood! This unique evening Christmas parade is brought to you by the farmers of Rockwood community. Each year farmers decorate their farm equipment and machinery with hundreds of beautiful lights. This unique holiday spectacle is a sight to behold for kids of all ages!

www.rockwoodfarmersparade.org





# **Love for Libraries**

Wellington County's library branches offer free access to thousands of materials and services including books, movies, music and more. All you require is a Library card. A Library card allows you to review items, place holds on them and check the status of your items through our online catalogue. You can also access our entire online collection of magazines, eBooks, music and learning resources at www.wellington.ca/Library.

We provide programming for all ages including free wireless internet and public computer access, meeting room rentals and access to free online resources. Guelph/Eramosa is home to two Wellington County's 14 libraries Please call or visit us at:

#### Marden Branch

7368 Wellington Road 30, Guelph ON N1H 6J2 **T** 519,763,7445

#### **Rockwood Branch**

85 Christie Street. Rockwood ON NOB 2KO **T** 519.856.4851



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# ROCKWOOD HISTORIC WALKING TOUR

#### Downtown Rockwood

Learn as you walk as history comes alive in the Historic Rockwood Walking Tour. While some exteriors and most interiors have changed many historic buildings still remain in Rockwood with interesting stories to tell!

If these walls could talk, Rockwood's oldest building, built in the late 1820s by original settler Richard Harris, would tell you of its journey from South Rockwood to its current location at 136 Guelph Street. The building at 118 Main Street South's sturdy two feet thick walls would speak of how the land it sits on was surprisingly owned by a woman from 1865 to 1893, so unusual for the time that her husband was listed as owner in the assessment rolls.

Built on the highest point of land, St. John the Evangelist Anglican Church boasts of truly being a church built on a rock as there is no foundation or basement, just solid limestone.

Smelling of history, 104 Main Street South, always tenanted by bakers, still sells the legendary Saunders bread, donuts and "French Ginger" cookies, so tasty even Prime Minister of Canada John Diefenbaker could not resist a visit!

Once housing one of the finest French restaurants, 262 Main Street South lays claim to being a piece of art, portrayed in a painting done in 1926 by A.J. Casson, "Main Street, Rockwood, Ontario," of the Group of Seven.

The original Town Hall at 191 Main Street South reflects the commitment and dedication of a determined Community. Originally built in 1870 this building was the locale for community activities. Falling into a state of disrepair in the 1980s a citizens group undertook a restoration project. Pitching in they raised funds, studied plans, and finally, brought their hammers, saws and nails and went to work.

Also owing its gratitude to a dedicated restoration is the Rockwood Academy at 477 Main Street South. This magnificent old structure was built in 1850 as a school for boys. In keeping with the religious inclination of the Quakers, the Academy provided a simple but strict and thorough education.

These are only a few of the historical sites in Rockwood. Join us on a guided tour to learn more, including what building may house a ghost or two, who claimed to be married to King Edward VIII, what influence the Quakers had on the Village, where the best refuge was for "sober travellers" and what church was built for \$950.00.

Join us for a historic in-character 1867 walking tour with Sir John A. McDonald!

Wednesday, October 4th, at 4:00pm. Meet at the Farmers Market!

Saturday, October 14th, at 2:00pm. Meet at the Cenotaph!



# Church Suppers and Community Meals

#### Monday, September 18, 2017

Presbyterian Roast Beef Supper at Rockmosa Community Centre. For more information, call Barb at 519-856-4891.

#### Monday, October 2, 2017

Sacred Heart Parish Country Style Turkey Supper beginning 6:00 p.m. at Rockmosa Community Centre. Advanced tickets only. Take out is available. For more information, call Loretta at 519-856-9409.

#### Monday, October 16, 2017

Stone United Church Roast Beef Supper at Rockmosa Community Centre. For more information, contact Eileen at 519-856-9648.

#### Monday, November 27, 2017

Presbyterian Spaghetti Supper at Rockmosa Community Centre. For more information, call Barb at 519-856-4891.

#### Thursday, December 14, 2017

Stone United Church Chili Supper at Rockmosa Community Centre. Come in for dinner and then enjoy the Parade of Lights! For more information contact Eileen at 519-856-9648

#### **Country Breakfasts**

Rockwood United Church Country Breakfast is the last Saturday of September, October, November, January, February, March, April, and May from 8 am to 11 am at Rockwood United Church. Cost is \$9.00 for Adults, \$5.00 for Children 5-12 years of age and \$20.00 Family Deal (2 adults and 2 or more children). Tickets available at door. All are welcome.

For more information call 519-856-4160 or go to www.rockwoodunitedchurch.ca

#### Lions Events

#### Saturday, November 25, 2017

Start your shopping early at the Annual Lioness Bazaar! Visit vendors, the penny table and the bake table that includes delicious meat pies and tea at the Rockmosa Community Centre from 9:00am to 1:00pm

#### Sunday, December 3, 2017, 9 a.m. to 12 p.m.

Visit Santa with a wish list during the Breakfast with Santa event sponsored by the Rockwood & District Lions Club at the Rockmosa Community Centre.

# Home Visits from Santa – November 29 to December 22, 2017

\*Call to make an appointment 519-856-2368

#### January 6, 2018 – New Year's Levee!

Mayor and Members of Council invite you to celebrate the start of a new year in Guelph/ Eramosa at the Older Adult Centre in Rockwood (Rockwood Library) from 1:00pm to 4:00pm. This event is brought to you by the Rockwood Lions Club

#### **Rockwood Lions Pancake Breakfast**

This event takes place at the Rockmosa Community Centre on Sunday April 8, 2018 from 8am to 1pm.

#### Road Side Clean Up Dates:

• Saturday May 5, 2018

Meet at Lions Park at 8:00am.

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#### GET exploring

#### Then and Now

#### Hortop Mill / Everton Mill 242 Evert Street, Everton Guelph-Eramosa Eramosa Township, Concession 7, Lot 11

In October 1821, Charles Everts, who came to Canada as an U.E. Loyalist after being dispossessed from his property in Pennsylvania, was given land in Eramosa from the Crown to recompense him for his loyalty. He deeded part of his land along the banks of the Speed River to his wife, Irena Everts. Around 1859, her son Rufus



Then: Hortop Mill / Everton Mill

Everts, having earlier acquired the property from his father, erected a wooden frame for a flour mill along the Eramosa branch banks of the Speed River. Prior to the erection of this new mill, Rufus and his father had erected another mill directly across on the opposite bank of the river. The wooden structure stood unfinished until William and Simon Plewes, expert millers, agreed to complete the mill and install the necessary machinery in return for the use of the mill for a number of years.

The mill was owned by Rufus until 1874 when it was sold to Henry Hortop Jr. of Eden Mills. The Hortop family kept the mill running for three generations. The mill produced flour and grist, and there was also a sawmill on the property. They were best known for their flour, Lilly White Flour, which was packaged in 24, 71, and 100 pound bags. They sold flour to local bakeries as well as Toronto based bakeries; Weston and Christie. The Hortop family owned the mill until 1966, when it was purchased by the Grand River Conservation Authority at which time operation of the mill ceased. The mill sat dormant for a number of years and the building began to deteriorate. The Grand River Conservation Authority had plans to tear the mill down, but the local community petitioned to save it as it was a piece of local history. Around 1975 the Wellington County Historical Research Society



Now: Hortop Mill / Everton Mill

and Eramosa Township signed a five year lease with the Grand River Conservation Authority to restore the building. The funds came from the Provincial Government, Eramosa Township, and the Grand River Conservation Authority. When the restoration was completed, a dedication service was held on September 19, 1976, and the building was signed with a historic plaque. When the five year agreement expired, the lease was not renewed and unfortunately the mill sat vacant until 2017 when it was completely destroyed by a fire on January 19.

All inks used in the production of this guide are vegetable base inks.

#### GET exploring

# Guelph/Eramosa Heritage Pride Stamps Heritage Stamps

To celebrate the 40th anniversary of the Ontario Heritage Act, Guelph/Eramosa's Heritage Committee held a Heritage Stamp Contest. Guelph/Eramosa residents had the opportunity to design stamps, through photography or artwork that depicted an aspect of local heritage. Five stamps were selected as winners of the contest.



#### Mustang Drive-In

For over 50 years, the Mustang Drive-In has been showing movies to the Township. As a child growing up in the 80's I enjoyed watching movies here. It was always thrilling to see the large blue wall peering through the farm fields as we drove closer. Now, living down the street, I'm pleased to see the popularity of the Drive-In is thriving. I look forward to taking my baby daughter one day. As the landscape slowly changes in the Township of Guelph-Eramosa, it's comforting to see the iconic outdoor theatre remain virtually unchanged".

- Daniel Hauser, GET resident

#### The Stone Farmhouse

"This stone farmhouse is an excellent representation of the many stone homes scattered throughout the Township. The construction of the residence exemplifies a high degree of sophisitcation and reflects the expertise of the Scottish masons. Built by Robert Blyth in 1888, the building is well preserved and retains its original form".

- Don & Joyce Blyth, GET residents





#### **Ariss Post Office**

Joseph House built this frame building as a home in 1902 with a general store in one room. In 1908 the Post Office was established there with the arrival of the CPR railway, Mrs. Ellen House acting as Post Mistress. Rural Route #1, Ariss, established in 1911, was the first rural line to operate in Guelph Township. Gas pumps were added in 1918. In 1960 the building expanded to its present size to accomodate the Lucky Dollar grocery chain. In 2008, Ariss Post Office was honoured for 100 years of service".

- Joyce Blyth, GET resident

#### Hortop Mill

"The Hortop Mill is a beautiful example of local heritage in Guelph/Eramosa. We have so few historical buildings left. It's nice to see the mill has been preserved and not torn down. I try to imagine what the mill might have been like when it was in operation. It would have been interesting to see. It would be nice if it could someday be fixed up enough for people to see the inside. Until then, I hope it stays standing for many years to come".

- Steph Navlor





#### Rockwood Academy

"I view the Rockwood Academy as a reminder that Eramosa Township has had a history of higher education since 1850, several years before the expanding Ontario Public School system replaced it 32 years later. Prominent alumni include: the Honourable A.S. Hardy (Ontario's fourth Premier from 1896-1899), Sir Adam Beck (founder of the Province's Hydro-Electric system) and James J. Hill (railway magnate)".

- Gordon Carothers, GET resident

#### **Purchase Options:**

These stamps are now available for purchase (at cost) at the Municipal Office. The stamps are a great way to personalize your mail with photos celebrating local heritage around Guelph/Eramosa. Booklets of 12 postage stamps for \$17.95 (including taxes). Sheets of 26 postage stamps for \$35.00 (including taxes), and Individual stamps for \$1.50 per stamp. If you are interested in purchasing stamps, please contact Amanda Knight at aknight@get.on.ca or by phone at 519-856-9596 ext. 125 with your request to ensure we can accommodate your order.

www.get.on.ca Fall 2017/Winter 2018





# taste-real FALL RURAL ROMP

Saturday, September 30 • 10:00 am – 4:00 pm

A self-guided tour of local farms, markets and local food locations in Southern Wellington County







**Explore** 

the oldest surviving former House of Industry in Canada, the Poor House Cemetery, and the 1877 Barn

Experience

fascinating exhibits, engaging events, and family-fun festivals

Research

your house, your family tree, and Wellington County history in the Archives

**Relax and Recharge Celebrate and Meet** 

in our beautiful gardens or hike the Cataract Trail

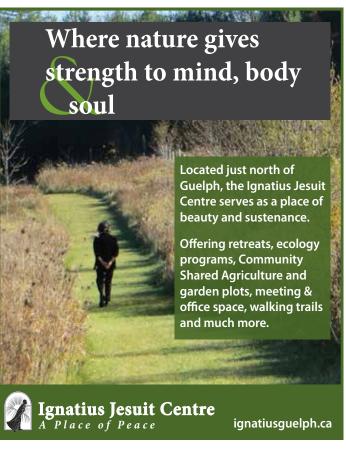
in our unique venue, perfect for weddings, meetings, parties and more!



#### Museum and Archives

Wellington Road 18 between Fergus and Elora T 519.846.0916 x 5221

Toll Free 1.800.663.0750 x 5221 www.wellington.ca/museum







# 7384 Wellington Rd. 30, Guelph 519-856-9596 x201

dnichol@get.on.ca • www.get.on.ca/RDAPC

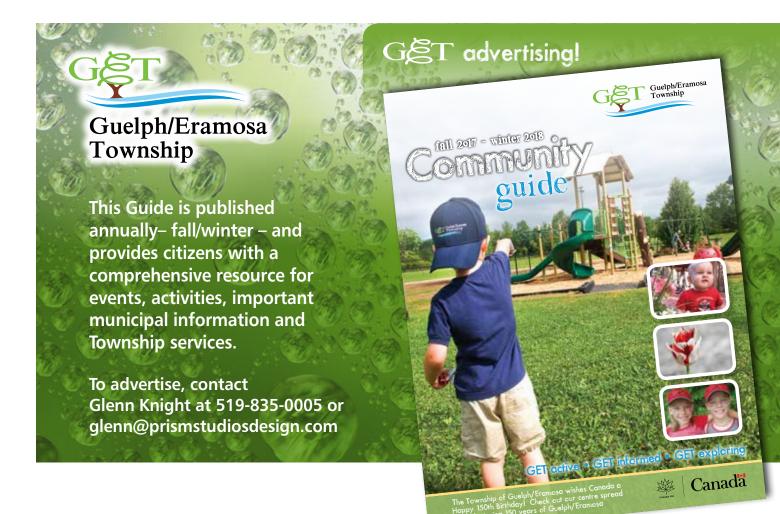
Come enjoy our indoor Walking Track and Field.

Drop in or sign up for one of our many programs.

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55+ Fitness, Remote Control Airplanes,
Golf Driving Range, Coed Slo Pitch,

Health and Wellness Workshops and more!
Facility Birthday Parties also available.





GYMNASTICS FORALL!

Gymnastics is one of the most all-inclusive "lifestyle exercise programs" available to children and teens, incorporating strength, flexibility, speed, balance and coordination.

Fitness AND fun you'll flip over!

# REGISTER NOW!



register online guelphsaultos.ca