

2023-2024 edition







GET informed • GET active • GET exploring

Guelph/Eramosa has so many great Parks and Trails ready for you to explore! Check out pages 24 and 25 for more information.

CONCRATULATIONS TO ONTARIO WOMEN'S SOCCER LEACUE CHAMPIONS 2023

COMPETITIVE AND GRASSROOTS

FREE TRYOUTS September 23, 24, 30 and October 1

Tryout Registration open August 1

Each team trains year round with Technical Director.

All inclusive pricing, no surprises.



RECREATIONAL HOUSE LEAGUE AND TRAVEL TEAMS

House League U2-U8

Travel Teams Boys and Girls U10-U18

Professional LTPD Coach trains U2-U12

Registration for Summer 2024 opens November 1, 2023.



Winter Programs registration opens September 1, 2023. Summer Camp 2024 registration opens January 15, 2024.

For more information, or to register for programs visit www.rockwoodfc.com • admin@rockwoodfc.com

WELCOME

GET informed

Mayor's Message

On behalf of the Township of Guelph/Eramosa, we are pleased to bring you the 2023/2024 Guelph/Eramosa Community Guide!

Coming out of the summer, I hope you had a chance to visit the 11 parks we have throughout the Township. You may have noticed a new pavilion at **Cross Creek Park** or stopped by **Rockmosa Park** to appreciate its many recent improvements, including the new gazebos in both the park and dog park. It is always such a pleasure to see the park being enjoyed by our local sports teams, farmers market go-ers and avid walkers! Plus, with the **Parks and Recreation Master Plan** underway, I am excited to see what direction our community is



headed. With input from our residents and stakeholders, I have no doubt that the final plan will contribute to Guelph/Eramosa's reputation of being a wonderful place to live, work and visit.

When the weather turns cool this fall and winter, we invite you to enjoy our state-of-the-art facility at the **Royal Distributing Athletic Performance Centre** with its walking track, sports field, fitness classes and activities happening for all-ages, all year-round!

The **Rockmosa Older Adult Centre** continues to offer exciting workshops and social events this year! We are perpetually thankful for the financial support received every year from the Ontario Seniors Active Living Centre Program grant, which helps us to grow our programs and make the Older Adult Centre more accessible to our community.

If you weren't aware, the Township is home to two breath-taking conservation areas: Rockwood and Guelph Lake. We also play host to many exciting annual events such as the **Hillside** and the **Eden Mills Writers' Festival**.

In this guide you will see lots of crucial information for living in the Township, including local **activities**, **programs**, and **resources** from our community partners. There is also a fascinating Heritage piece on the Township's first airport and a very helpful and brand-new communication document called the Township's **By-law Guide**!

Guelph/Eramosa Township Council and staff wish everyone a happy and healthy start to fall. We acknowledge how lucky we are to have such fantastic residents and local businesses, supported by a beautiful backdrop that is rooted by **rural** culture.

Mayor Chris White Guelph/Eramosa Township

WELCOME

GÉT informed

GET Social, GET Connected!

The Township of Guelph/Eramosa wants to make sure that you are informed about what is happening in YOUR community! In addition to our website (www.get.on.ca) we also use a variety of social media platforms to communicate with the public. You can find us on:





@Guelph/Eramosa

@Guelph/Eramosa Township



We use these outlets to share important information so you're definitely going to want to like, follow and interact with us!

@guelpheramosa



Are you a photographer? Did you happen to snap a fantastic photo of a local landscape, business or event? We are always looking to showcase our beautiful community and will always give credit where credit is due! So, if you have a photo you think should be shared, please email us at clerks@get.on.ca.

VIRTUAL COUNCIL AND COMMITTEE MEETINGS

Have you ever wanted to attend a Council meeting but couldn't make it in person? Changes to municipal law during the COVID-19 pandemic has seen the arrival of virtual meetings to Guelph/



Eramosa Township - a more convenient way for you to keep informed with what is going on in your local community!

Before March 2020 if you wanted to attend a Council meeting, the only way to do so was to show up in person. With pandemic restrictions in effect, those rules had to be changed for Council's to continue to meet and make important decisions for their communities. It took some time for municipalities across Ontario to establish their preferred delivery model for this new normal; the Township of Guelph/Eramosa has adopted the platform of Zoom for all their Council and Committee meetings. We welcome you to join in to listen to the proceedings. Attending is as easy as following the information available at the top of the meeting agenda!

Would you like to virtually attend a Council meeting? Please visit our website at www.get.on.ca and go to the Mayor and Council page and look for Agendas & Minutes or email clerks@get.on.ca for more information.

GET informed

GET Informed

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MAYOR & COUNCIL

GET informed



Bruce Dickieson Ward 1 Councillor

P.O. Box 700 Rockwood, ON N0B 2K0 519-831-8828 bruce.dickieson@get.on.ca

It has been an honour and privilege to continue to serve as your Ward 1 representative. Guelph/Eramosa is a great place to live and work and a big thanks to Township staff for their efforts that help to make this possible.

I would also like to thank both staff and fellow councillors for their ongoing support. Many things have been accomplished with Twp Rd. 3 being just one example. Please contact me with any questions or concerns and I will do my best to help find solutions. Thanks again for your continued support.



Corey Woods Ward 2 Councillor

P.O. Box 700 Rockwood, ON NOB 2K0 519-824-7377 corey.woods@get.on.ca

Ward 2, and the surrounding area, is the heart of the farming community in Guelph/Eramosa Township. Hopefully this crop growing season was a good one.

I'm happy that the Guelph/Nichol Townline is being widened and repaved this year as that is a much needed and highly travelled road.

If you are interested in Heritage, the Township Heritage Committee is always looking for new members. If you don't have time to help out we are always open to donations of heritage items that pertain to the history of the Township.

I am grateful for your support in allowing me to be your local representative for Ward 2 and encourage residents to contact me at any time with comments or concerns.



GÉT informed MAYOR & COUNCIL



Steven Liebig Ward 3 Councillor

P.O. Box 700 Rockwood, ON N0B 2K0 519-766-7108 (Cell) steven.liebig@get.on.ca

It has been a wonderful opportunity to represent the people of Ward 3. I've found working together with the Mayor, Councillors, and township staff to be very satisfying and rewarding. We have been moving together in a positive direction.

Ward 3 encompasses the southwest of Guelph/ Eramosa including the east side of Rockwood and all Eden Mills consisting of agriculture, commercial and residential lands.

I am excited to continue to develop and add to the changing look and future of the commercial core. It's been great to see businesses coming and growing in the area.

I encourage you to explore our parklands. Whether you're walking the trail, playing shuffleboard, joining the tennis club, or climbing the rock wall there are plenty of areas to explore. Don't forget our summer farmers market and party in the park - I look forward to seeing you there and catching up.

Mark Bouwmeester Ward 4 Councillor

P.O. Box 700 Rockwood, ON NOB 2K0 519-856-2127 mark.bouwmeester@get.on.ca

Plenty of exciting activities continue to happen in Guelph/Eramosa. I encourage you to visit Rockmosa Park and experience firsthand its recent improvements; don't forget to stop by the Farmers Market as its season is in full swing. Whether you farm, work, or live in Guelph/Eramosa, it is my privilege and honour to continue representing your interests on Council. Council continues to work hard on setting strategic priorities for the 2022-2026 term of Council. This includes ensuring spending matches revenues while striving to invest in the reserves required to maintain our infrastructure in the future.

As always, my goal is to represent this community with integrity and devotion, to the best of my ability. Please feel free to reach out to me as I welcome your questions and suggestions on how to make Guelph/Eramosa an even better place to call home!

I will continue to serve you as a representative in Ward 3 with honesty and integrity. If you ever have a question, please feel free to call or email me.

Take care and enjoy Guelph/Eramosa - "Our Home"

TOWNSHIP OF GUELPH/ERAMOSA Ward Electoral Boundaries



DIRECTORY

Guelph/Eramosa Township Department Directory

Township of Guelph/Eramosa 8348 Wellington Rd. 124 P.O. Box 700 Rockwood, Ontario NOB 2K0 Tel: 519-856-9596 Toll Free: 1-800-267-1465 Fax: 519-856-2240 www.get.on.ca **General Inquiries:** general@get.on.ca

Office Hours:

Monday to Friday from 8:30 a.m. - 4:30 p.m.

Urgent After Hours Service: 519-856-9596 ext. 150

ADMINISTRATION SERVICES

Chief Administrative Officer	. ext.	105
Accessibility	. ext.	108
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O.P.P. non-emergency contact1-888	8-310-1122
Guelph Humane Society 519	-824-3091

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Royal Distributing Athletic
Performance Centre (RDAPC) 519-265-7905
Active 55+ Programsext. 139
Older Adult Centre Programsext. 139
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FIRE AND PROTECTION SERVICES

Emergencies	
Fire Chief	
Rockwood Fire Station	519-856-9637
Open Air Burn Permit Inquiries	ext. 101

REGIONAL SERVICES

County of Wellington 519-837-2600
County of Wellington Solid Waste Services
(Garbage & Recycling)519-837-2601
County of Wellington
Social Services
Grand River Conservation
Authority (GRCA)519-621-2761
Wellington Dufferin Guelph
Public Health1-800-265-7293
Hydro One – Power Outages 1-800-434-1235
Guelph Hydro – Power Outages
In Rockwood Only 519-822-3010
Ontario One Call
(Call Before You Dig) 1-800-400-2255

GUELPH/ERAMOSA TOWNSHIP COMMUNITY GUIDE

KNOW THE DIFFERENCE





Mailbox plow damage or mailbox snow damage? There's a difference. If a properly positioned mailbox is physically hit by the plow or wing, the Township will replace/repair the mailbox and/or post. Improperly positioned mailboxes are not the responsibility of the Township to repair/replace.

Mailboxes can also be damaged by snow being thrown off the plow blade. This type of damage typically occurs with wet snow. The force of heavy/wet snow, ice, and/or large accumulations spraying off the plow may damage or knock a mailbox off its post. This is particularly true if the mailbox is not secured properly or is not strong enough to endure such power. Public Works will inspect all damaged mailboxes to confirm the cause.

If your mailbox has been damaged, reach out to the Public Works department right away so the cause can be determined.

Is snow preventing you from getting to your community mailbox? Call Canada Post to ensure safety around the box in the winter or submit a service ticket online (www.canadapost-postecanada.ca).

ON THAT NOTE

This doesn't look fun, does it? To avoid the hassle of digging yourself out, risking damage to your vehicle, being ticketed and/or a tow charge; keep the streets clear overnight so that the plow drivers can do their job effectively! The Township's Parking By-law states that no person shall park a vehicle upon a highway or in a municipal parking lot between the hours of 2:00 a.m. and 6:00 a.m. of any day during the months of November, December, January, February and March of any year.

Tickets can still be issued beyond 6:00 a.m. if the vehicle is interfering with snowplow operations. Want to report a parked car? Reach out to the Public Works Department or the By-law Enforcement Officer.



EMERGENCY MANAGEMENT

GET informed

Be Better Prepared®!





Wellington County Emergency Management

Emergencies can happen at any time with little to no warning and the County of Wellington's Emergency Management Division encourages you to Be Better Prepared. With a little preparation, you can respond quickly to help yourself and others. Make a plan, build a kit, and stay informed.

MAKE A PLAN

Every household in Wellington County should have an emergency plan. It will help you and your family know what to do in case of an emergency. It will take you only about 20 minutes and you can create one online by visiting getprepared.ca and clicking "Your Emergency Plan".

Keep this document in an easy-to-find, easy-toremember place. Photocopy this plan and keep it in your car and/or at work, and a copy close to your phone. If you completed your plan online, keep an electronic version on your computer.

BUILD A KIT

In an emergency, you will need some basic supplies. Prepared to be self-sufficient for at least 72 hours. You may have some of the items already, such as food, water



and a battery-operated or crank flashlight. The key is to make sure they are organized and easy to find. Visit getprepared.ca and click "Emergency Kits" for a checklist of items.



STAY INFORMED

During an emergency, you should stay tuned to local authoritative sources of information. Be sure to have a portable, batteryoperated or crank radio in your emergency kit. Information can be found on: Local radio stations

- Magic 106.1 FM
- CJOY 1460 AM

County of Wellington Social Media on Twitter or Facebook

- Twitter: @wellingtncounty
- Facebook: @wellingtoncounty



County of Wellington website: www.wellington.ca

For more information on emergency preparedness and to locate additional resources visit our website at wellington.ca/emergency



WATER DEPARTMENT

OIL and GREASE

"It's okay to pour grease down the drain if I run hot water and soap with it." **WRONG!** This only moves the grease further down the sewer line. Eventually the soapy water will cool, and the grease will begin to solidify and coat the pipes.



The label says they're *"sewer and septic safe,"* whatever that means. Would you use them at your home?





Absolutely, positively NO!

Weekly build up within just one of our sewage pumping stations.

Guelph/Eramosa Township needs everybody to do their part to maintain the sewer system so that costly excess repairs and maintenance will not be disruptive to residents or businesses. For more information, please go to our website. **www.get.on.ca**

Shine Light Here

Water Meters

Below are examples of the most commonly installed residential water meters. The meter is read by either a remote reader on the outside of your home or by radio frequency. These readings are used to calculate your water bill.

Analog Meter Dial

Leak Detector If no water is being used inside or outside, this indicator should not be moving. If it is rotating, you may have a leak.

We are replacing water meters that have reached the end of their life cycle. If you have received a letter or have received a message by phone, please contact the Water/Waste Water Department to arrange for a water meter replacement.

To read the meter, open the flip lid to display the current reading. After about 12 seconds the meter

then starts to cycle through

displaying other measurements/readings. If you miss the read in the first 12 seconds, simply close and open the lid for the display cycle to start again from the meter reading.

The 9 digit LCD displays your meter reading in cubic meters The last 4 digits of the reading are decimal points. (E.g. 26.3987 cubic meters) (decimal will be displayed)



Flow	Indicator	

- displays direction of water flow
- ON water in use
 OFF water not in use
- Flashing water is running slowly
- (-) indicates reverse flow
- (+) indicates forward flow



Property Taxes HOW ARE PROPERTY TAXES CALCULATED?

The Municipal Property Assessment Corporation (MPAC) assesses the value of all properties in Ontario to determine their market value. The Township of Guelph/Eramosa and County of Wellington set the tax rates for municipal services, and the Province of Ontario sets a rate for education. Property taxes are calculated by multiplying the tax rate by the assessed value.



For more information about your **property assessment** or if you believe your assessed value is inaccurate, please visit **www.aboutmyproperty.ca** or **contact MPAC** at 1-866-296-6722.

WHEN ARE TAX BILLS ISSUED?

The Township issues two tax bills per year, each with two instalments. The timing of those bills and their due dates are illustrated below.



MPAC will reassess a property if there is a change in use or improvements made. When the Township receives the new assessment, it will issue a **supplementary tax bill**.

PROPERTY TAXES MADE SIMPLE

The Township offers billing and payment methods to make paying your property taxes more convenient.

Visit www.get.on.ca to:

- Enroll in e-Billing
- Enroll in a **Pre-Authorized Payment Plan** or see a full list of payment options
- Update your mailing address

Are you travelling or do you have a temporary change of residence? The actions listed above are perfect solutions to make sure you receive and pay your tax bill on time while you are away.

CONTACT US

For further information, contact the Tax Department at taxes@get.on.ca or 519-856-9596 ext. 102 or 103.

GET informed FINANCE DEPARTMENT

Your Tax Dollars at Wc



0.17¢ supports **Education** and our local school boards. The Province of Ontario sets the education rate.

0.24¢ supports the services provided by the Township of Guelph/Eramosa, including:

- 10.80¢ for Public Works to provide transportation services like Township roadways and bridge maintenance as well as infrastructure renewal. This allotment does not include Water and Wastewater services which are funded through user fees.
- 5.76¢ for Protection to Persons and Property to provide fire and emergency services, by-law enforcement, property standards, and canine control.
- 4.56¢ for Parks and Recreation to support local park spaces, trails, sports fields, outdoor ice rinks, play structures, splash pad, and community facilities.
- 2.64¢ for General Government and Administration to support Council and administrative services.
- 0.24¢ for Planning Services and to support economic development and the Heritage Committee.





The County of Wellington is responsible for municipal solid waste management in the Township of Guelph / Eramosa. This includes curbside collection of garbage, recycling, and organics.

Curbside Collection

- Curbside collection is every Friday.
- User pay garbage bags are collected every other week. Bags can be placed in garbage cans. Visit www.wellington.ca/sws for schedule information.
- **Recycling** is two-stream: containers and papers belong in separate blue boxes.
- Residential leaf and yard waste drop off is free at **County** waste facilities from April through November.
- Set out materials by 7:00 am.
- New subdivisions are added onto curbside collection when the majority of construction is completed. Please use one of our waste facilities until collection is available.

Waste Facilities

The County operates six waste facilities. Visit our website for site-specific information, directions, and hours. The three closest facilities to Guelph/Eramosa are:

> Aberfoyle Waste Facility 6922 Concession 4 Township of Puslinch

Belwood Waste Facility 8585 Wellington Road 19 Township of Centre Wellington

Elora Waste Facility 6549 Gerrie Road Township of Centre Wellington

Diversion Opportunities and Recycle Coach

The County offers many diversion opportunities at waste facilities.



Recycle a variety of materials. Textiles, electronics, tires, and hazardous waste materials are all accepted for **free**.

For more information, visit: www.wellington.ca/sws or call 519.837.2601



Visit **Reuse Centres** at Aberfoyle or Belwood. Take items home **free**.



🖪 SCAN ME

For collection schedules, look up tool, and more, download the Recycle Coach waste app

Alternate formats available upon request. "Official Mark of The Corporation of the County of Wellington

GET informed

CLERKS DEPARTMENT

By-Law Enforcement Services

hanks Neighbour You make a difference!

Guelph/Eramosa is the Township of choice for up to 14,000 people and continues to attract businesses and residents. Guided by strategic priorities that include developing strong communities, the Township of Guelph/ Eramosa is focused on creating distinct, lively spaces that help instill civic pride. Maintaining the quality of neighbourhoods is crucial to our image, and upholding our community standards is a shared responsibility, in which all residents have a role to play.

Township by-laws help contribute to a high quality of life in Guelph/Eramosa. The By-law Enforcement Department offers services Monday-Friday between 8:30am and 4:30pm, enforcing Township by-laws on a complaint basis and responding to public inquiries about compliance.

You can contribute to our Township's wellbeing by knowing your responsibilities as a resident, property owner or tenant, and following Township bylaws. The Township is pleased to provide you with this first edition of the By-law Guide, containing valuable information relating to your home and neighborhood.

Clearing snow from sidewalks so that kids can walk safely to school, keeping your pet on a leash, and ensuring that your second unit is legal, all of these help reflect high community standards.

Some by-laws may seem restrictive, but they're prescribed for the greater good – to maintain Guelph/Eramosa as an enjoyable place, a safe environment for bringing up children, a community that is mindful and caring towards its seniors and persons with disabilities.

When you are a great neighbour, you make a difference in your community.

By-law Enforcement Department www.get.on.ca/bylaw



County of Wellington SOLID WASTE SERVICES



Providing for today, planning for the future.

Managing waste and diversion programmes:

- Curbside collection of materials
- Six waste facilities
- Mobile Household Hazardous
 Waste Depot

519.837.2601 | 1.866.899.0248 www.wellington.ca/sws

Alternate formats available upon request.

^{OM} Official Mark of The Corporation of the County of Wellington

Looking to make changes to your property?

Begin by consulting the Township's Zoning By-law to confirm whether your proposal complies with applicable regulations and permitted uses.

WHAT IS A ZONING BY-LAW?

A Zoning By-law is a legal document that regulates land use within the Township, establishing permitted uses and development standards for specific areas or "zones". This includes regulations on how the land can be used, where buildings or structures can be placed on the property, and much more.

How do I identify the zoning of my property?

Follow these three easy steps to identify the zoning of your property:

Step 1: Search your property address using the Township's Online Interactive Zoning Map: www.get.on.ca/online-interactiveplanning-map.

Having trouble? Refer to the "How-to Guide" at the top of the webpage for directions on how to use the interactive mapping tool.

Step 2: Click on the property to view the zoning and corresponding Zoning By-law section number.



Step 3: Now that you know the zoning, visit the Zoning By-law information page to locate the section number, which will contain a list of permitted uses and associated regulations for your property: www.get.on.ca/planning/zoning.

NEXT UP: DEVELOPMENT APPROVAL

Before you can move forward with your proposal and begin a new use and/or construction, you must confirm whether Planning Approval is required and if you will need a Permit from the Building Department.

When is Planning Approval required?

Planning Approval is required under the following circumstances and must be obtained prior to the submission of a Building Permit Application:

- To request a change of use that is not otherwise permitted under the Zoning By-law
- To request minor relief from specific provisions of the Zoning By-law (e.g. setbacks)
- For proposed commercial, industrial, and/or institutional development
- For proposals containing 10+ residential units on a single lot (cumulative)
- When proposing a subdivision, condominium, severance, or lot line adjustment

How do I obtain planning approval?

Under the authority of the Planning Act, the Township has implemented various development review processes to ensure proposed land uses are compatible with the local environment.

Please refer to the Township's Planning & Development webpage for information on the various types of Planning Act Applications available: www.get.on.ca/township-services/ planning. This webpage includes an overview of each application type and a link to details on submission requirements.

GET informed PLANNING DEPARTMENT

Looking to construct or make changes to an accessory building or structure, or to establish an Accessory Residential Unit (ARU)? Please refer to Section 4 – General Provisions (use the link provided in Step 3) and don't forget to contact the Building Department to confirm whether a Building Permit is required.



See the New ARU GUIDE for more information on how

to establish an accessory unit on your property, including an overview of applicable regulations and requirements.



PLANNING APPLICATIONS ARE NOW VIRTUAL!



The Township has implemented a new electronic submission process for Pre-Consultation Meeting Requests and Development (Planning Act) Applications that are processed by the Township, including:

- Zoning By-law Amendments
- Site Plan Control
- Minor Site Plan Amendments
- Minor Variances



Each application now contains its own webpage with an embedded digital application form and includes detailed information on the applicable review process and submission requirements. Links to these pages can be found on the Planning & Development webpage: www.get.on.ca/township-services/planning



Authentic Montessori education since 1989 including French, Music, Yoga, Physical Education and more.

> Toddlers 18-30 Mo. Pre-school 2.5-4 JK & SK 5 FD/WK Grades 1-6

GUELPH MONTESSORI SCHOOL

151 Waterloo Avenue 519-836-3810 www.guelphmontessori.com



Why and when do you need a building permit?

A building permit is formal permission to begin a construction or demolition project. Building permits are necessary to ensure that construction methods meet the standards set out in the Ontario Building Code, Federal and Provincial regulations, and local by-laws. The Building Department promotes and assists with building development to ensure safe structures for our residents, businesses, and visitors.

For information regarding what work requires building permits and a comprehensive overview of permit requirements, please visit www.get.on.ca/living-here/building-permitsand-inspections. If you are unsure whether your project will require a building permit, call us any time at (519) 856-9596 Ext 114.

HOW TO APPLY FOR A BUILDING PERMIT

Guelph/Eramosa's Building Permit Application process is Online!

The Township is pleased to offer its customers the ease and convenience of applying for a building permit online using Cloudpermit.

Cloudpermit allows applicants to apply for and check the status of their



application anywhere, at any time. You can start an application and finish it later, receive email updates on the status of your permit application, and even request building inspections! With Cloudpermit's accessible and easy-to-use software, you:

- benefit from a simple online applicant experience
- have access to Cloudpermit on any mobile device, browser, or operating system
- can manage and track multiple permits
- eliminate travel time and associated costs with remote access

• won't need to worry about information loss - the platform automatically saves progress in real-time.

ONLINE COMMUNICATION TOOL

Say goodbye to phone calls and emails by moving conversations online with Cloudpermit's messaging centre:

- Collaborate and invite others to join conversations
- Follow threads with time-stamped messages
- Send direct or group messages
- Better transparency and communication with every step of your application

Request, track, monitor, and receive updates on permit and inspection status

- Book inspections easily
- Stay up to date on permit and inspection status
- Receive automatic notifications on permit and inspection status updates in your inbox
- Receive automatic notifications when any action or information is required, or there are new comments in discussions
- Receive automatic notifications on expiring permits and required payments.

ACCESSORY RESIDENTIAL UNITS

- A maximum of two additional residential units shall be permitted in the Township of Guelph/Eramosa per lot in any zone where an additional residential unit is permitted. One within the home and one not attached to the home.
- Shall only be permitted provided that appropriate water and sanitary services and servicing capacity is available to the satisfaction of the Township of Guelph/Eramosa.
- In all cases the additional residential unit shall be clearly secondary and subordinate to the main dwelling.

GET informed BUILDING DEPARTMENT

- For Properties on Septic systems, a septic report from a qualified septic designer shall be submitted to the Building Department that either approves the existing system for use or requires a new septic system to be constructed. In the case of a new septic system being required, please submit a separate Permit application.
- For information on the rules and regulations to construct an Accessory Residential Units, please see the Township's New ARU GUIDE:



• For information on submitting an application for an Accessory Residential Unit, please visit the Building Department link below and visit the Section "Documents required for Building Permits: www.get.on.ca/living-here/buildingpermits-and-inspections

KNOW MORE ABOUT YOUR SEPTIC SYSTEM!

 For a great resource on Septic Systems, please see the link below! www.ontario.ca/page/septic-systems

We are here to guide you through this process and take pride in assisting people achieve their building goals in a timely and professional manner. If at any time you require clarification or assistance, please contact building@get.on.ca or 519-856-9596 ext 114.



www.get.on.ca

FIRE SAFETY

GET

What Does Your Fire Department Do for You?

Your fire department responds to all types of emergencies including medical calls, fires, automobile accidents, rescues, and requests for public assistance. We provide fire education and prevention and support our community through many events throughout the year.



MEDICAL CALLS

All of our firefighters have advanced Emergency Medical Responder training. We respond to many medical calls to provide care and support the paramedics. To help us find your location, please make sure your house number is easily visible, particularly at night.

FIRES

In the event of a fire, leave the house/building immediately. Make sure you have working smoke alarms. Develop and practice an escape plan with your family.





community and we value the opportunity to bring safety awareness to our schools, clubs, and residents.

AUTOMOBILE ACCIDENTS

– find another

way home.

Drive with your full attention on the road – avoid

Don't drive while impaired from alcohol or drugs

the use of any electronic devices while driving.



Michael Chong

Member of Parliament Wellington - Halton Hills

A-190 St. David St. S. Fergus ON N1M 2L3 519-843-7344

www.michaelchong.ca

michael.chong@parl.gc.ca 866-878-5556 TED ARNOTT, MPP Wellington-Halton Hills

Web: www.tedarnottmpp.com Phone: 1-800-265-2366



GET informed COMMUNITY SUPPORT

Community Resource Contact Information

211 ASSISTANCE FINDING RESOURCES

A free helpline that connects you to services and programs in your area. www.211ontario.ca



WELLINGTON **DUFFERIN GUELPH PUBLIC HEALTH**



Partners in government, public health and health care. 160 Chancellors Way, Guelph, ON. 1-800-265-7293 www.wdgpublichealth.ca

EAST WELLINGTON COMMUNITY SERVICES



Food Bank – Guelph/Eramosa 143 Dennis Street, Rockwood, ON. 519-215-1468

Transportation – For Eligible Adults – Serving Guelph/Eramosa Township and the Town of Erin. Transportation to appointments, pick up prescriptions, groceries, etc. Wheelchair-accessible van is available. Two business days' notice is required. Hours: 8:30 a.m. to 4:00 p.m. Krista 519-856-2113

Outreach Services – Assist with accessing supportive housing, completing and submitting rent geared to income applications, rent bank and rent subsidy programs. System navigation relating to health care, social services, legal/justice, government benefits and more.

System navigation relating to health care, social services, legal/justice, government benefits and more. Stephanie: 519-215-1468 Julie: 226-979-7308

Adult Day Program – Offering social, cognitive and physical stimulation for older adults and those with different forms of dementia. Transportation, programming, meals and snacks provided. Francesca: 519-833-0087

New to You Thrift Store – Deals on books, name brand clothes, accessories and more! 143 Dennis Street, Rockwood, ON. 519-856-2113

Volunteer Opportunities – We have a variety of positions available for individuals wishing to connect and give back to their community. Barb: 519-856-2113 www.eastwellingtoncommunityservices.com

EAST WELLINGTON FAMILY HEALTH TEAM

Workshops available to patients and community



members such as: mental health (must be a patient and requires doctor's referral), diabetes and prediabetes, anxiety, better sleep, CBT for anxiety and depression, cooking classes, heart health, relaxation, stress management and more.

To register for workshops, please visit www.ewfht.ca or call 519-833-7576 ext. 362



COMMUNITY SUPPORT PROJECTS

Visit Guelph/Eramosa's Darks & Trails!

John Jolliffe Park 🕼 🚯 💿 136 Hampson Cres, Rockwood

Dialaclava St., Rockwood

☐ Memorial Park A A Constant
19 Memorial Street, Eden Mills

Max Storey Park A Storey Pa

 Cross Creek Park
 Image: Cross Creek Park

 78 Cross Creek Blvd., Guelph
 Image: Creek Park

David Masson Park 🕀 🔏 🔮 201 Landrex Blvd., Rockwood

Harris Park () 133 Gagnon Pl., Rockwood

James Lynch Park 🚗 🔏 💷 🌙 386 Evert St., Everton





172 Parkinson Drive

Sarah Ransom Trail 161 Dunbar St., Rockwood

Marden Park 7376 Wellington Rd. 30, Guelph





COMMUNITY HALLS

GET active

Rockmosa Community Centre 110 Rockmosa Drive, Rockwood, ON, NOB 2K0

Located in the heart of Rockwood, the Rockmosa Community Centre is the perfect venue to host a wide variety of events ranging anywhere from family reunions and birthday parties to elegant weddings. With a maximum capacity of 300 people, this hall is the perfect space to host your next large event! The Rockmosa Community Centre features:

- 300-person capacity
- 3,600 ft² open concept room
- Raised performance stage
- Projector, screen & wireless microphone
- Podium
- Fully stocked catering kitchen
- Ample parking
- Air conditioning
- 8-foot rectangular tables
- 300 cushioned chairs
- Bar
- Fully accessible

Marden Community Centre

7368 Wellington Road 30, Guelph, ON, N1H 6J2

Located on the outskirts of Guelph, the Marden Community Centre is the perfect venue for smaller weddings and showers, business meetings, and family gatherings.

- 100-person capacity
- 1,438 ft²
- Fully stocked kitchenette
- Podium
- 8-foot rectangular tables
- 5-foot round tables
- 100 cushioned chairs
- Ample parking
- Air conditioning
- Bar
- Fully accessible
- Enabling Garden*
- Pavilions*
- * Extra fees will apply for these spaces.



For more information or to book, please contact 519-856-9596 ext. 139 or

GET active

COMMUNITY HALLS

Rockmosa Older Adults Centre 121 Rockmosa Drive, Rockwood, ON, NOB 2K0

Located in the heart of Rockwood in Rockmosa Park, the Older Adults Centre is the ideal space for intimate gatherings or small meetings. This beautiful facility features:

- 30–40-person capacity
- Fully stocked kitchenette
- Television
- Gas fireplace for added ambience
- 6-foot rectangular tables
- 5-foot circular tables
- 6 card tables
- Availability limited to weeknights after 5:00 p.m. and weekends

Royal Distributing Athletic Performance Centre (RDAPC)

7384 Wellington Road 30, Guelph, ON, N1H 6J2

Surrounded by 64 acres of parkland, this state-of-theart indoor facility features an artificial turf sports field, rubberized perimeter walking track, a multipurpose room, and a large spectator viewing area. This fantastic Centre features:

- 56,000 ft² facility
- Staff always on site when facility is open
- 210' x 120' Full turf sports field
- 210-meter 4-lane IAAF Certified Polyurethane Walking Track (Please note: all track users must change into clean indoor shoes)
- Fitness Classes
- Drop-In Programs
- Rectangle and square tables
- Birthday Parties
- Kitchenette

For more informatio or to book the RDAPC, call 519-265-7905 ext. 2 or email rdapc@get.on.ca







email hallrentals@get.on.ca. We look forward to hosting your next event.

RDAPC PROGRAMMING GET active

Royal Distributing Athletic Performance Centre Drop In Activities



GREY 'N' PLAY

Do you love heading out to play yard games with your fellow retirees? Maybe some cards and coffee? Maybe toss around the frisbee

and play some disc golf? Jumping on the success of our Tot'N'Play program the RDAPC is moving to the opposite end of the age spectrum and holding a drop in program for older adults. This time kids get to play for free with a paying adult! Bocce, washer toss, disc golf, cards, board games, power walks and more! Coming January 2024.

WALKING SOCCER

Does your body tell you to slow down but your mind doesn't want to? Come out for some walking soccer. Same beautiful game, but running is a foul! Mondays and Fridays 9:30-11:00am

ACTIVE 55 SOCCER

Looking for a fun game of pick up post retirement? Drop in Active 55 soccer is for you.

GOLF DRIVING RANGE

Keep the swing smooth through the off season or drop in and prepare to get back outside for the coming season. Soft flite balls simulate actual ball flite ideal for indoor play.

Mondays and Fridays 12:30- 3:00pm

REMOTE CONTROL AIRPLANES

Come in out of the elements to fly in the colder months and meet some fellow enthusiasts. Battery Operated only. Wednesday and Thursday 11:15- 12:45

TOT 'N' PLAY

Preschool age outdoor play on the inside! Enjoy the open space of a park on our indoor field through winter. Socialize, meet new friends and play with our hoola hoops, mazes, balance blocks, ride on cars and more.

Weekdays 8:30am-12:00pm



CONTACT US AT: 519-265-7905 · rdapc@get.on.ca · www.get.on.ca/rdapc



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GET active RDAPC PROGRAMMING

BIRTHDAY PARTIES

Enjoy your special day with an hour of field time and use of our party room before and after for socialization and cake! Add in our enormous Soccer Target or Tot Toys to make the Birthday over the Top! Saturdays 11am-2:00pm (field time 12-12:55pm)

"I have met so many people over the years at the RDAPC that I now consider to be my walking buddies! Such a great way to feel connected" ~ Pat

RENTALS

Available for single rentals getting together a social and fun time, as well as weekly rentals for a full season. Please contact rdapc@get.on.ca for details and check out our open times at www.get.on.ca/rdapc.





TRACK

Guelph/Eramosa Township is so lucky to have our very own 200+metre rubberized track for its own personal use. The track is a usable space for ALL ages. Strollers, Poles, Walkers, and wheelchairs are all welcome giving opportunity for people of every ability. The surface gives a cushioned feel on the body making it ideal for those with hip, back and knee problems and is great for rehabilitating, getting exercise out of the elements, or just meeting friends for a social stroll.

Drop in for a walk or get a annual membership and make a routine of it! "Motion is lotion" as one of our regular walkers says!

CATEGORY	PROGRAM	DAY	TIME	START DATE	FEE
Child	Tot N Play	Weekdays	8:30-12:00pm	Ongoing	\$5
All Ages	Driving Range	Monday/Friday	12:30-3:00pm	Oct. 13	\$8.65/bckt
All Ages	Walking Soccer	Monday/Friday	9:30- 11:00am	Ongoing	\$6
55+	Active 55 Soccer	Thursday	1:00- 2:00pm	Sept. 7	\$6
All Ages	Remote Control Flying	Thursday	11:15- 12:45	Sept. 5	\$6
55+	Grey N Play	Coming January 2024		TBD	\$5

Visit our website **www.get.on.ca/rdapc** to stay up to date on schedule changes and new programming.

The RDAPC requires a change of clean indoor shoes for participation in track use as well as all on field activities.

FITNESS PROGRAMS

GET active

COURSE #	CATEGORY	CLASS	INSTRUCTOR	DAY	TIME	LOCATION	START DATE	# OF CLASSES	FEE
3607	Family	Baby Yoga	Lisa N	Monday	9:30am	MCC	Sept. 25	10	\$76+HST
3608	Family	Tot Yoga	Lisa N	Monday	10:30am	MCC	Sept. 25	10	\$76+HST
3615	12+	DDPY - Level 2	Marcel	Monday	6:00pm	MCC	Sept. 25	10	\$76+HST
3614	12+	DDPY	Lisa B	Monday	7:00pm	MCC	Sept. 25	10	\$76+HST
3612	12+	DDPY - Rebuild	Marcel	Tuesday	1:00pm	RDAPC	Sept. 26	10	\$76+HST
3613	12+	DDPY	Marcel	Tuesday	6:00pm	RDAPC	Sept. 26	10	\$76+HST
3542	18+	Full Body Fitness	Carly	Tuesday	6:00pm	RCC	Sept. 26	10	\$76+HST
3547	18+	Flow with Strength and Balance	Carly	Tuesday	7:00pm	RCC	Sept. 26	10	\$76+HST
3606	Open	Stroller Fit	Megan	Wednesday	9:30am	RDAPC	Sept. 27	10	\$76+HST
3537	12+	DDPY - Rebuild	Marcel	Wednesday	3:00pm	RCC	Sept. 27	10	\$76+HST
3546	12+	DDPY	Marcel	Wednesday	4:00pm	RCC	Sept. 27	10	\$76+HST
3610	Family	Parent & Child	Lisa N	Thursday	4:30pm	MCC	Sept. 28	10	\$76+HST
3608	Family	Parent & Youth	Lisa N	Thursday	7:00pm	MCC	Sept. 28	10	\$76+HST
3611	Adult	Mom Yoga	Lisa N	Thursday	8:00pm	MCC	Sept. 28	10	\$76+HST
3616	12+	DDPY	Marcel	Thursday	6:00pm	MCC	Sept. 28	10	\$76+HST
3549	18+	Flow with Strength and Balance	Carly	Thursday	6:00pm	RCC	Sept. 28	10	\$76+HST
3540	18+	Gentle Flow	Carly	Thursday	7:00pm	RCC	Sept. 28	10	\$76+HST

RCC – Rockmosa Community Centre, 110 Rockmosa Drive, Rockwood, ON • MCC – Marden Community Centre, 7368 Wellington Road 30, Guelph, ON RDAPC - Royal Distributing Athletic Performance Centre, 7384 Wellington County Rd 30, Guelph, ON

Register for programs at: www.get.on.ca/fitness

519-856-9596 ext. 139 (RCC Classes) programming@get.on.ca (RCC Classes)

519-265-7905 (RDAPC & MCC Classes) rdapc@get.on.ca (RDAPC & MCC Classes)

Practice all 4 types of exercise for the most benefit to your everyday life.



ENDURANCE



STRENGTH

So you can boost your immune system and keep your bones strong.

Baby Yoga 💮 🚯 MCC

(newborn to almost crawler, with one adult) Explore dozens of yoga poses designed specifically to be enriching to your baby and to support developmental movement discoveries. Each class is filled with calming, nurturing ways to enhance bonding, aid baby's digestion and improve sleep patterns. Babies will enjoy yoga while on their backs, tummies or held in loving arms. For parents, this class is a special opportunity to meet other parents, get support and learn about babies emerging personality. Most of the yoga we do in this class is for baby but, for parents, we always find time for some breathing and relaxation practice.



So you can improve your coordination and build better posture.



Tot Yoga 💮 🚯 👧 MCC

(able crawler to 24 months, with one adult) These classes are creative, fun-loving, and active. Watch tots become more confident as they are encouraged and supported in their physical explorations. Your tot will playfully practice yoga poses with your assistance, while sitting, standing, walking, and jumping. This is a faster-paced yoga class because of the tots' newfound mobility and curiosity. Parents will still find time for quiet breathing and relaxation practice.

GET active

DDPY Rebuild 🚯 💮 🚯 MCC & RCC

DDPY Rebuild is a unique program designed specifically for those 55 years and older and those who struggle with limited mobility. Through a progressive series of workouts, you'll build arms, legs, and core strength, increase flexibility, and decrease pain. This workout is the perfect starting point if you're injured or just haven't been active for a while or having trouble with balance or standing for long periods of time. You will start on a chair, then on your feet using a chair to assist you with balance.

DDPY 🚯 🔂 🚯 🔕 MCC, RDAPC & RCC

DDPY workouts are uniquely designed to strengthen muscles, ligaments, and tendons while stabilizing core muscles, increasing flexibility, agility, and balance. You'll get a great cardio workout with minimal joint impact, and you'll do it at your pace. Our instructors are trained to help you work out at your own level.

DDPY Level 2 🚯 💮 🚯 RDAPC

DDPY workouts are uniquely designed to strengthen muscles, ligaments, and tendons while stabilizing core muscles, increasing flexibility, agility, and balance. You'll get a great cardio workout with minimal joint impact, and you'll do it at your pace. In Level 2 workouts, you will continue to challenge yourself further with moves that are more difficult, but always with the option of modifying to suit you. This is a great class if you have done DDPY for a while and are ready to take it to the next level.

Stroller Fit 🚯 😳 🚯 RDAPC

(Mother and Baby)

The focus is centered around regaining functional strength after pregnancy by utilizing the stroller as a fundamental tool. All fitness levels are welcome, newly postnatal participants should be cleared by their healthcare provider before starting.

Full Body Fitness 💮 🚯 🐼 RCC

A group fitness class designed to target all the muscles in the body. A mixture of strength, endurance and cardio can be adapted to all fitness levels.

Flow with Strength and Balance 🚯 💮 🚯 RCC

This class is exactly how the name sounds. Incorporating strength, balance, and flexibility. We will flow through our poses with grace, allowing us to connect with the breath creating some heat within. Modifications and advancements will be offered if needed.

Gentle Flow 🚯 🚯 🐼 RCC

This class offers a variety of movements in a more calming style of yoga. Using gentle stretches to mindfully ease into your poses as we start on our mats and then make our way up for some softer flowing standing poses.

*Recommended for: new or beginner yogis or individuals who want a lower impact flow.

Parent & Child Yoga 💮 🚯 🔕 (4yrs to 8yrs, with one adult)

Classes are designed to engage and challenge children, regardless of age; developmental movement being the key to exploring each and every pose. Independent practice, partner poses and group activities ensure that these classes are fun for all! No yoga experience required. Mats will be available; you are welcome to bring your own yoga mat.

Parent & Youth Yoga 💮 🚯 🔕 (9yrs to 12yrs, with one adult)

This program offers a great opportunity for an adult and child to experience hatha yoga together. Calming breathing practices and partner poses allow for connection. Games and group activities help families enjoy a sense of community. Discover and challenge your stability, strength, flexibility and focus. No yoga experience required. Mats will be available; you are welcome to bring your own yoga mat.

Mom-Only Yoga 💮 🚱

No matter the age of your kids, being a mom is an intense, busy, challenging, and incredibly rewarding experience. This yoga class is your opportunity to restore and reset your body and energy. Nurture yourself with gentle stretching and rest. Bring your questions and requests for practices that we can design together that will be uniquely useful for you in your day-to-day. Mats and yoga props will be available; you are welcome to bring your own.

ACTIVE 55+ FITNESS G&T active

COURSE #	CLASS	INSTRUCTOR	DAY	TIME	LOCATION	START Date	# OF CLASSES	OAC MEMBER FEE	FEE
3543	Bands and Bells – Progressive	Margaret	Monday	9:00 a.m.	RCC	Sept. 25	10	\$70+HST	\$76+HST
3545	Bands and Bells – Gentle	Margaret	Monday	10:00 a.m.	RCC	Sept. 25	10	\$70+HST	\$76+HST
3627	Use It Lose It Tone It Up	Janette	Tuesday	9:00 a.m.	RDAPC	Sept. 26	10	\$70+HST	\$76+HST
3550	Rejuvenating Yoga (Gentle)	Rebecca	Tuesday	9:00 a.m.	RCC	Sept. 26	10	\$70+HST	\$76+HST
3628	Music N Motion	Janette	Tuesday	10:00 a.m.	RDAPC	Sept. 26	10	\$70+HST	\$76+HST
3538	Energizing Yoga (Progressive)	Rebecca	Tuesday	10:10 a.m.	RCC	Sept. 26	10	\$70+HST	\$76+HST
3544	Bands and Bells (Progressive)	Margaret	Tuesday	11:30 a.m.	RDAPC	Sept. 26	10	\$70+HST	\$76+HST
3631	Bands and Bells (Gentle)	Margaret	Tuesday	12:30 p.m.	RDAPC	Sept. 26	10	\$70+HST	\$76+HST
3551	Earn the Burn	Margaret	Wednesday	9:00 a.m.	RCC	Sept. 27	10	\$70+HST	\$76+HST
3539	Fit Hits the Fan	Margaret	Wednesday	10:00 a.m.	RCC	Sept. 27	10	\$70+HST	\$76+HST
3632	Benefits of Bone Fitness	Nancy	Wednesday	1:00 p.m.	RDAPC	Sept. 27	10	\$70+HST	\$76+HST
3633	WALKING Pole Dancing	Nancy	Wednesday	2:00 p.m.	RDAPC	Sept. 27	10	\$70+HST	\$76+HST
3629	Use It Lose It Tone It Up	Nancy	Thursday	9:00 a.m.	RDAPC	Sept. 28	10	\$70+HST	\$76+HST
3554	Rejuvenating Yoga (Gentle)	Rebecca	Thursday	9:00 a.m.	RCC	Sept. 28	10	\$70+HST	\$76+HST
3630	Music N Motion	Nancy	Thursday	10:00 a.m.	RDAPC	Sept. 28	10	\$70+HST	\$76+HST
3548	Energizing Yoga (Progressive)	Rebecca	Thursday	10:10 a.m.	RCC	Sept. 28	10	\$70+HST	\$76+HST

Please visit www.get.on.ca/fitness for an updated listing of classes.

RCC – Rockmosa Community Centre, 110 Rockmosa Drive, Rockwood, ON RDAPC – Royal Distributing Athletic Performance Centre, 7384 Wellington County Rd 30, Guelph, ON

Register for programs at:



519-265-7905 (RDAPC & MCC Classes) rdapc@get.on.ca (RDAPC & MCC Classes)

519-856-9596 ext. 139 (RCC Classes) programming@get.on.ca (RCC Classes)

GET active ACTIVE 55+ PROGRAMS

Practicing all 4 types of exercise provides the most benefit to your everyday life.



ENDURANCE So you can climb steps,

dance the night away.

STRENGTH

So you can lift groceries, carry grandchildren.

Bands and Bells 🚯 🛟 🚯 🥺 RDAPC & RCC

(gentle and progressive classes)

This class begins with a cardio component, followed by a balance and strength segment and winds down with flexibility / stretching exercises. The instructor will adapt exercises to accommodate all fitness levels; this class is suited for people who enjoy a little bit of everything!

The gentle class is ideal for beginners or those who enjoy a more relaxed pace.

The progressive class is ideal for those comfortable with a faster pace of exercise.

Use It Lose It Tone It Up 🚯 🎲 🚯 RDAPC

A complete workout incorporating the latest evidencebased medical research from the Canadian Center for Activity and Aging. Our CCAA-certified fitness instructor will take you through a 50-minute workout to boost your cardio, enhance your strength, stretch, and tone those muscles in a safe, friendly, non-competitive atmosphere. Classes include great music, a lot of laughs and fun. Do something good for yourself!

Music 'N' Motion 🚯 💮 🚯 RDAPC

Time to get moving! You get a little bit of everything with this class. A fun 50 minutes with all the components of a healthy exercise routine. This class is a great stress-reliever and the perfect way to get some movement into your life. Work at your own pace with feel-good exercises to enhance your health and wellbeing. Come move to the groove; have fun and be fit! Class can be done in a chair or standing.

Rejuvenating Yoga (Gentle) 🚯 💮 🚱 🐼 RCC

This gentle practice encourages participants to explore poses while increasing their balance, flexibility, and strength. We also begin to develop, through the poses and breath-work, an exploration of releasing emotional blockages. Introduce yourself to the joyful practice of Yoga.



BALANCE So you can prevent falls and related injuries.



Energizing Yoga (Progressive) 🚯 💮 🚯 RCC

This class will build on the postures from the more gentle practice. Beginner to more advanced variations will be given. Flow sequences will be a little more challenging to help take your practice to the next level, at the same time, increasing your endurance. A flexible body is a more youthful body!

Earn the Burn Circuit Training 🚯 💮 🚯 RCC

This class has a bit of everything - balance, speed, agility, strength, and stamina. Challenge yourself with a circuit training format where each participant performs a different exercise for one minute, has a brief break, then moves on to the next. A variety of equipment provides a variety of challenges.... are you up for it?

Fit Hits the Fan 🚯 💮 🚯 RCC

This class consists of cardiovascular, balance and strength interval components in five-minute increments. The components alternate - cardio, balance, strength - for the duration of the fifty-minute class. Most of the class is spent standing.

The Benefits of Bone Fitness 🚯 💮 🚯 RDAPC

Come and enjoy an active training program for health and exercise with Bonefit[™]. Nancy is a BoneFit[™] trained exercise professional through Osteoporosis Canada. Great music helps us work through exercises and activities that will improve balance, strength, endurance, and posture. Be brave! Join us for the health of it. All exercises can be modified so all can participate.

Walking Pole Dancing 😯 🚱 RDAPC

It's not what you think! Bring your Urban/Activator Poles to class as we exercise to the beat WITH OUR WALKING POLES for 30 minutes followed by 20 minutes of walking the track instructed, motivated, and encouraged by our Certified Urban Pole Walking Instructor. All you need are your poles and a desire to have a great time! Looking forward to creating a healthy atmosphere and optimizing your pole workouts! Urban Walking Poles can be purchased at the RDAPC front desk if required (Tax free if purchased with session)

Older Adult Centre Drop-In Activities

Monday	Pole Walking	Rockwood Conservation Area	9:30am - 10:30am
Monday	Pickleball \$2 drop-in fee	Rockmosa Community Centre	12:00pm - 1:30pm* 1:30pm - 3:00pm*
Tuesday	Shuffleboard \$2 drop-in fee	Rockmosa Community Centre	12:30pm - 2:30pm
Tuesday 3rd of the month	Photography Club	Older Adult Centre	7:00pm - 9:00pm
Wednesday	Chess	Older Adult Centre	9:00am - 12:00pm
Wednesday	Pole Walking	Rockwood Conservation Area	9:30am - 10:30am
Wednesday	Mah Jongg	Older Adult Centre	12:00pm - 2:00pm
Wednesday	Pickleball \$2 drop-in fee	Rockmosa Community Centre	12:00pm - 1:15pm* 1:15pm - 2:30pm*
Wednesday	Darts	Older Adult Centre	1:00pm - 3:00pm
Thursday	Euchre \$2 drop-in fee	Older Adult Centre	1:00pm - 3:00pm
Thursday	Pickleball \$3 drop-in fee	Rockwood Centennial Public School	6:30pm - 8:30pm
Friday	Lunch Bunch \$5 suggested donation	Older Adult Centre	11:00am - 2:00pm

Monday and Wednesday Pickleball requires Pre-Registration on PerfectMind Times indicated are for indoor play commencing after Thanksgiving Weekend, outdoor times are 1:00pm-3:00 pm.



FALL WORKSHOPS

Please register in advance for all workshops and events. All workshops are subject to cancellation with insufficient registration. If cancelled due to low enrolment you will receive a full refund. Early registration is recommended to avoid cancellation.

Visit www.get.on.ca /fitness to create an account and register for programs.

For a full list of our workshops visit our website www.get.on.ca or sign up for our monthly newsletter by email programming@get.on.ca, calling 519-856-9596 ext. 139, or by dropping into the Older Adult Centre during our opening hours.

Mobile CRA Services with Jenny Dang

INFORMATION SESSION Monday, September 11 • 10:00am-11:00am Rockmosa Older Adult Centre

CLINICS

Tuesday, September 26 Tuesday, October 10 Tuesday, November 21 Tuesday, December 19 30 minute appointments • 9:00am-12:00pm FREE

Join Jenny Dang, Citizen Services Specialist with the Canadian Revenue Agency (CRA) as she discusses the new monthly clinic being offered at the Older Adult Centre. Jenny can help you with Employment Insurance, Social Insurance Numbers, Canadian Pension Plan, Old Age Security, Passport services, and many other government related topics. Book your 30 minute appointment with Jenny this fall.

CPR Workshop with Fire Chief Jim Petrik Thursday, October 12 • 10:00am-11:30am Rockmosa Older Adult Centre FREE

Join Fire Chief Jim Petric for an informative workshop about CPR for all ages. An excellent opportunity to refresh your knowledge about how to help someone in medical distress. Please note, this is not a CPR Certification.

COMPASS Community Services with Colten Ura

Thursday, November 16 • 10:00am-11:00am Rockmosa Older Adult Centre FREE

Learn about the services offered by COMPASS Community Services, including their free programs. **Seniors Offering Support (SOS)** is a senior based volunteer service where senior volunteers contact clients for the purpose of a social call. **TeleConnect** is a service in which local community members can register to receive up to 3 telephone calls per day for an average of 10 minutes per call. The calls focus on social conversations, medication reminders, wellness checks, and assistance with system navigation.

Stories from the Wellington County Poor House

November 20 • 10:00am-11:00am Rockmosa Older Adult Centre \$10 + HST Member, \$15+ HST Non-Member

Please join retired Curator (Wellington County Museum and Archives 1994-2017) and author of *"If These Wall Could Speak"* Susan Dunlop for a slide presentation on the history of the County Poor House, 1877-1947. She will share in particular early stories of struggle and survival at the House by the men, women and children admitted from Guelph and Eramosa townships. Breakfast pastries, fruit, coffee, tea and juice included.

OAC WORKSHOPS

SPECIAL SERIES

Coffee and Conversation

Monday, September 18 - Librarian Monday, October 2 - Fire Safety Monday, November 13 - GET Heritage Committee Monday, December 11 - OPP Rockmosa Older Adult Centre 10:30am-11:30am FREF

Join us for coffee and conversation with local professionals to learn about their important roles in our community. This fall, connect with a librarian, the GET Historical Committee, a fire prevention officer and an Ontario Provincial Police Officer.

Fit Minds with Chartwell

Fridays • October 13 – November 3 2:00pm-3:00pm Rockmosa Older Adult Centre FREE Register by emailing aoreilly@chartwell.com

Fit Minds[®], and is a weekly opportunity for participants to engage in stimulating social activities that improve their brain health. By participating in games and activities, seniors can boost their mental processes while still having fun.



GET active

SPECIAL EVENTS

Apple Cider Social & Pumpkin Painting Thursday, October 26 • 10:00AM-12:00PM

Rockmosa Older Adult Centre FREE

Join us for a hot cup of apple cider, apple cider donuts, and a morning of pumpkin painting.

Senior Christmas Lunch

Thursday, December 7 • 12:00pm-2:00pm Rockmosa Community Cenrte \$20 +HST Member, \$25 +HST Non-Member

Join us for lunch and entertainment to celebrate the holiday season. A special thank you to Chartwell Retirement Residences for sponsoring the entertainment!

Carols & Cookies

Thursday, December 14 • 10:00am-11:30am Rockmosa Older Adult Centre FREE

Sing along to some of your favourite songs of the season and decorate some delicious cookies!

COOKING CLASSES

Halloween Cooking Class with Emily Richards Tuesday, October 31 • 12:00pm-1:00pm Rockmosa Older Adult Centre \$33 + HST Member, \$38 + HST Non-Member

Let's get spooky and celebrate with some Halloween themed dishes! Halloween is Emily's favourite time of year to share some ghoulish food. Join her as she makes a Mummy Brie, Spooky Turkey Eyeballs, and Spider Web Chocolate Pudding.

OAC WORKSHOPS

GET active

Holiday Cooking Class with Emily Richards Tuesday, December 5 • 12:00pm-1:00pm Rockmosa Older Adult Centre \$33 + HST Member, \$38 + HST Non-Member

Looking for some different options for Holiday Side dishes and dessert? Emily loves sharing holiday recipes and will share some new twists for you to incorporate into your holiday menu. This includes Orzo with Sun-dried Tomatoes and Ricotta, Roasted Brussel Sprouts and Parsnips and Ginger Pavlova Torte with Raspberry Sauce.

ART AND MUSIC WORKSHOPS

Foundations of Acrylic Painting with Grazyna

Tuesdays • September 26 - October 24 1:00pm-3:00pm October 31 • 2:00pm-4:00pm \$70 + HST Member, \$75 + HST Non-Member

Discover acrylic painting – a course for beginners and the more advanced. The class covers the study of brushes and other tools and materials, properties of acrylic paint and principles at their application, mixing colours and selected techniques such as blending, Alla Prima, impasto and glazing. Each week you will explore different learning task or approach: monochromatic underpainting, painting still life with flowers or fruit, landscapes with emphasis on skies, landscapes with emphasis on waters, and subjects of your own choosing. Supply list can be found online at www.get.on.ca.

Rockmosa Strummers with Carolyn McLeod-McCarthy

Thursdays • September 28th - November 30th 7:00-8:30PM Rockmosa Older Adult Centre \$100 + HST Member, \$105 + HST Non-Member

Led by instructor Carolyn McLeod-McCarthy, this program includes a lender ukulele and song sheets. Focus will be on the anatomy of the uke, finger positioning, and strumming. From there you will learn songs with the same chords and strumming patterns. Musical experience is NOT necessary to participate in the fun group, and all levels are welcome in this class that will show beginner to intermediate skills. Open to 18+!

Watercolours & More with Vita Keeling

Mondays • October 16 - November 20 1:00pm-3:30pm Rockmosa Older Adult \$75 + HST Member, \$79.98 + HST Non-Member

Discover the beauty of Watercolour Painting. Whether you are an absolute beginner or have already painted come and explore this beautiful medium. In a relaxed atmosphere and through step-by-step instruction, learn about different painting techniques, and explore possible media combinations with watercolour. Supply list can be found online at www.get.on.ca.

Paint a Pet in Watercolour with Vita Keeling Tuesday, November 7 10:00am-2:00pm

Rockmosa Older Adult Centre \$30 +HST Member, \$35 +HST Non-Member

We have a deep connection with our pets. Come and paint a portrait of your family pet with Vita Keeling. With step by step instruction you will create in watercolour a painting of your loved pet!

OAC WORKSHOPS

Community Drumming with Mary

Tuesdays • November 14 - December 19 1:30pm-2:30pm Rockmosa Older Adult Centre FREE

Join Mary and enjoy group Djembe drumming. Learn the basic skills of drumming on a Djembe and explore how group music making can build community. Djembes are available to loan for free for the program.



GET active

WORKSHOPS WITH HOSPICE WELLINGTON

For all programs in partnership with Hospice Wellington, please register by: Phone: 519-836-3921 ext 228 Email: info@hospicewellington.org

Caregiver Coffee Conversations

Tuesdays September 19 • October 3, 17, 31, November 14, 28 • December 12 9:30-11:30AM Rockmosa Older Adult Centre FREE

Music Therapy - Songs of our Lives -Weaving the Tapestry

Last Monday of the Month September 25, October 30, November 27, December 18 10:00-11:30AM Rockmosa Older Adult Centre FREE

Encaustic Card Making

Thursdays October 5, 19 • November 9, 23 9:30-11:30AM Rockmosa Older Adult Centre FREE

Lunch and Learn

"I Don't Know What to Say" Tuesday, October 24 • 10:30AM-12:30PM Rockmosa Older Adult Centre FREE

Holiday Survival Skills for Caregivers and the Bereaved

Tuesday, November 28 • 10:00am-11:30am Rockmosa Older Adult Centre FREE

GET exploring

HERITAGE

Remembering the Fallen

In November 2014, Heritage Guelph/Eramosa released its first publication, *Remembering the Fallen: A tribute to the soldiers on the Rockwood Cenotaph*. This publication features stories and images of the 24 fallen soldiers who lost their lives in World War I and II and whose names appear on the Rockwood Cenotaph. Read about the soldiers' lives in Guelph/Eramosa before the war. By 2021, Heritage Guelph/Eramosa had received several content updates from the community and family members of the fallen and decided it was time to update the content with those corrections, and so the 3rd edition of *Remembering the Fallen* was created.

See the 3rd edition of the flipbook at Remembering the Fallen www.get.on.ca/remembering-the-fallen GET or obtain a copy of the original Remembering the Fallen free-of-charge at the Township's Municipal Office.

Then and Now

Guelph's First Airport

In 1946, Raeburn (Rae) Reid purchased the farm buildings and approximately 50 acres of land on Lots 1 and 2, Concession 3, Division D in former Guelph Township from Angus McPherson. This is the current location of the Halwell Mutual Insurance building and the Guelph Curling Club. In 1948, Rae Reid received a license for and built Guelph's first airport with the name CAVU (Ceiling and Visibility Unlimited). There were two grassed airstrips. A windsock as hung on top of the windmill was present as well. In the old farm barn,

which was used as a hangar and to house Link Trainers (a type of training machine), there was also a club room.

Rae Reid

Rae Reid was a pilot with the Royal Canadian Air Force during World War II. He was a test pilot and an instructor at Trenton. At the Guelph airport, he taught

flying for new and experienced members. For a time in 1948-1949, he bundle-dropped the Kitchener-Waterloo Record from an aeroplane at tree-top level in the Harriston, Hanover, Southampton, and Port Elgin area.

The Fate of the Airport

The license at this location lapsed in the early 1950s and a new Guelph Air Park was built just east of the City of Guelph on Highway #7. You can see the same location taken several years later, where this area now houses several businesses and retailers. For more information, be sure to check out www.mcm.on.ca (West End Women's Institute Tweedsmuir History Volume 1).











FESTIVALS & EVENTS GET exploring



Photo credit: Shari Lovell Photography

Eden Mills Writers' Festival September 8-10th, 2023

This nationally-acclaimed and widely-respected literary event takes place on the banks of the Eramosa River in the village of Eden Mills. Audiences of several thousand "come for the words" each year to enjoy readings and to visit Publishers' Way where publishers, booksellers, magazine producers and non-profit groups come to showcase their wares.

www.edenmillswritersfestival.ca

Strom's Harvest Fun Area

September 21 to October 30, 2023

Enjoy lots of fall family fun at Strom's Farm, located at 5089 Wellington Road 32 in Guelph/Eramosa. The Harvest Fun Area includes corn maze, straw maze, wagon rides, puppet show and pumpkin chuckin'!

Strom's Moonlight Corn Maze

Experience the thrill of Strom's Corn Maze at Night! Bring your flashlight and enjoy a fun, fall night under the stars! Strom's Farm is located at 5089 Wellington Road 32 in Guelph/Eramosa.

Taste Real Fall Rural Romp

September 30, 2023

Celebrate the Fall Harvest by touring over a dozen Wellington County farms and markets on this self-guided tour. Enjoy the hearty eating of real food, the fall harvest and fresh-from-the-farm taste real delights that can be stored and enjoyed all winter long.

www.tastereal.ca

We Shall Remember

Every year Guelph/Eramosa acknowledges the courage and sacrifice of those who served their country during times of war, military conflict and peace.

November 11, 2023

On Saturday November 11th, 2023 in partnership with the Royal Canadian Legion Branch 234 Guelph and Branch 197 Acton, 121 Red Arrow RCAC Squadron and 1882 Wellington Rifles ACC, the Township will hold a Remembrance Day Service at the Rockwood Cenotaph, located at the corner of Guelph Street and Highway 7, Rockwood.



Gibson Music Lessons A Unique Approach to Music Lessons Gayle and John Gibson Vocals, Guitar, Ukulele, Piano, Drums,

16 Sherwood Dr, Guelph, ON, N1E1R6 519-821-0063 / 519-993-0241 cell

gandj.gibson@sympatico.ca

www.musiclessonsguelph.com / www.singingteacherguelph.com



GET exploring FESTIVALS & EVENTS

Rockwood Farmers Parade of Lights December 7, 2023 at 7:00pm

Bundle up and enjoy a special night with family and friends in downtown Rockwood! This unique evening Christmas parade is brought to you by the farmers of Rockwood community. Each year farmers decorate their farm equipment and machinery with hundreds of beautiful lights. This unique holiday spectacle is a sight to behold for kids of all ages!

www.rockwoodfarmersparade.org



Ahoy!! – The Ontario Pirate Festival

August 3rd – 5th, 2024 Marden Park, Guelph Come visit the pirate village of Dry Bluffs - a glorious day out for the whole family. There's food and ale; merchants and crafters, and more entertainment than you can possibly imagine.



Hillside



Hillside 2024 July 19-21 Early Bird Weekend Tickets are on sale!

The Hillside Summer Festival and Hillside Inside are three-day, multi-stage events with a broad artistic vision that emphasizes diversity; of culture, of musical heritage and style, of age, geography and influence.



Marathons

June 15/16 and August 31, 2024* For over 20 years the triathlon races at Guelph Lake Conservation Area have been a popular stop on the triathlon circuit. With a variety of distances and categories available, there is a race for beginners, experts and everyone in between. Thousands of people with different stories, goals and abilities from across Ontario compete in this fun, family friendly event annually. We would like to thank the residents of the Township of Guelph/ Eramosa for their continued support!

*Subject to change

COMMUNITY

GET exploring

GET Community Contacts

Sports

Art/Culture/Club

Dance Classes	. tammyeckerman@icloud.com
Scouts/Beavers/Cubs	www.scouts.ca
Girl Guide/Brownies	www.girlguides.ca
Rockwood Karate	519-826-6111
Order of the bear	www.orderofthebear.ca
Rockwood Lions Club	519-856-4566

Camps

Camp Brebeufcampbrebeuf.ca
GRCA – Adventure day Camps grca@grandriver.ca
Rockwood Summer Camp
rockwoodsummercamp@gmail.com
Rockwood FCwww.rockwoodfc.com
Sunshine Day Camp
sunshinedaycampguelph@gmail.com

Community Shared Garden:

Community Projects

Outdoor Rinks

a/living-here/outdoor_rink.aspx
209 Balaclava Street, Rockwood
bar and Ridge Road, Rockwood
7368 Wellington Road 30
Fountain Street, Rockwood
19 Memorial Street, Eden Mills
Landrex Boulevard, Rockwood

Community Recourses

Schools/childcare/Child Resources

Eramosa Public School	.519-856-9529
Harris Mill – English/French Immersion	
	.519-856-0306
Sacred Heart Catholic Elementary JK -	- Gr. 8
	.519-856-1157
Rockwood Centennial JK- Gr. 8	
	.519-856-9556
Rockwood Nursery School	.519-856-4486
Rockwood Early ON Child & Family Ce	entre
	.519-843-7000
Eramosa Learning Academy	.519-829-5124

If you would like to have your organization featured in next year's guide, or if your contact information has changed, please email or call clerks@get.on.ca or Deanna Pellizzer 519-856-9596 ext 140.

LEARN TO SKATE WITH GUELPH RINGETTE

DEVELOP ICE SKATING STABILITY, STRENGTH & CONFIDENCE!

FREE EVENT - COME TRY RINGETTE Wednesday, September 13 @ 6:00pm University of Guelph Arena - Red Saturday, September 16 @ 10:15am West End Community Centre Wednesday, September 20 @ 6:00pm University of Guelph Arena - Red Saturday, September 23 @ 10:15am West End Community Centre

Skating is F-U-N!

Learn to skate program benefits:

- Safety first
- Suitable for children as young as 4
- Inclusive, diverse supportive community
- Affordable, hands-on instruction
- Skating confidence and skill progression guaranteed!

Visit our website for more information! www.guelphringette.ca

FROM THIS

Wellington County's Rural Transit Service

Operating Monday to Friday, 6:00 am to 7:00 pm, book a ride to or from any address in Wellington County and Guelph.

Visit **www.ridewell.ca/book**, get the app, or call 1.833.900.RIDE (7433) to register.



TO THIS

Scan to

learn more!



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^{om}Official Mark of The Corporation of the County of Wellington.

www.ridewell.ca



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Did you know we have...

YEAR-ROUND PROGRAMMING



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GRYPHON

- ✓ PD Day Camps
- ✓ Winter & March Break Camps
- Summer Camps
- Learn to Skate & Learn to Wrestle

WELCOME TO

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- ✓ Dance & Rock Climbing Classes
- ✓ Birthday Parties

REGISTRATION DATES

CHECK US OUT!

FALL: Monday, Aug. 21, 2023 @ 6:30AM WINTER: Monday, Nov. 27, 2023 @ 6:30AM Summer Camp Registration opens Feb 2024

...AND MORE!