

April Newsletter

Welcome April. Happy to see you, with longer days, warm sunshine, Easter, chocolate, the [Toronto Blue Jays](#) home opener, chocolate, the [Toronto Maple Leafs](#) making a tremendous run for the playoffs and of course a week to celebrate our volunteers – maybe with chocolate 😊 Hope you enjoy this month's newsletter and as always should you have any concerns or questions feel free to call or email me. Enjoy!

Creative Writing Workshop

Thursday, April 20 from 9am – 12pm at the Older Adult Centre

This workshop is for everyone from beginners who are looking to find a place to start and those with experience who are looking for a creative spark. This 3-hour workshop will cover: Getting Started, Training the Eye, Characterization, Point of View, Setting, Plotting and Shaping, Stepping Back and Revising. Whether you're writing now, or want to write short stories, novels, creative non-fiction or memoirs, this workshop will cover key points to get you started or unblocked. The cost is \$20 and can be paid at the Brucedale office or by calling Kim at 519.856.9596 ext: 139.

April Cooking Class – Easter Brunch

Emily Richards is back. Wednesday, April 12 Emily will be sharing delicious recipes and kitchen tidbits to make Easter Brunch easier, healthier and less time consuming. Please call Kim to register 519.856.9596 Ext: 139

National Volunteer Week

April 23 – 29

Volunteers are very special people in our communities. Without these individuals our programs, events, clubs, sports groups and others would not be where they are today. Remember to thank a volunteer and if you're one of these amazing people – Thank you for everything you do!

Fraud Awareness Workshop

Older Adult Centre

Thursday, April 27 from 10:30 – 11:30am

Join Marylou and Joshua from the Community Safety division of the OPP and hear about the top 5 frauds that are taking place and what you should be aware of and how to protect yourself and others. Please call Kim to register at 519.856.9596 ext: 139

Homegrown Community Art Show for 55+

June 1 – June 28 with Opening Reception, Thurs, June 1, 5:30-7:30pm

The Rockwood Branch of the Wellington County Library and the Township of Guelph/Eramosa are partnering together to host a month long art show for you to showcase your art work! Our opening reception will be Thursday, June 1st from 5:30 – 7:30pm. Attached is the application, should you have any questions or concerns please call me at 519.856.9596 Ext: 139 or send me an email. We are very excited to be bringing this new program to you and we hope you will enjoy it too!

Darts

It's time to play, Wednesday afternoons at 1:00pm. If you're interested come by the Older Adult Centre and let's get some games on the board. If you have darts bring them along

Shuffleboard & Pickleball

Shuffleboard	Rockmosa Community Centre	Tues	1 – 3pm
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Pickleball	Rockmosa Community Centre	Wed	1 – 3pm
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Bring indoor shoes, a water bottle and your smile. Come, meet new friends and have fun. Everyone welcome and all equipment is provided

Spring Fitness Classes

Fitness classes are here and it's time to register.

Gentle Yoga	9:00am – 9:50am	Moving Forward Yoga	10am – 10:50am
Tuesdays	April 25 - June 20	Tuesdays	April 25 - June 20
Thursdays	April 27 – June 29	Thursdays	April 27 – June 29

Worth the Weight	10am – 10:50am
Fridays	April 7 - June 30 (no classes June 2 & 9)

Band Together	9am – 9:50am
Fridays	April 7 - June 30 (no classes June 2 & 9)

Pilates	9am – 9:50am
Wednesday	April 26 – June 28

Body Align	10am – 10:50am
Wednesday	April 26 – June 28

Chair Pilates	12:00 – 12:50
Mondays	April 24 – June 26 (no class May 22)

Use it, Lose it, Tone it Up	8:30am – 9:20am
Mondays	April 24 – June 26 (no class May 22)

Intermediate Tap	9:30am – 10:20am
Mondays	April 24 – June 26 (no class May 22)

Music n Motion	10:30am – 11:20am
Mondays	April 24 – June 26 (no class May 22)

Intermediate Tap	9am – 9:50am
Wednesday	April 19 – June 21

Music n Motion	10am – 10:50am
Wednesday	April 19 – June 21

Beginner Tap	11am – 11:50am
Wednesday	April 19 – June 21

Royal Distributing Athletic Performance Centre and at the Marden Community Centre

DDP Yoga	Tues	April 18- June 27	RDAPC	6 - 7pm, 7:15 – 8:15pm
DDP Yoga	Wed	April 19- June 28	Marden CC	6 - 7pm, 7:15 – 8:15pm

Use It, Lose It, Tone It Up	Tuesday	April 25- June 27	RDAPC	9 – 9:50am
Music n Motion	Tuesday	April 25- June 27	RDAPC	10 – 10:50am
Use It, Lose It, Tone It Up	Thursday	April 27- June 29	RDAPC	9 – 9:50am

I Remember Better When I Paint

Older Adult Centre

Thursday, May 11 at 10am

Join us for a 55 minute documentary on treating Alzheimer’s through the creative arts. Learn about dementia and how to not only support people living with Alzheimer’s, but how to help them to connect to others and their environment through a variety of mediums. This film features both personal stories and initiatives that are bringing people affected by Alzheimer’s disease to art and creative workshops. The results are remarkable. This film is shown in collaboration with The Hilgos Foundation. Call Kim at 519.856.9596 ext: 139 to register

Programs at the Rockwood Library

National Canadian Film Day 150: "Water on the Table" (All Ages)

Wednesday, April 19, 6:15 pm

Join us as we play a Canadian film and participate in the world’s largest film festival! This is happening coast-to-coast for one day only, so come out and celebrate our great nation and the wonderful films it produces. You could even win a gift pack of prizes! Rated PG. Drop in.

Cricut Creations

Thursdays, April 13 and 27, 6:30 - 7:30 pm (Adults)

Learn to use a Cricut die cut machine and software to create and embellish maker projects. Cricuts are also available to use in Wellington County Library branches. Ask staff for details. (Not familiar with Cricuts, they’re very popular with scrapbookers and people who make their own cards or other paper crafts)

The Many Deaths of Tom Thomson (All Ages)

Thursday, May 4, 2:00 pm

For the 100th anniversary of renowned Canadian landscape painter Tom Thomson’s death, cultural historian Gregory Klages surveys first-hand testimony, archival records, and a century of speculation about Thomson’s tragic demise, sorting fact from legend. Copies of Klages’ The Many Deaths of Tom Thomson: Separating Fact from Fiction will be available for sale and signing.