Guelph/Eramosa Township

2026-2027 edition

Community guide







GET informed • GET active • GET exploring

The Municipal Election is Monday, October 26th. GET Votes by Mail! More information on page 14.



COMPETITIVE AND GRASSROOTS 2026/2027

Registration opens August 1, 2026
FREE TO REGISTER

GRASSROOTS ASSESSMENTS
Aug 24-27 • Sept 12

COMPETITIVE (U14+) TRYOUTS
Sept 14-15 • Sept 21-22

Each team trains year round with Tech. Director (td@rockwoodfc.com)

ROCKWOOD FC

All inclusive pricing, absolutely no surprises.

Scan the QR Code for more information

COMMUNITY VOTES GUELPH 2026 WINNERS

COMMUNITY VOTES GUELPH 2025 WINNERS

RECREATIONAL HOUSE LEAGUE AND TRAVEL TEAMS

Registration for Summer 2027 opens November 1, 2026

House League
U2-U9

Travel Teams - Boys and Girls
U11-U18

Professional LTPD Coach trains
U2-U13





- **Winter Programs:** Indoor player development, email ltpd@rockwoodfc.com
- **Summer Camp 2027:** Register early for your spot! Opens January 15, 2027
- **More to Explore:** Additional programs offered by the RFC Technical Director

For more information and to register, visit:
www.rockwoodfc.com
or contact:
admin@rockwoodfc.com

For the players. For the club. For the game.

FORGE FC PARTNER CLUB

PROUD PARTNER OF FORGE FC
4-TIME CPL CHAMPIONS



CAO Message 2026–2027 Community Guide



A Message from the Chief Administrative Officer

Greetings residents, businesses, and visitors of the Township of Guelph/Eramosa,

It is my pleasure to welcome you to the 2026–2027 edition of the Township of Guelph/Eramosa Community Guide. This publication highlights the people, programs, facilities, and events that help make our Township such a vibrant and connected place to live, work, and play.

Over the past year, our community has continued to grow and evolve while maintaining the small-town character and strong sense of belonging that residents value. Across the Township, we have seen **ongoing investment in infrastructure, parks, recreation, and community services** that support both current residents and future generations.

One exciting addition is the continued **enhancement of our recreational amenities**, including the new pickleball courts at Marden Park and Rockmosa Park. As one of Canada's fastest-growing sports, pickleball brings together residents of all ages and abilities, creating opportunities **for active living, social connection, and healthy lifestyles**. These new facilities are already becoming popular gathering spaces within our community.

Community spirit was on full display this summer during our annual **Party in the Park** celebration. The event brought together families, neighbours, local organizations, and businesses for an evening of entertainment, activities, and community pride. The success of this event reflects the **tremendous volunteerism and civic engagement** that continue to make Guelph/Eramosa a welcoming and inclusive Township.

Looking ahead, an important milestone for our municipality will be the **2026 Municipal Election this October**. Municipal government plays a vital role in delivering the services and programs that residents rely on every day, and I encourage everyone to take the opportunity to learn about the candidates, stay informed, and participate in the democratic process by casting their vote.

As we move into the fall season, we also look forward to coming together for our annual **Remembrance Day Ceremony**. This meaningful event provides an opportunity to honour and reflect upon the sacrifices made by those who served our country and to recognize the importance of remembrance within our community.

The Township continues to experience thoughtful growth and development, bringing new opportunities for residents, businesses, and community organizations. Township Council and staff remain **committed to planning responsibly, investing strategically, and delivering services** that help maintain the high quality of life our residents enjoy.

On behalf of Township Council and staff, thank you for your continued support, engagement, and commitment to our community. Whether you are a long-time resident, a newcomer, or a visitor exploring all that Guelph/Eramosa has to offer, I encourage you to take advantage of the many programs, events, parks, trails, and recreational opportunities highlighted in this guide.

I wish you and your family a healthy, active, and enjoyable year ahead.

Ian Roger, P.Eng.
CAO



In Guelph/Eramosa it is the County of Wellington Solid Waste Services (SWS) that is responsible for curbside collection of garbage and green bin organics, as well as waste facility operations.

Curbside Collection

- Curbside collection is every **Friday**.
- Set out materials by **7:00 am**.
- User pay **garbage** bags are collected every other week. Bags can be placed in garbage cans. Visit **wellington.ca/CollectionSchedule** for schedule information.
- **Green bin organics** are collected every week. See **wellington.ca/greenbin** for acceptable materials.
- Residential leaf and yard waste collection in urban areas, and free dropoff at **County** waste facilities, runs from April through November.
- Residential recycling is collected every other week by Circular Materials. See **www.circularmaterials.ca/guelph-eramosa**
- Business recycling carts in Rockwood are collected every Thursday. Set out by **6:00 a.m.**

Waste Facilities

The County operates six waste facilities. Visit our website for site-specific information, directions, and hours. The three closest facilities to Guelph/Eramosa are:

Aberfoyle Waste Facility
6922 Concession 4
Township of Puslinch

Belwood Waste Facility
8585 Wellington Road 19
Township of Centre Wellington

Elora Waste Facility
6549 Gerrie Road
Township of Centre Wellington

Diversion Opportunities

SWS promotes diversion to conserve and protect our County resources.

- Textiles
- Mattresses
- Electronics
- Asphalt shingles and drywall
- Metals

SWS collects many materials that are diverted and recycled.



Visit **wellington.ca/HHW** to learn more about our mobile and permanent Household Hazardous Waste depots.



Visit **Reuse Centres** at Aberfoyle or Belwood. Take items home **free**.

Recycle Coach

For collection schedules, look up tool, and more, download the **Recycle Coach waste app**

For more information, visit:
www.wellington.ca/sws or call 519.837.2601

Alternate formats available upon request.
OM Official Mark of The Corporation of the County of Wellington

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New Gateway Signs Coming to Rockwood

The Township of Guelph/Eramosa is excited to announce the installation of four new gateway signs welcoming residents and visitors to Rockwood. Following a community vote on several design options, residents selected a sign that reflects Rockwood's unique character and strong connection to its natural surroundings.

Installation is scheduled for **September 2026**, with signs being placed at key entrances to the community, including **Highway 7 (east and west entrances), Wellington Road 27 and Wellington Road 50 (Harris Street)**.

In addition to serving as welcoming landmarks, the signs feature **removable message boards** that will be used to share important community news, upcoming events, and other information of interest to residents and visitors.

These new gateway signs will provide a fresh, modern look for Rockwood while celebrating the natural beauty and community spirit that make the village such a special place.

Guelph/Eramosa Township Department Directory

Township of Guelph/Eramosa
8348 Wellington Rd. 124
P.O. Box 700
Rockwood, Ontario
N0B 2K0

Tel: 519-856-9596
Toll Free: 1-800-267-1465
Fax: 519-856-2240
www.get.on.ca
General Inquiries:
general@get.on.ca

Office Hours:
Monday to Friday from 8:30 a.m. - 4:00 p.m.

Urgent After Hours Service:
519-856-9596 ext. 150

ADMINISTRATION SERVICES

Chief Administrative Officer ..... ext. 105
Accessibility ..... ext. 108
Birth and Death Registration ..... ext. 101
Communications/Website ..... ext. 125
Council Meetings ..... ext. 107
Human Resources ..... ext. 108
Municipal Election ..... ext. 125
Civil Marriage Services ..... ext. 101

ENFORCEMENT AND LICENSING

By-law Enforcement ..... ext. 121
Property Standards ..... ext. 121
Dog Licensing ..... ext. 101
Lottery Licensing ..... ext. 107
Marriage Licences ..... ext. 101
Parking ..... ext. 121
O.P.P. non-emergency contact 1-888-310-1122
Guelph Humane Society 519-824-3091

PLANNING SERVICES

Planning and Zoning ..... ext. 112
Minor Variances ..... ext. 112
Letters of Compliance ..... ext. 112

FINANCE

Property Tax Information ..... ext. 102 or 103
Accounts Receivable/Payable ..... ext. 104
Budgets and Finance Information ..... ext. 111
Water Billing and Meter Reading ..... ext. 126

PUBLIC WORKS

Snow Plowing ..... ext. 120
Sewer and Water ..... ext. 122
Street Lights ..... ext. 120
Toilet Rebates ..... ext. 122
Roads & Ditches ..... ext. 120
Boulevard Trees ..... ext. 120
Sidewalks ..... ext. 120
Signs ..... ext. 120

PARKS AND RECREATION

Parks Inquiries ..... ext. 113
Community Centres Bookings ..... ext. 117
Royal Distributing Athletic Performance Centre (RDAPC) ..... ext. 201
Active 55+ Programs ..... ext. 139
Rockwood Cemetery ..... ext. 117

BUILDING SERVICES

Building Inquiries ..... ext. 114
Building Permits and Inspections ..... ext. 114
Septic Inspections ..... ext. 114

FIRE AND PROTECTION SERVICES

Emergencies 9-1-1
Fire Chief 519-546-7546
Rockwood Fire Station 519-856-9637
Open Air Burn Permit Inquiries ..... ext. 101

REGIONAL SERVICES

County of Wellington 519-837-2600
County of Wellington Solid Waste Services (Garbage) 519-837-2601
..... 1-866-899-0248
Can Residential (Recycle) 1-800-561-1655
County of Wellington Social Services 519-837-2600
Grand River Conservation Authority (GRCA) 519-621-2761
Wellington Dufferin Guelph Public Health 1-800-265-7293
Hydro One – Power Outages 1-800-434-1235
Alectra – Power Outages In Rockwood Only 519-822-3014
Ontario One Call (Call Before You Dig) 1-800-400-2255

Marriage Licences & Civil Ceremonies

Wedding planning doesn't have to be stressful. The Township is here to make the process quick and stress free, so you can skip straight to enjoying the bliss of your big day.



Marriage Licences -Saying "I DO" Starts Here!

Are you planning your big day? The Township of Guelph/Eramosa is here to help you check-off one important item from your to-do list: your marriage licence!

In the Province of Ontario, getting married requires that a couple first apply for a marriage licence. The Township is proud to be an authorized marriage licence provider, in partnership with Service Ontario. Applications for a marriage licence can be submitted either online or in-person with an appointment.

To apply online, visit: https://www.ontario.ca/page/getting-married#/overview

To learn more, contact: clerks@get.on.ca or call 519-856-9596

Please visit https://www.get.on.ca/living-here/licenses-permits for further information on weddings and marriage licences with the Township of Guelph/Eramosa.

Marriage Ceremonies -Tie the Knot Right Here

The Township's support for your big day doesn't stop at the marriage licence. Our staff can help you find the perfect place for your wedding at one of our numerous venues, or serve as officiants to guide you through your ceremony.

Whether you are planning an intimate celebration or a simple ceremony with your loved ones, our experienced officiants are here to help you make your special day one to remember. Our ceremonies are non-denominational and personalized to reflect you. Couples interested in saying "I DO" with us can choose from a selection of ceremony programs carefully curated to ensure your big day feels meaningful and unique. Our officiants are also available to attend off-site wedding locations anywhere in Ontario!

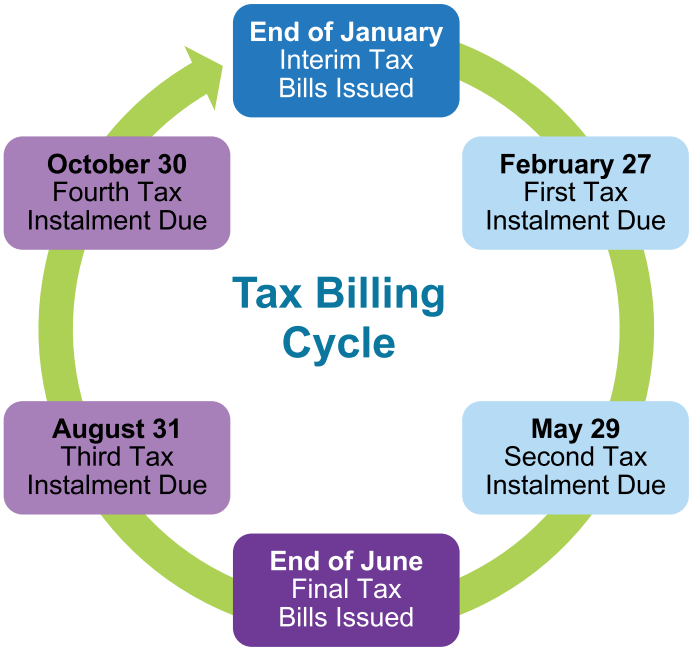
If you are interested in booking a Township venue for your wedding, or having one of our officiants join you off-site, please contact clerks@get.on.ca or call (519) 856-9596.



Property Taxes

When are Tax Bills Issued?

The Township issues two tax bills per year, each with two instalments. The timing of those bills for 2026 and their due dates are illustrated below.



Property Taxes Made Simple

The Township offers billing and payment methods to make paying your property taxes more convenient.

Visit www.get.on.ca to:

- Enroll in **e-Billing**
- Enroll in a **Pre-Authorized Payment Plan** or see a full list of payment options
- Update your **mailing address**

Are you travelling or do you have a temporary change of residence? The actions listed above are perfect solutions to make sure you receive and pay your tax bill on time while you are away.

Contact Us

For further information, contact the Tax Department at taxes@get.on.ca or 519-856-9596 ext. 102 or 103.

Why is Paying Your Property Taxes On Time Important?

From the municipality's perspective, unpaid property taxes are more than just a missed payment. Property taxes fund essential local services that support the community and keep it functioning.

The Township collects property taxes on behalf of the County of Wellington to support their services and the Province of Ontario to support school board funding. These amounts must be remitted in the same year the taxes are billed, regardless of whether they have been collected from property owners.

Of every dollar billed, the Township retains only 25 cents to fund local services. When property taxes are not paid on time, it creates a direct impact on the Township's cash flow. The Township must still forward the required payments to the County and school boards within the tax year, which can place financial pressure on municipal operations and available funds for day to day services.

What Happens If You Do Not Pay Your Property Taxes?

In Ontario, you can generally go **two years** without paying property taxes before a municipality can begin the tax sale process, according to the Municipal Act. If your taxes are overdue by a minimum of two years by January 1 of the current tax year the municipality can register a Tax Arrears Certificate (TAC) against your property. Typically, the Township of Guelph/Eramosa will seek other collection activities for three years before registering a TAC.

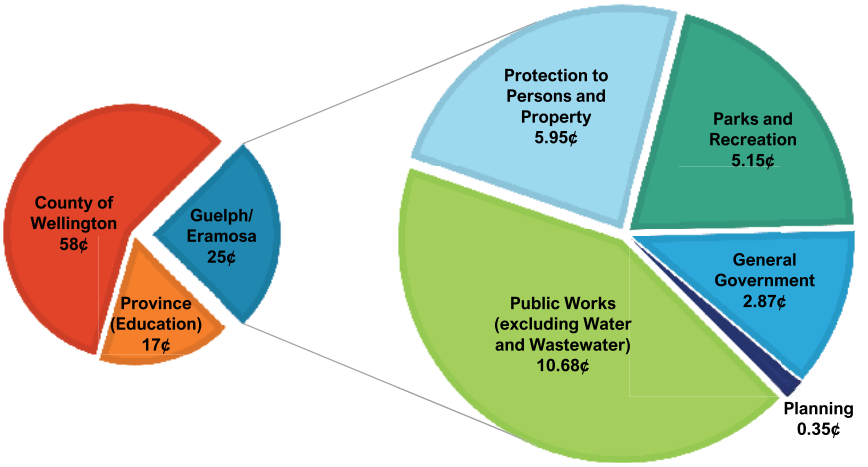
Once a TAC is registered, you have one year to pay the cancellation price to have the lien removed. This includes all unpaid taxes, penalties, interest, charges, fees, and future instalments on the account.

If you do not pay the overdue amounts within the year the TAC is registered against your property or enter into an extension agreement, the Township can put the property up for sale by public tender.

If your account is in arrears, please call 519-856-9596 ext. 103 to discuss options.

Your Tax Dollars at Work

Tax revenue helps provide many essential and important services. For every property tax dollar paid by Guelph/Eramosa residents:



58¢ supports the services provided by the County of Wellington.

17¢ supports Education and our local school boards. The Province of Ontario sets the education rate.

25¢ supports the services provided by the Township of Guelph/Eramosa, including:

10.68¢ for Public Works to provide transportation services like Township roadways and bridge maintenance as well as infrastructure renewal. This allotment does not include Water and Wastewater services which are funded through user fees.

5.95¢ for Protection to Persons and Property to provide fire and emergency services, by-law enforcement, property standards, and canine control.

5.15¢ for Parks and Recreation to support local park space, trails, sports fields, outdoor ice rinks, play structures, splash pad, and community facilities.

2.87¢ for General Government and Administration to support Council and administrative services.

0.35¢ for Planning Services and to support economic development and the Heritage Committee.



Need help paying for Child Care?

The Child Care Fee Subsidy can help make child care more affordable by helping cover the cost of:

- Licensed child care
- Before and after school care
- Some camps and PA Day programmes

For children from birth to 12 years of age.

For more information about eligibility or to apply: **www.wellington.ca/ceyfeesubsidy**
1.800.265.7294 x 3090

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Alternate formats available upon request.

ROYAL LEPAGE ROYAL CITY REALTY BROKERAGE

A Trusted Realtor in Guelph-Eramosa for over 10 Years!

Andrew Vince.ca | The Right REALTOR®

Rooted in Community, Focused on You!

Your Journey starts here!



Andrew Vince, Realtor
118 Main St. S, Rockwood
519-856-9922

The GET Planning Department

The Township's Planning services are delivered through a combination of in-house staff with support from the County of Wellington. Our Planning Technician, serves as the primary point of contact for residents, applicants, and general planning inquiries. In addition, the Township works closely with the County of Wellington's Planning Department, which provides technical review and professional planning advice on applications.

GET Planning Act Applications

The Township is responsible for processing a range of Planning Act applications, including Zoning By-law Amendments, Minor Variances, Permissions, Legal Non-Conforming Uses, and Site Plan Control.

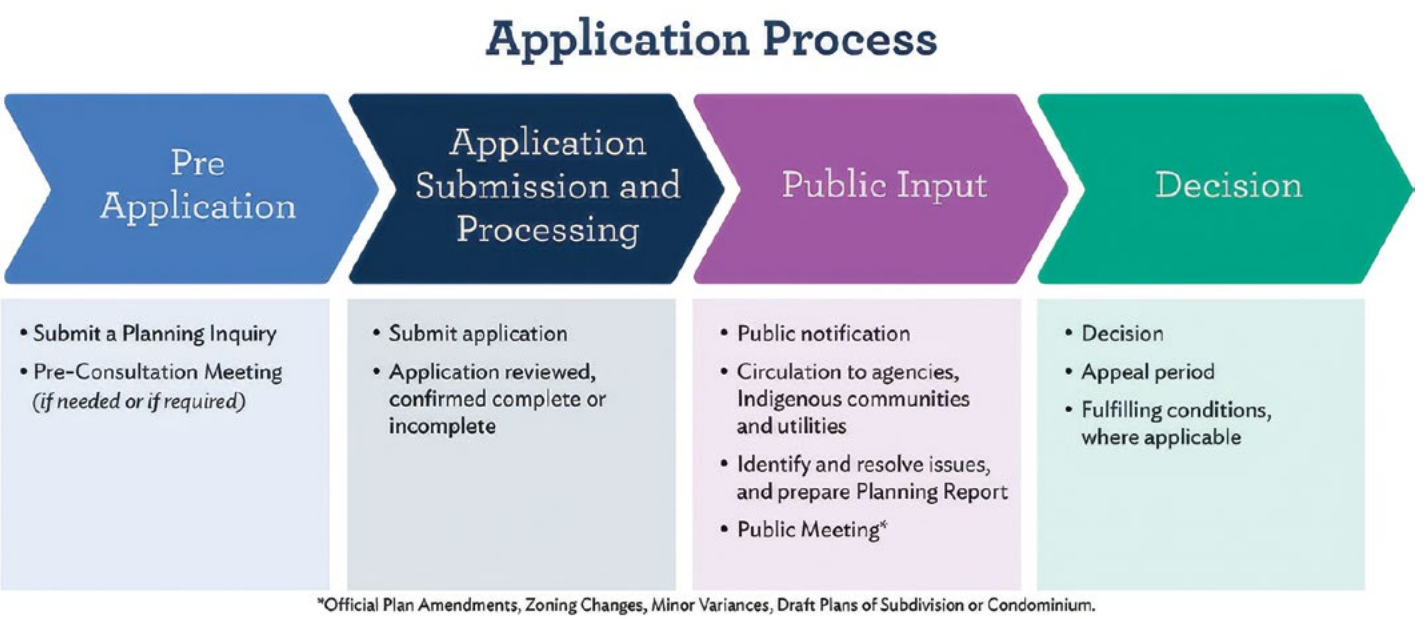
Zoning By-law Amendment: All development within the Township must comply with the Township's Zoning By-law. Where a proposed use or development is not permitted, an applicant may seek a Zoning By-law Amendment to request a change of use on the subject property. Zoning By-law Amendment Applications are part of a public process that goes before the Council for the Township of Guelph/Eramosa for a decision.

Minor Variance: A Minor Variance Application is a formal request to allow minor relief from specific provisions of the Zoning By-law. This allows for slight flexibility where the provisions of a Zoning By-law cannot be met so that a building permit may be obtained. Minor Variance Applications are heard and considered by the Committee of Adjustment during a scheduled Public Hearing.

Permissions: A Permissions Application is a formal request made to a municipality's Committee of Adjustment to allow the expansion or extension of a legal non-conforming use. Rather than requiring the use to cease, the Planning Act, permits property owners to apply for Permissions to enlarge or modify the existing use, provided the changes are reasonable and appropriate.

Legal Non-Conforming: A Legal Non-Conforming Right is the right to continue a specific land use that is no longer permitted under the current zoning by-law. To qualify as a Legal Non-Conforming Use, the use of land, building or structure must have been established legally at a time when it was permitted under a previous zoning by-law or predate the existence of a zoning by-law, or must have been in continuous use since it was established.

Site Plan Control: In accordance with Section 41 of the Planning Act, the Township has implemented By-law 61/2010 to designate certain lands within the Township as Site Plan Control areas. All proposed development on lands within the designated Site Plan Control areas are subject to site plan review and approval prior to construction.



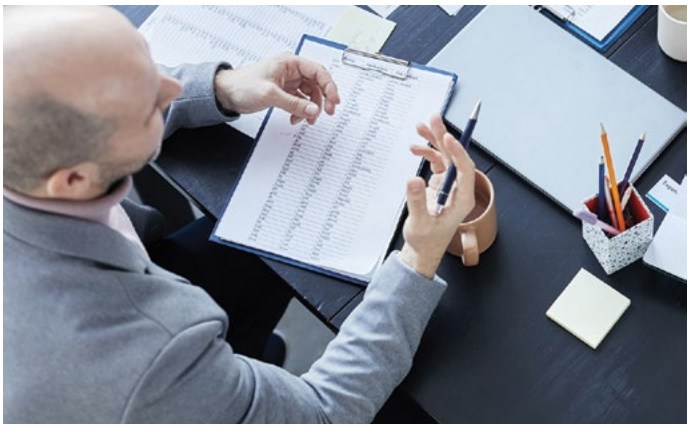
(Credit: Bruce County)

County-Initiated Planning Act Applications

In addition to processing local applications, the Township acts as a commenting agency on County-led Planning Act applications, including Official Plan Amendments, consent (severance) applications, and plans of subdivision or condominium. In this role, the Township provides formal comments and recommendations to ensure that local interests are considered, and consistency with local policies and by-laws. These comments help inform the County's final decisions and any associated conditions of approval.

Pre-Consultation Meetings for Planning Act Applications

Pre-Consultation Meetings are an important part of the planning process and are strongly encouraged,. These meetings provide an opportunity for applicants to meet with staff before submitting a formal planning application to identify required approvals, studies, and submission materials that must be provided as part of the application. Applicants benefit from improved application quality and completeness, reducing review timelines, and minimizing delays or unexpected issues during the formal application process.



Public Participation & Notice

Public participation is an important component of the planning process. Through participation, stakeholders and community members share their local knowledge, concerns, and desires for their community. A key part of public participation involves notifying the public when a decision is being considered or has been made that may affect them. Keep an eye out in the Wellington Advertiser, your mailbox, and the Township's website, www.get.on.ca to find out about Planning Act applications happening in your community!



Planning Ahead with the Rockwood Cemetery

Providing compassionate guidance and lasting places of remembrance.

Making cemetery arrangements is often something people don't consider until they are faced with the loss of a loved one. Planning ahead, however, can provide peace of mind, reduce stress during an emotional time, and ensure your wishes are clearly documented.

The Township of Guelph/Eramosa offers the opportunity to pre-purchase cemetery lots and pre-pay interment services, allowing you to plan ahead, secure today's costs, and help ease the financial and emotional burden on your loved ones in the future.

Whether you are planning for years to come or require assistance following the loss of a family member, the Township is here to provide compassionate guidance and support.

We proudly operate Rockwood Cemetery and are committed to helping residents navigate the planning process with care, dignity, and respect.

What We Offer:

Cremation & Full-Size Burial Lots

- Cremation Lots – Designed specifically for cremation interments and accommodate up to two (2) cremated remains. Flat markers are permitted in this section.
- Full-Size Burial Lots – In addition to traditional burials, full-size lots may accommodate up to three (3) cremated remains. Both flat markers and upright monuments are permitted on full-size lots (subject to cemetery by-laws).

Interment Services

- Burial and cremation interments
- Opening and closing of graves
- Coordination with funeral homes and families
- Saturday interments available by arrangement





Chapel Rental

Our cemetery chapel provides a quiet and intimate setting for funeral services, celebrations of life, memorial gatherings, and visitation.

Planning Ahead

Pre-planning allows you to:

- Make decisions in a calm, thoughtful environment.
- Choose the location and type of lot that best suits your wishes.
- Ease the emotional and financial burden on your family.
- Ensure your preferences are documented in advance.

There is no obligation to purchase immediately. We are happy to answer questions, explain available options, and arrange a tour of our cemetery.

Arranging an Interment

Whether you have pre-planned or require assistance after the loss of a loved one, Township staff will guide you through each step of the process.

We work closely with funeral homes and families to coordinate:

- Lot selection (if needed)
- Required documentation
- Scheduling the interment
- Memorialization options
- Any questions regarding cemetery by-laws or regulations

Our goal is to make the process as straightforward and supportive as possible.

We're Here to Help

Whether you are planning for the future or making arrangements today, our staff are available to answer your questions and provide guidance every step of the way.

Rockwood Cemetery
501 Main St S, Rockwood, ON
Office – 8348 Wellington Rd. 124, Brucedale, ON
519-856-9596 ext. 117
rockwoodcemetery@get.on.ca
"Serving our community with dignity, compassion, and respect."

Community Resource Contact Information

211 Assistance Finding Resources

A free helpline that connects you to services and programs in your area.
www.211ontario.ca

Wellington Dufferin Guelph Public Health

Partners in government, public health and health care.
160 Chancellors Way, Guelph, ON.
1-800-265-7293
www.wdgpublichealth.ca

East Wellington Community Services

Food Bank – Guelph/Eramosa
143 Dennis Street, Rockwood, ON.
519-215-1468

Transportation – For Eligible Adults –
Serving Guelph/Eramosa Township and the Town of Erin. Transportation to appointments, pick up prescriptions, groceries, etc. Wheelchair-accessible van is available. Two business days' notice is required. Hours: 8:30am-4:00pm.
519-856-2113

Outreach Services – Assist with accessing supportive housing, completing and submitting rent geared to income applications, rent bank and rent subsidy programs. System navigation relating to health care, social services, legal/justice, government benefits and more.
Ivy (Housing/Outreach): 226-962-7223

Adult Day Program – Offering social, cognitive and physical stimulation for older adults and those with different forms of dementia. Transportation, programming, meals and snacks provided.
Francesca: 519-833-0087

New to You Thrift Store – Deals on books, name brand clothes, accessories and more!
143 Dennis Street, Rockwood, ON
519-856-2113

Volunteer Opportunities – We have a variety of positions available for individuals wishing to connect and give back to their community.
Elaine: 519-856-2113
www.eastwellingtoncommunityservices.com

East Wellington Family Health Team

Workshops available to patients and community members such as: diabetes and pre-diabetes, anxiety, better sleep, heart health, relaxation, Walk-Fit program, prenatal clinic, frailty clinic, stress management and more.

To register for workshops, please visit www.ewfht.ca or call 519-833-7576 ext. 362

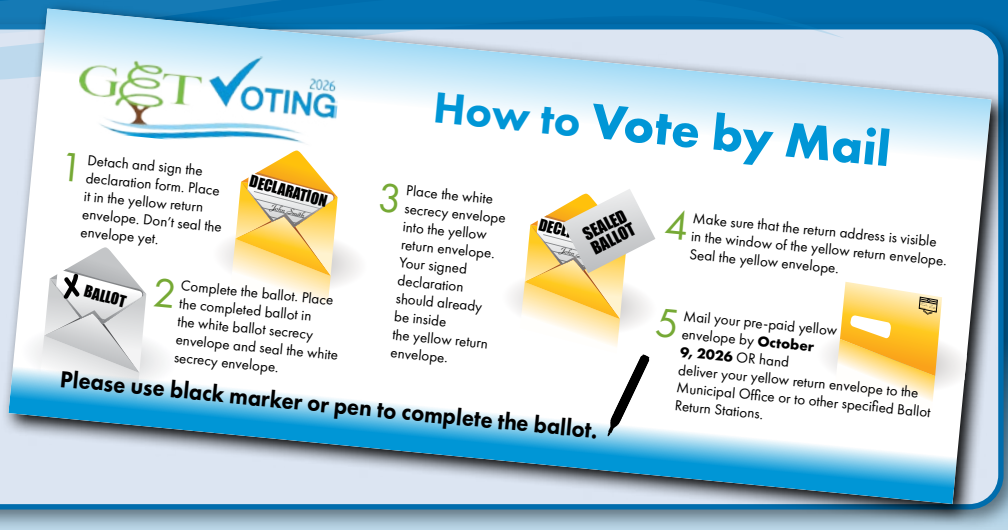


COMMUNITY SUPPORT PROJECTS

ELECTION DAY IS MONDAY, OCTOBER 26, 2026

Vote by Mail!

- ✓ Accessible.
- ✓ Do not have to book time off work.
- ✓ Can still do traditional style of voting at voter kit return stations.



Ward map

- What ward do I belong to?
  More info on website - www.getvoting.ca
- County wards 7 and 8
  (7 has ward 1, 8 has ward 2-4)
- Candidates page

Voter Kit Return Stations:

- **Township Office - 8348 Wellington Road 124, Rockwood**
  - October 9-23, 2026 (M-F) from 8:30am-4:00pm (6:00pm October 23).
  - ELECTION DAY: Monday, October 26, 2026 8:30am-8:00pm.
- **Royal Distributing Athletic Performance Centre - 7384 Wellington Road 30, Guelph**
  - October 19, 2026 9:00am-8:00pm.
- **Rockmosa Older Adult Centre - 121 Rockmosa Drive, Rockwood**
  - October 20 & 22, 2026 from 4:00pm-8:00pm.
  - October 24, 2026 from 10:00am-4:00pm.
- **Marden Community Centre - 7368 Wellington Road 30, Guelph**
  - October 21, 2026 from 4:00pm-8:00pm.
  - October 24, 2026 from 10:00am-4:00pm.
- **MUST BRING ENTIRE VOTER KIT TO RETURN STATIONS – both envelopes, ballot, declaration**
- **Must use black pen or marker**

- **Upcoming election events**
  - Park Pop-up September 16
  - Public Vote By Mail Information Session – September 23 at Township office, 7:00pm. Drinks and snacks provided.
- **Who can vote**
  - Municipality residency (tenants, owners of or spouse of owner)
  - 18+
  - Canadian citizen

- Look out for your Voter Kit in the mail, it will be mailed out September 28, deadline to return vote by mail is October 9, otherwise return at Voter Kit Return Station
- If you do not wish to vote, shred your kit; please help us in prevention of voter fraud

What do I do if I don't receive a voter kit?

- Contact the township staff! We will get one to you or come to our voter kit return stations with valid ID proving name and address

Township Contacts for Elections:

- 519-856-9596 ext 125
- www.getvoting.ca
- election@get.on.ca
- IG: @guelpheramosa
- Facebook: Guelph/Eramosa Township
- Address: 8348 Wellington Road 124, Rockwood ON

Protecting Water Quality in the Winter

WELLINGTON Source Water PROTECTION
wellingtonwater.ca
a partnership of Wellington County municipalities

Road salt helps keep us safe during winter, but it also impacts our drinking water sources. Once salt enters our water, it is very difficult to remove.

Here are actions you can take:

- Clear snow before it packs down and turns to ice.
- If ice forms, break it up with a steel chopper and clear away with a shovel.



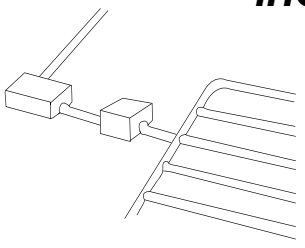
- Consider alternatives, such as sand, brine, or cat litter. Salt loses its effectiveness when temperatures are below -10°C.
- Use salt sparingly. In most cases, a few tablespoons of salt per square metre is all that is needed.
- Store road salt in a secure bin with a tight-fitting lid, and keep in a dry, sheltered location.
- If hiring a snow removal company, choose a contractor that is Smart About Salt certified, or similar.



Small changes can make a big difference in protecting our water resources.

PIONEER
SEPTIC SOLUTIONS INC.

Our services include:



Excavating
New Installation
Site Servicing
Replace Existing System
Rejuvinate Septic Systems

Pioneer Septic Solutions
t: 519-763-3349
admin@pioneer-snorks.ca
www.pioneersepticsolutions.ca

Snorks
Your Trusted Septic Maintenance Provider

Services We Provide:

- Pump, repair, maintain septic systems
- Provide septic tank inspection report
- Install risers, lids, filters
- Annual maintenance of treatment systems



Phone: 519-837-3661
Emergency Service: 519-994-0757
admin@pioneer-snorks.ca

www.snorksepticservice.com



Sports Fields

The Township proudly owns and operates 4 baseball diamonds, 13 soccer fields, and 6 beach volleyball courts, with 2 new pickleball facilities opening soon, offering a variety of high-quality outdoor recreation opportunities for residents and visitors of all ages. These well-maintained venues are ideal for seasonal league play, private rentals, tournaments, community events, corporate functions, and special gatherings throughout the season.

www.get.on.ca/sports-field-status



Marden Park Pavilions

Marden Park's pavilions offer the perfect setting for family gatherings, corporate events, community celebrations, and sports tournaments. With covered outdoor spaces, picnic seating, and convenient access to nearby sports fields and park amenities, the pavilions provide a welcoming venue for groups of all sizes.

www.get.on.ca/living-here/marden-park-pavilions



Park Improvements Over the last 6 Years

Rockmosa Park Development (2019/2020)
Sports fields
Dog park
Trail with lights
Toboggan hill
Parking lots

James Lynch Park (Everton)
Playground renewal (2019)

Rockmosa Park
Destination playground and tot lot (2024/2025)
Trekfit Rock Climber and Bamboo sticks (2022)
Shade Shelters pavilions (2022)
Shuffleboard Courts (2022)

Lloyd Dyer Park
Basketball court rehab (2022)

Marden Park
Volleyball courts (2025)
Boardwalk (2021)
Indoor Turf Replacement (RDAPC 2026)

Cross Creek Park
Playground (2022)
Shade shelter (2020)

Valentino Park
Playground renewal (2021)
Green Legacy Warden Tree Plant 2025

Upcoming
Rockmosa Park
Pickleball courts

Marden Park
Pickleball courts

Over the past several years, Guelph/Eramosa Township has made significant improvements in its parks and recreational facilities, transforming community spaces into vibrant destinations for residents and visitors of all ages. From expanding opportunities for sport and active living to creating welcoming gathering places for families, these improvements reflect the Township's ongoing commitment to recreation, wellness, and community connection.

A major milestone was the development of Rockmosa Park in 2019/2020, which introduced new sports fields, a dog park, illuminated walking trails, and a toboggan hill. Since then, Rockmosa Park has continued to grow with the addition of a destination playground and tot lot, Trekfit fitness features, shade shelters, and shuffleboard courts, creating a truly multi-generational recreation hub.

Other Township parks have also seen exciting upgrades. Marden Park welcomed a scenic boardwalk and, most recently, new beach volleyball courts. Cross Creek Park received a new playground and shade shelter, while improvements at Lloyd Dyer Park, James Lynch Park, and Valentino Park have renewed and enhanced recreational opportunities throughout the Township's communities.

Looking ahead, the Township remains focused on expanding recreation options with plans for new pickleball courts at Rockmosa Park, new pickleball courts at Marden Park, and the replacement of the indoor turf at the Royal Distributing Athletic Performance Centre (RDAPC).



These projects represent more than just new amenities—they create spaces where families gather, friendships are built, healthy lifestyles are encouraged, and communities come together. We are proud of how far our parks system has come and excited for what lies ahead.









Rockmosa Community Centre

110 Rockmosa Drive, Rockwood, ON, N0B 2K0

Located in the heart of Rockwood, the Rockmosa Community Centre is the perfect venue to host a wide variety of events ranging anywhere from family reunions and birthday parties to elegant weddings. With a maximum capacity of 300 people, this hall is the perfect space to host your next large event! The Rockmosa Community Centre features:

- 300-person capacity
- 3,600 ft^2 open concept room
- Raised performance stage
- Projector, screen & wireless microphone
- Podium
- Fully stocked catering kitchen
- Ample parking
- Air conditioning
- 8-foot rectangular tables
- 300 cushioned chairs
- Bar*
- Fully accessible

* Bar service is subject to staff availability.

Rockmosa Older Adults Centre

121 Rockmosa Drive, Rockwood, ON, N0B 2K0

Located in the heart of Rockwood in Rockmosa Park, the Older Adults Centre is the ideal space for intimate gatherings or small meetings. This beautiful facility features:

- 30–40-person capacity
- Fully stocked kitchenette
- Television
- Gas fireplace for added ambience
- 6-foot rectangular tables
- 4-foot circular tables
- 6 card tables
- Chairs
- Availability limited to weeknights after 5:00 p.m. and weekends









For more information or to book, please contact 519-856-9596 ext. 117 or

Marden Community Centre

7368 Wellington Road 30, Guelph, ON, N1H 6J2

Located on the outskirts of Guelph, the Marden Community Centre is the perfect venue for smaller weddings and showers, business meetings, and family gatherings.

Marden Community Centre features:

- 100-person capacity
- 1,438 ft^2
- Fully stocked kitchenette
- Podium
- 8-foot rectangular tables
- 5-foot round tables
- 100 cushioned chairs
- Ample parking
- Air conditioning
- Bar**
- Fully accessible
- Enabling Garden*
- Pavilions*

* Extra fees will apply for these spaces.
** Bar service is subject to staff availability





Royal Distributing Athletic Performance Centre (RDAPC)

7384 Wellington Road 30, Guelph, ON, N1H 6J2

Surrounded by 64 acres of parkland, this state-of-the-art indoor facility features an artificial turf sports field (new turf installed 2026), rubberized perimeter walking track, a multipurpose room, and a large spectator viewing area. This fantastic Centre features:

- Staff always on site when facility is open
- 210' x 120' turf sports field (rentals available)
- 210-meter 4-lane IAAF Certified Polyurethane Walking Track (single use, 10 time, annual memberships available)
- Fitness Classes
- Drop-In Programs (see page 22)
- Birthday Parties
- Viewing Area
- Private Room Rental (25' x25')

A change of clean indoor shoes is mandatory for all track/field users.

For more information or to book the RDAPC, call 519-856-9596 ext 202 or email rdapc@get.on.ca





email hallrentals@get.on.ca. We look forward to hosting your next event.

RDAPC Drop in Activities

The Backyard – All Ages Open Play

The Backyard is a welcoming drop-in program for all ages where fun, connection, and community come together. Enjoy a variety of backyard games and activities, including washer toss, badminton, cornhole, puzzles, oversized building blocks and parachutes for younger children, and more! Whether you're meeting up with friends, connecting with homeschool groups, or looking for a casual place to socialize, The Backyard offers something for everyone. Caregivers can even participate in adjacent fitness classes (see fitness chart) while their children enjoy playing, exploring, and making new friends in a safe and engaging environment. The Backyard is self directed play and guardians are responsible for their participants. Stop by, stay active, and make the Backyard your community gathering place!

Walking Soccer

A low-impact version of the world's most popular game. Walking is required (no running), making it ideal for those looking to stay active at a comfortable pace while enjoying the game in a supportive environment.

Active 55+ Soccer

Stay in the game at a pace that works for you. Active 55+ Soccer offers a recreational, lower-intensity version of the sport, focusing on skill, movement, and enjoyment rather than speed and competition. Perfect for those looking to stay active, connect with others, and continue playing the game in a supportive and social environment.

2026-2027 DROP IN SCHEDULE AT THE ROYAL DISTRIBUTING ATHLETIC PERFORMANCE CENTRE (RDAPC)

DAY	ACTIVITY	TIME	START DATE	FEE
Monday	Open Field	7:00am - 8:30am	October 19	$7/person
Monday	Tot 'N' Play	8:30am - 12:00pm	Ongoing	$6/child
Monday	Active 55+ Soccer	9:30am - 11:00am	Ongoing	$7/person
Monday	Walking Soccer	11:00am - 12:30pm	Ongoing	$7/person
Monday	Indoor Golf	12:30pm - 3:00pm	October 19	$9.00/bucket
Tuesday	Tot 'N' Play	8:30am - 12:00pm	Ongoing	$6/child
Tuesday	Remote Control Flying	3:00pm - 4:00pm	October 20	$7/person
Wednesday	The Backyard	8:30am - 2:00pm	October 21	$7/person
Wednesday	Open Field	3:30pm - 5:00pm	October 21	$7/person
Thursday	Tot 'N' Play	8:30am - 12:00pm	Ongoing	$6/child
Thursday	Remote Control Flying	3:00pm - 4:00pm	October 23	$7/person
Friday	Tot 'N' Play	8:30am - 12:00pm	Ongoing	$6/child
Friday	Active 55+ Soccer	9:30am - 11:00am	Ongoing	$7/person
Friday	Walking Soccer	11:30am - 12:30pm	Ongoing	$7/person
Friday	Indoor Golf	12:30pm - 3:00pm	October 19	$9.00/bucket

Visit our website **www.get.on.ca/rdapc** to stay up to date on schedule changes and new programming.

The RDAPC requires a change of clean indoor shoes for participation in track use as well as all on field activities.

Golf Driving Range
Keep your swing sharp year-round. Our indoor driving range uses soft-flight balls to simulate real ball flight, providing a safe and effective option for off-season practice or pre-season preparation.

Remote Control Airplanes
Take your flying indoors during the colder months. Connect with other enthusiasts and enjoy a weather-free environment. Battery-operated aircraft only.

Tot 'N' Play
An indoor play experience designed for preschool-aged children. Enjoy open space and a variety of equipment including ride-on toys, balance blocks, farm hoppers, parachutes and more. A great opportunity for children to play and caregivers (who play for free!) to connect.



Open Field Time
A flexible space for individual or small group training and recreation. Ideal for activities such as long toss, skill work, shuttle runs, or one-on-one training. Maximum of 5 participants per activity.

RDAPC Rental Opportunities

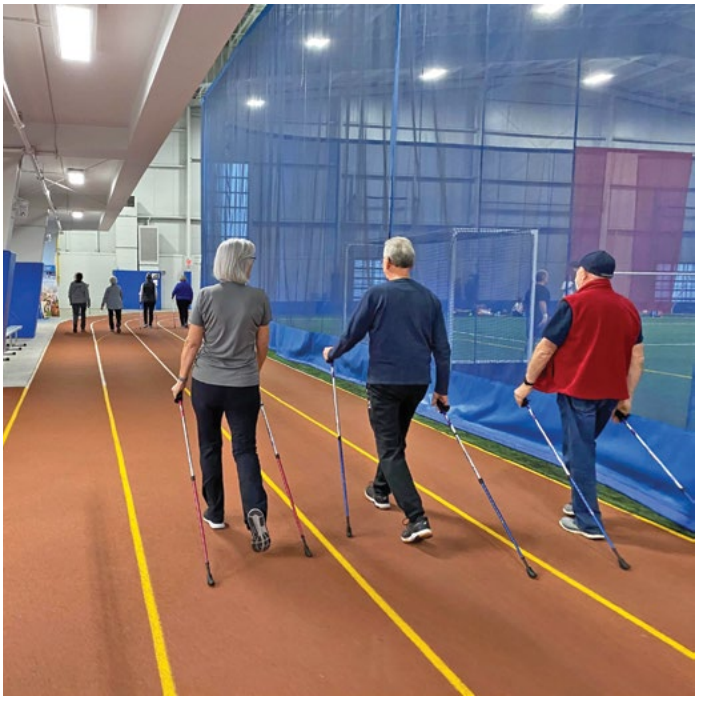
Birthday Parties
Make your celebration memorable with:
- 1 hour of half field time
- Access to a party room before and after for food and socializing

Optional add-ons include disc golf baskets, mini put and tot play equipment.
Saturdays: 11:00am – 2:00pm (field time: 12:00-12:55pm)
Additional availability May–September.

Field Rentals
Available for one-time bookings or ongoing seasonal use. Ideal for sports, group activities, or social gatherings on our fresh new turf.
For details: dnichol@get.on.ca
Availability: www.get.on.ca/rdapc

Indoor Track
Featuring a 200+ metre rubberized surface, the RDAPC track is accessible to all ages and abilities, including strollers, mobility aids, and wheelchairs. The cushioned surface is gentle on joints, making it ideal for fitness, rehabilitation, or social walking.

Drop in or purchase a 10 time or annual membership. Hourly private rentals also available.



Welcome Back: Tot N Play Grand Re Opening

Date: Friday, October 2, 2026
Time: 8:30am – 12:00pm
We're excited to welcome you back to Tot N Play as we celebrate the **grand re opening of our program!**

Join us for a special event as older siblings head back to school and little ones return to their favourite place to play. Enjoy open Tot N Play fun, get creative with themed crafts in the snack room, and explore our vibrant **Back to School Balloon Igloo**—a fun, interactive highlight.

Come reconnect, play, and kick off the season with us in a cheerful and welcoming atmosphere. We can't wait to see you back!

Tot 'N' Play Halloween

Date: Friday, October 30, 2026
Time: 8:30am – 12:00pm
Join us for a spooktacular morning of toddler fun at our Halloween Tot N Play! Little ghosts, pumpkins, superheroes, and princesses are all invited to come dressed up for a **fun-filled indoor trick-or-treating adventure**.

Your little ones will love exploring Tot N Play, enjoying festive Halloween activities in the snack room, and showing off their costumes at our **adorable Halloween photo booth**—perfect for capturing all the cuteness.

With giggles, goodies, and just the right amount of silly (not scary!), this event is the perfect way to celebrate Halloween with your tiniest trick-or-treaters.

Tot 'N' Play Christmas

Date: Friday, December 4, 2026
Time: 8:30am – 12:00pm
Celebrate the magic of the season at our Christmas Tot N Play! Join us for a joyful event filled with **festive fun designed just for little ones**.

Enjoy open Tot N Play, take part in cheerful Christmas activities and crafts in the snack room, and capture the moment at our **holiday photo booth**. The highlight of the day—don't miss a **special visit with Santa**, perfect for creating unforgettable memories!

With twinkling holiday spirit, hands-on activities, and plenty of merry moments, this event is the perfect way to celebrate Christmas with your family.

Family Day Tot N Play Kickoff

Date: Friday, February 12, 2027
Time: 8:30am – 12:00pm
Kick off Family Day weekend with us on **Friday, February 12** at our special Family Day Tot N Play event!

Bring the whole family for a fun-filled morning featuring open Tot N Play, a **whimsical balloon igloo**, and creative crafts in the snack room. Be sure to stop by our **family-themed photo booth** to capture special moments together.

This event is all about celebrating connection, play, and quality time with the ones you love. Start your Family Day weekend early with laughter, fun, and unforgettable memories!

Tot N Play Easter

Date: Thursday, March 25, 2027
Time: 8:30am – 12:00pm
Hop into spring with us at our Easter Tot N Play celebration! This fun-filled event is packed with **toddler-friendly Easter excitement** your little ones will love.

Enjoy open Tot N Play, explore our colorful **balloon igloo**, and take part in a cheerful **Easter egg hunt** designed just for little explorers. Capture the moment at our **spring-themed photo booth**, perfect for adorable seasonal snapshots.

With playful activities, festive fun, and plenty of smiles, it's the perfect way to celebrate Easter with your little bunnies!

PD Day/Tot N Play

Date: Monday October 26, Friday November 27, Friday January 29
Time: 8:30am – 2:00pm
Looking for something fun to do on PD Days? Join us for a special Tot N Play designed for both little ones and school-aged kids!

Children under 6 can enjoy our full **Tot N Play experience**, while older siblings have their own space with **half the field set up just for them**. This includes a fun **quarter-field soccer game** and access to a portion of our popular **backyard play setup**. It's the perfect way to keep everyone active, engaged, and having fun—no matter their age!

Come out and make the most of your day off with play, movement, and family fun!

Older Adult Centre Drop-In Activities

DAY	ACTIVITY	LOCATION	TIME	DATE DETAILS	FEE
Monday	Pole Walking	Rockwood Conservation Area	9:30am-10:30am	All Year	NA
Monday	Pickleball	Rockwood Tennis Courts	1:00pm-3:00pm Indoor 12:00pm and 1:30pm	Moves Indoors October 19th	Indoor $2.00
Tuesday	Gentle Pole Walking	Rockmosa Park Trail	9:30am-10:30am	All Year	NA
Tuesday	Shuffleboard	Rockmosa Community Centre	12:30pm-2:30pm	Starts September 15th	$2.00
Tuesday	Mah Jongg	Older Adult Centre	1:00pm-3:00pm	All Year	$2.00
Tuesday *3rd of the month	Photography Club	Older Adult Centre	7:00pm-9:00pm	All Year	Club Membership Fee
Wednesday	Pole Walking	Rockwood Conservation Area	9:30am-10:30am	All Year	NA
Wednesday	Bid Euchre	Older Adult Centre	10:00am-12:00pm	All Year	$2.00
Wednesday	Pickleball	Rockwood Tennis Courts	1:00pm-3:00pm Indoor 12:00pm and 1:30pm	Moves Indoors October 14th	Indoor $2.00
Wednesday	Darts	Older Adult Centre	1:00pm-3:00pm	All Year	$2.00
Wednesday	Mah Jongg	Older Adult Centre	7:00pm-9:00pm	All Year *Some Exceptions Apply	NA
Thursday	Garden Club	OAC Enabling Garden	11:30am-12:30pm	Ends October 8th	NA
Thursday	Euchre	Older Adult Centre	1:00pm-3:00pm	All Year	$2.00
Friday	Lunch Bunch	Older Adult Centre	11:00am-2:00pm	All Year	$5.00
Friday	Knitting & Crochet Club	Older Adult Centre	2:00pm-3:00pm	Starts September 4th	NA

Drop-In programs DO NOT require pre-registration, except for indoor Pickleball and Lunch Bunch.
*Pickleball moves from the Rockwood Tennis Courts inside to the Rockmosa Community Centre starting October 14th. Indoor Pickleball runs two sessions each day, requires pre- registration online, and has a $2.00 Drop-In Fee. Please check our website for updated Pickleball schedules.

Rockmosa Older Adult Centre Membership

- Membership with the Rockmosa OAC is optional.
- Memberships run from purchase date for one year.
- Membership helps support our space and our programming.
- Active membership gets you, the membership holder, discounts ($5-$6) off workshops, programs, events and fitness classes for the year.
- Membership discounts cannot be used for family or friends.
- You will be required to check the status of your membership, as we do not send out alerts when it expires.

2026 Membership Fees:
First Time - $30+HST, Renewal $22+HST



FALL WORKSHOPS

Fall 2026 Registration is now open!
Winter 2027 Registration will open Tuesday December 1, 2026 at 8:00am

OAC members rate is for participants who possess a paid membership with the Rockmosa Older Adult Centre. For more information regarding our Membership, please read page 23.

Please register in advance for all workshops and events. All workshops are subject to cancellation with insufficient registration. If cancelled due to low enrolment you will receive a full refund. Early registration is recommended to avoid cancellation. Rates are subject to change based on updated Municipal fee schedules.

Visit www.get.on.ca /fitness to create an account and register for programs.

For a full list of our workshops visit our website www.get.on.ca or sign up for our monthly newsletter by emailing programming@get.on.ca, calling 519-856-9596 ext. 139, or by dropping into the Older Adult Centre during our opening hours.

PROGRAMMING SERIES

Coffee and Conversation

Rockmosa Older Adult Centre
Mondays • 10:30-11:30am/12:00pm
FREE

September 21, 2026 - CMHAWW "Mental Health and Community Supports for Seniors"

October 19, 2026 - Rockwood Naturopathic Clinic

November 2, 2026 - Wellington Source Water Protection Information

November 23, 2026 - Dr. Parthipan & Associates "Senior's Ocular Health"

December 7, 2026 - VON "Falls Prevention"

January 18, 2027 - Alzheimer Society of Waterloo Wellington "Cheat Sheet for Communication"

February 8, 2027 - Inner Lights Academy – "Astrology for Wellness: 3 Secret Steps Towards Feeling Happier & Healthier Than Ever Before"

March 22, 2027 - University of Guelph Nutrition Presentation

Join us for coffee and conversation with local professionals and organizations as we explore the important roles they play and the services they provide in our community. The 2026-2027 special focus is on health and wellness supports for seniors.

Please register in advance.

Silver Screens

Wellington County LIBRARY

Rockwood Library Learning Room
Tuesdays • 2:00pm-4:00pm
FREE - No registration required.

September 8th - Apollo 13 (PG) – 140 minutes

October 13th - Hocus Pocus (G) – 96 minutes

November 10th - Devotion (PG) – 138 minutes

December 8th - Christmas with the Kranks (PG) – 99 minutes (2004)

**Winter selections TBD - stay tuned!*

Join the Rockwood Branch Library and the Guelph-Eramosa Older Adult Centre for a relaxed afternoon of film.



Armchair Travel

Wellington County Library

Rockwood Library Learning Room
Tuesdays • 2:00-4:00PM
FREE - No registration required.

September 22, 2026 - World Heritage Sites (2011 – 54min)

October 27, 2026 - Rebuilding Notre Dame (2022 – 53 min)

November 24, 2026 - Antarctica – A Year on Ice (2013 – 1hr 32 min)

December 22, 2026 - Cuban Food Stories (2018 – 1hr 22min)

**Winter selections TBD- stay tuned!*

Join the Rockwood Branch Library and the Guelph-Eramosa Older Adult Centre and enjoy an engaging armchair travel experience as we explore fascinating destinations, cultures, and landmarks from around the world—all from the comfort of your seat.

Fit Minds® with Chartwell

Tuesdays, October 13, 20, November 3 and 10, 2026
**No class October 27th*
10:30am-11:30am
Rockmosa Older Adult Centre
FREE

CHARTwell retirement residences

Fit Minds® is a fun opportunity for participants to engage in stimulating social activities that improve their brain health. By participating in games and activities, seniors can boost their mental processes while still having fun.



Artful Aging with Chartwell

CHARTwell retirement residences

Tuesdays, January 19, February 2, March 2, 2027
10:30am-12:00pm
Rockmosa Older Adult Centre
FREE

Join Chartwell Retirement Residences at the Rockmosa Older Adult Centre for a guided painting session that highlights the benefits of creative expression in healthy aging. Participants will explore their creative side through a simple, seasonal painting project. All materials will be provided—no experience necessary.

Introduction to Spanish

Tuesdays, October 13 – December 15, 2026, January 12 – March 16, 2027
9:00am-10:00am
Rockmosa Older Adult Centre
$55 +HST OAC Member, $60 +HST Registration

A welcoming, senior-friendly introduction to the Spanish language and Hispanic culture featuring gentle, interactive learning with repetition, practical conversation practice, real-life scenarios, and engaging cultural insights. All materials fully provided.

COOKING CLASSES

Flavours of Hungary with Hendrik Varju

Tuesday, October 6, 2026 • 10:00am-12:00pm
Rockmosa Older Adult Centre
$40 +HST OAC Member, $45 +HST Registration

- Hungarian Warm Bacon Potato Salad
- Goulash Soup with Rye Bread
- Apple Cinnamon Strudel made with Filo Pastry

OAC WORKSHOPS

Oh My Gourd! with Emily Richards
Tuesday October 27, 2026 • 11:00am-12:30pm
Rockmosa Community Centre
$33 +HST OAC Member, $38 +HST Registration

- Pumpkin Cheesecake Squares with Maple Scented Cream
- Quinoa Kale and Roasted Squash Salad
- Butternut Squash Ravioli with Balsamic Cream Sauce

Around the World with Emily Richards
Tuesday November 24, 2026 • 11:00am-12:30pm
Rockmosa Older Adult Centre
$33 +HST OAC Member, $38 +HST Registration

- Filipino Pancit with Shrimp (noodle dish)
- Lebanese Beef Shawarma
- Chinese Dumplings

Let's Get Cozy with Emily Richards
Tuesday January 12, 2027 • 11:00am-12:30pm
Rockmosa Older Adult Centre
$33 +HST OAC Member, $38 +HST Registration

Exact Menu TBD – will include a soup, casserole and a cozy dessert.

CREATIVE WORKSHOPS

Pumpkin Decoupage Workshop with Teresa
Tuesday September 22, 2026 • 10:00am-12:00pm
Rockmosa Older Adult Centre
$15 +HST OAC Member, $20 +HST Registration



Learn how to decoupage pumpkins using napkins and Mod Podge! We will be using artificial pumpkins. Dress up your pumpkin with a fall theme or a Halloween theme. This craft is easy and requires no previous skills with decoupage. Various napkins will be available to choose from or bring your own favourite napkins. All materials are provided.

GET active

Nature Walk + Leaf Spoon Rest Workshop with Moss & Ember
Tuesday September 29, 2026 • 9:30am-12:00pm
Rockmosa Older Adult Centre
$30 +HST OAC Member, $35 +HST Registration

Join us for a creative nature-inspired workshop! Participants will take a short hike to collect leaves, press them into polymer clay, and paint their fired pieces using a beautiful watercolour acrylic technique. Everyone will create and take home two finished artworks.

Thanksgiving Centerpiece Workshop with Touchstone Florals
Monday October 5, 2026 • 10:30am-11:30am
Rockmosa Older Adult Centre
$25 +HST OAC Member, $30 +HST Registration

Join us in making a beautiful centerpiece for your Thanksgiving table that is sure to last well past the holiday. We'll be using a selection of preserved foliage, dried fruits, grasses and seed pods, and other natural and seasonal items to build a unique piece.

Christmas Card Making Workshop with Steph VanDorp
Tuesday November 17, 2026 • 6:00pm-8:00pm
Rockmosa Older Adult Centre
$25 +HST OAC Member, $30 +HST Registration



Let's create 3 Christmas cards together, step-by-step. Everything is provided and ready to assemble. We will stamp, glue and embellish the cards together. We'll make 2 standard cards and 1 "fun fold". All levels of crafter are welcomed!

Christmas Urn Workshop with Touchstone Florals

Monday November 30, 2026 • 10:30am-11:30am
Rockmosa Older Adult Centre
$25 +HST OAC Member, $30 +HST Registration

Join us in making a beautiful outdoor urn insert that will fill your outdoor pot with beautiful seasonal greenery that will last all winter long with proper care. We'll be making them in 10-inch pots with lots of fresh evergreens and a few extra sparkly bits for seasonal flare!

Wet Felted Bag Workshop with Rose & Wool

Tuesday December 1, 2026 • 6:00pm-8:00pm
Rockmosa Older Adult Centre
$25 +HST OAC Members, $30 +HST Registration



Join Rose and Wool for a fun class of wet felting. Learn to create a small vessel with wool fibres using soap and water. All materials are included with this workshop. The only thing to bring is an old towel to soak up any extra water.

Mandala Dot Journal Workshop with She Dots a Lot

Tuesday January 26, 2027 • 6:00pm-8:00pm
Rockmosa Older Adult Centre
$35 +HST OAC Member, $40 +HST Registration



Come join this Dot Painting Mandala Journal Workshop. Learn the basic techniques of dot painting, creating a beautiful journal. No painting experience needed.

Birthday Card Making Workshop with Steph VanDorp

Wednesday February 24, 2027 • 6:00pm-8:00pm
Rockmosa Older Adult Centre
$25 +HST OAC Members, $30 +HST Registration

Let's create 3 Birthday cards together, step-by-step. Everything is provided and ready to assemble. We will stamp, glue and embellish the cards together. We'll make 2 standard cards and 1 "fun fold". All levels of crafter are welcomed!

Decoupage Easter Bunny Workshop with Teresa

Tuesday March 9, 2027 • 10:00am-12:00pm
Rockmosa Older Adult Centre
$15 +HST OAC Members, $20 +HST Registration



Decorate a Bunny using decoupage! Various wood bunnies will be supplied for you to make a beautiful Easter/Spring Bunny. This craft is easy and requires no previous skills with decoupage. Various napkins will be available to choose from or bring your own favourite napkins. All materials are provided.

Easter Bird's Nest Centerpiece Workshop with Touchstone Florals

Tuesday March 23, 2027 • 10:30am-11:30am
Rockmosa Older Adult Centre
$22 +HST OAC Members, $27 +HST Registration

Make like a spring robin and join us in an exercise in nest building! We'll be using grapevine, moss, dried blossoms and a few springy surprises to weave the perfect Easter decoration for your Easter gathering or just to simply welcome a little bit of springtime into your space.

SOCIAL EVENTS

Ice Cream Tasting Social Featuring Alan Barnes
Tuesday September 15, 2026 • 11:00am-12:30pm
Rockmosa Older Adult Centre
$10.00 +HST

Join us as we welcome back fall with a delicious Ice Cream Tasting featuring Two Farmers and a Cow! Participants will enjoy sampling three unique ice cream flavours while being entertained by special live music from Alan Barnes. A sweet morning of local treats, music, and community fun!

Euchre Tournament & Pizza Lunch
Thursday October 15, 2026 • 12:00pm-3:00pm
Rockmosa Older Adult Centre
$8.00 +HST

Join us for an afternoon of friendly competition at our Euchre Tournament! Enjoy great prizes, good company, and a delicious pizza lunch while testing your card skills.

Pumpkin Spice High Tea
Monday October 26, 2026 • 10:30am-12:00pm
Rockmosa Older Adult Centre
$25 +HST OAC Member, $30 +HST Registration

Celebrate the flavours of fall at our Pumpkin Spice High Tea! Dress up in your fancy autumn attire and enjoy a cozy morning of seasonal treats, warm drinks, brain games, and wonderful conversation with friends.

"The Fallen" - Rockwood Cenotaph
Monday November 9, 2026 • 10:30am-11:30am
Rockmosa Older Adult Centre
$5 +HST OAC Member, $10 +HST Registration

Join Gordon Carothers from the Guelph / Eramosa Township Heritage Committee as he explores the Rockwood Cenotaph and the Soldiers who are listed on it.

BINGO with Chartwell
Tuesday November 17, 2026 • 10:30am-12:00pm
Rockmosa Older Adult Centre
$5.00 +HST

Join us for a fun morning of BINGO hosted by Chartwell Retirement Residences! Enjoy friendly games, great company, and chances to win exciting prizes in a welcoming social atmosphere.

Cookies & Carols Christmas Program
Thursday December 17, 2026 • 10:30am-12:00pm
Rockmosa Older Adult Centre
$8.00 +HST

Join us for our Annual Sing a Long tradition! Sing along to some of your favourite seasonal songs in a festive, feel-good atmosphere. Enjoy locally made Christmas treats while you celebrate the sounds and tastes of the holidays!

Party Games – Social
Monday January 11, 2027 • 11:00am-12:00pm
Rockmosa Older Adult Centre
$5.00 +HST

Join us for a fun-filled Party Games Social featuring Charades, Reverse Charades, Pictionary, and Telephone Pictionary! Enjoy laughs, friendly competition, tasty snacks, and a great morning with friends.

Trivia & Hot Chocolate Social
Monday February 1, 2027 • 10:30am-12:00pm
Rockmosa Older Adult Centre
$5.00 +HST

Warm up with a fun morning of Trivia and Hot Chocolate! Test your knowledge, enjoy friendly competition, and relax with a cozy cup of hot chocolate while spending time with friends.

BINGO with Chartwell

Tuesday February 16, 2027 • 10:30am-12:00pm
Rockmosa Older Adult Centre
$5.00 +HST

Join us for a fun morning of Valentine's Themed BINGO hosted by Chartwell Retirement Residences! Enjoy friendly games, great company, and chances to win exciting prizes in a welcoming social atmosphere.

Euchre Tournament & Pizza Lunch

Thursday February 25, 2027 • 12:00pm-3:00pm
Rockmosa Older Adult Centre
$8.00 +HST

Join us for an afternoon of friendly competition at our Euchre Tournament! Enjoy great prizes, good company, and a delicious pizza lunch while testing your card skills.

Karaoke Social

Monday March 1, 2027 • 10:30am-12:00pm
Rockmosa Older Adult Centre
$8.00 +HST

Join us for a lively Karaoke Social! Sing your favourite songs, cheer on friends, and enjoy a fun, welcoming afternoon of music, laughter, and community. Come ready with your song requests!

Notable Women High Tea featuring Wellington County Museums & Archives

Monday March 8, 2027 • 10:30am-12:00pm
Rockmosa Older Adult Centre
$25 +HST OAC Member, $30 +HST Registration

Join us for a delightful morning tea as we celebrate notable women from Wellington County throughout the years, including athletes, nurses, community leaders, and other inspiring trailblazers. Guests are encouraged to dress up as an important female professional or historical figure while we reflect on the achievements and contributions of women in our communities.

Scrabble

Drop-In Scrabble
Monday September 14, 2026
Monday November 16, 2026
Monday December 14, 2026
10:00am-12:00pm
**Winter 2027 dates TBD based on interest*
Rockmosa Older Adult Centre
$2.00 Drop in Fee

Join us this fall for Drop-In Scrabble! Enjoy a relaxed, social game of Scrabble at your own pace—perfect for both seasoned players and beginners.

ART, MUSIC & DANCE

Sing a Long with Mary

Thursdays • September 10 – October 8, 2026
January 14 – February 11, 2027
10:00am-11:00am
Rockmosa Older Adult Centre
FREE

Join Mary for a fun and casual sing a long group! Group singing is a great way to support your mental health, as it regulates your breathing, increases your 'feel good' hormones, gives you a time to play, and brings you together as a group. No singing experience needed - just come out and have fun!



OAC WORKSHOPS

Rockmosa Strummers Ukulele Group

Thursdays • September 17 – November 26, 2026
No class October 22nd
January 14 – March 18, 2027
7:00pm-8:50pm
$70 + HST OAC Member, $75 + HST Registration

Join Carolyn McLeod-McCarthy for this group Ukulele program, which includes a lender ukulele and song sheets. The lessons will focus on uke anatomy, finger positioning, strumming, and learning songs with similar chords and patterns. Open to all skill levels (18+). Beginner skills will be taught from 7:00-7:50pm, followed by a 10-minute break, and then more advanced instruction from 8:00-8:50pm.

Community Drumming with Mary

Thursdays • October 29 – November 26, 2026
February 25 – March 25, 2027
10:00am-11:15am
Rockmosa Older Adult Centre
FREE



Join Mary and enjoy group Djembe drumming. Learn the basic skills of drumming on a Djembe and explore how group music making can build community. Djembes available to loan for free for the program. Beginners welcome!

Watercolours & More with Vita Keeling

Mondays • September 28 – November 23, 2026
No class October 12th
1:00pm-3:30pm
Rockmosa Older Adult Centre
$105 +HST OAC Member, $110 +HST Registration

Discover the beauty of Watercolour Painting. This class is best suited for intermediate painters with some experience and offers a chance to further explore this beautiful medium. In a relaxed atmosphere and through step-by-step instruction, you'll learn new techniques and experiment with media combinations that enhance your watercolour practice. Supply list can be found online.

GET active



Water Mixable Oil Painting with Vita Keeling

Mondays • January 25 – March 22, 2027
No class February 15th
1:00pm-3:30pm
Rockmosa Older Adult Centre
$105 +HST OAC Member, $110 +HST Registration

Explore the versatility of water-mixable oils in this relaxed and supportive painting class designed for those with some prior experience. Participants will build confidence with layering, brushwork, colour harmony, and composition while working with a limited three-colour palette to strengthen painting fundamentals. A great opportunity for intermediate artists to refine their technique, loosen up creatively, and further develop their personal style. Supply list can be found online.

Line Dancing with Becca

Open to 14+
Mondays • October 19 – December 7, 2026
January 18 – March 15, 2027
6:00pm-7:30pm
Rockmosa Community Centre
$75 +HST OAC Member, $81 +HST Registration

Kick up your heels and join instructor Becca for a lively 8-week Line Dancing series! Perfect for beginners and open to anyone aged 14 and up, this class is all about having fun, staying active, and moving to great music in good company. Each week, you'll learn easy-to-follow routines in a welcoming, casual environment. No previous dance experience is required, just bring your energy and a smile! Weekly drop-in spaces may become available closer to the start date.

FAMILY PROGRAM

Sprinkle & Sip – Cookie Decorating Night for Families

Tuesday December 1, 2026 • 6:00pm-7:30pm
Rockmosa Community Centre
$40.00+HST / family

Get into the holiday spirit with a festive Cookie Decorating Night for families—featuring button making, a magical hot chocolate bar, and sweet memories in the making! Each family will enjoy a box of 12 cookies with fixings to decorate. Bring your creativity (and your sweet tooth!) for a night of cozy fun and holiday cheer.

MARCH BREAK SPECIAL PROGRAMMING

Smoothie Time with the Grandkids

Monday, March 15, 2027 • 10:30am-12:00pm
Rockmosa Older Adult Centre
$15.00+HST / family (grandparent plus 2 kiddos)
*Additional children $5.00+HST

Join us for a fun and refreshing intergenerational smoothie-making morning. Bring your grandkids and blend up some tasty memories together! Enjoy quality time, healthy treats, and lots of laughs as we mix up delicious creations and play some fun games together!

Intergenerational Community Drumming

Thursday, March 18, 2027 • 10:30am-12:00pm
Rockmosa Community Centre
FREE - Register in advance.

Join our regular Community Drumming program for a special intergenerational Djembe drumming session! Families are invited to make music together through fun games, lively rhythms, and joyful connection—no experience needed, just a love of fun and a sense of rhythm!



County of Wellington
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Providing for today, planning for the future.

Managing waste and diversion programmes:

- Curbside collection of materials (excluding residential recycling)
- Six waste facilities
- Mobile Household Hazardous Waste Depot

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www.wellington.ca/sws
Alternate formats available upon request.
OMOfficial Mark of The Corporation of the County of Wellington



BE BETTER PREPARED.

When emergencies happen, preparation makes all the difference. Residents are encouraged to take simple steps today to help keep their families and households safe during an emergency.

Step One

Make a Plan

Every household should have an emergency plan. Knowing where to go, who to contact, and what to do in an emergency will help keep you and your family safe. Work with all members of your household to create an Emergency Plan at **www.getprepared.ca.**

Step Two

Build a Kit

In an emergency, you will need to be self-sufficient for a minimum of 72 hours. Keep emergency kit essentials like non-perishable food, water, medications, and flashlights in an organized and easy to find location. Visit **www.getprepared.ca** for a comprehensive Emergency Kit Checklist.

Step Three

Stay Informed

During an emergency, it is important to follow the latest emergency information from official news channels, radio stations, and social media accounts. A list of local emergency resources can be found at **www.wellington.ca/emergencyresources.**



@wellingtoncounty @wellingtncounty

BE BETTER PREPARED.

Wellington County
Emergency Management

For more information on emergency preparedness and additional resources, visit

www.wellington.ca/emergency

COURSE #	CATEGORY	CLASS	INSTRUCTOR	DAY	TIME	LOCATION	START DATE	# OF CLASSES	FEE
10234	Child	Baby Yoga	Lisa N	Monday	9:30 a.m.	MCC	Sept. 21	12	$97.20+HST
10235	Child	Tot Yoga	Lisa N	Monday	10:30 a.m.	MCC	Sept. 21	12	$97.20+HST
10200	Child	Tyke Yoga	Lisa N	Monday	4:30 p.m.	MCC	Sept. 21	10	$81+HST
10214	12+	DDPY - Level 1	Marcel	Monday	6:00 p.m.	MCC	Sept. 21	10	$81+HST
10245	18+	Mom Yoga	Lisa N	Monday	8:15 p.m.	MCC	Sept. 21	10	$81+HST
10196	12+	DDPY	Marcel	Tuesday	6:00 p.m.	RDAPC	Sept. 22	10	$81+HST
10186	18+	Flow with Fire Yoga	Carly	Tuesday	6:00 p.m.	RCC	Sept. 22	10	$81+HST
10184	18+	Gentle Flow Yoga	Carly	Tuesday	7:00 p.m.	RCC	Sept. 22	10	$81+HST
10210	18+	Urban Pole FunFit	Nancy	Wednesday	11:30a.m.	RDAPC	Oct. 21	6	$48+HST
10207	12+	DDPY	Marcel	Wednesday	9:00a.m.	RDAPC	Sept. 23	10	$81+HST
10202	18+	Postpartum Fitness (with Baby)	Megan	Wednesday	11:00 a.m.	RDAPC	Sept. 23	10	$81+HST
10195	40+	Hot Flash	Megan	Wednesday	12:00 p.m.	RDAPC	Sept. 23	10	$81+HST
10244	18+	Home-Educator Strength Lab	Megan	Wednesday	1:00 p.m.	RDAPC	Sept. 23	10	$81+HST
10204	12+	DDPY	Marcel	Thursday	10:10 a.m.	RCC	Sept. 24	10	$81+HST
10192	12+	DDPY Rebuild	Marcel	Thursday	11:10 a.m.	RCC	Sept. 24	10	$81+HST
10240	Child	Baby Yoga	Lisa N	Thursday	10:30 a.m.	MCC	Sept. 24	12	$97.20+HST
10205	Child	Tyke Yoga	Lisa N	Thursday	5:00 p.m.	RCC	Sept. 24	10	$81+HST
10182	Child	Parent and Child Yoga (5-8 yrs old)	Lisa N	Thursday	6:00 p.m.	RCC	Sept. 24	10	$81+HST
10189	Child	Parent and Youth Yoga (9-12 yrs old)	Lisa N	Thursday	7:00 p.m.	RCC	Sept. 24	10	$81+HST
10194	12+	DDPY	Lisa B	Thursday	6:00 p.m.	MCC	Sept. 24	10	$81+HST

RCC – Rockmosa Community Centre, 110 Rockmosa Drive, Rockwood, ON • **MCC –** Marden Community Centre, 7368 Wellington Road 30, Guelph, ON
RDAPC – Royal Distributing Athletic Performance Centre, 7384 Wellington County Rd 30, Guelph, ON

Register for programs at:
www.get.on.ca/fitness

519-856-9596 ext. 139 (RCC Classes)
programming@get.on.ca (RCC Classes)

519-856-9596 ext. 201 (RDAPC & MCC Classes)
rdapc@get.on.ca (RDAPC & MCC Classes)

Practice all 4 types of exercise for the most benefit to your everyday life.



ENDURANCE
So you can play your favourite sports, dance the night away.



STRENGTH
So you can boost your immune system and keep your bones strong.



BALANCE
So you can improve your coordination and build better posture.



FLEXIBILITY
So you can prevent injuries and back pain.

Urban Poles; Fun & Fitness RDAPC

Bring your Urban/Activator Poles to class as we exercise to the beat WITH OUR POLES for 30 minutes followed by 20 minutes of walking the track instructed, motivated and encouraged by our Certified Urban Pole Walking Instructor, Nancy Revie.

Urban/Activator Pole Walking has been proven with evidence based research to improve outcomes in gait, balance, posture and core strength while inspiring active living. It has also been proven to improve CONFIDENCE in walking and participating in ADLs (activities of daily living)

DDPY Rebuild RCC & RDAPC

For individuals who struggle with limited mobility. Through a progressive series of workouts, you'll build arms, legs, and core strength, increase flexibility, and decrease pain. This workout is the perfect starting point if you're injured or just haven't been active for a while or having trouble with balance or standing for long periods of time. You will start on a chair, then on your feet using a chair to assist you with balance.

DDPY MCC, RDAPC & RCC

DDPY Workouts strengthen muscles, build core muscles, increase flexibility, agility, and balance. You'll get a great cardio workout with minimal joint impact, and you'll do it at your pace. Our instructors are trained to help you work out at your own level.

DDPY Level 1 MCC

A low-impact, progressive workout that bridges the gap between DDPY Rebuild and traditional DDPY. Build strength, improve flexibility, and enhance balance through guided movements that transition from supported to more independent exercises. This adaptable class offers a gentle challenge while still allowing participants to work at their own pace. A great next step for those ready to move beyond the basics and continue building confidence and stability.

Flow with Fire Yoga RCC

We will flow through our poses with fire, allowing us to connect with the breath creating some heat within. Some poses will involve kneeling/being on hands and knees.

Gentle Flow Yoga RCC

This class offers a variety of movements in a more calming style of yoga. Using gentle stretches to mindfully ease into your poses as we start on our mats and then make our way up for some softer flowing standing poses. Some poses will involve kneeling/being on hands and knees.

*Recommended for: new or beginner yogis or individuals who want a lower impact flow

Postpartum Fitness RDAPC

(Mother and Baby)

The focus is centered around regaining functional strength after pregnancy by utilizing the stroller as a fundamental tool. All fitness levels are welcome, newly postnatal participants should be cleared by their healthcare provider before starting.

Hot Flash RDAPC

This 50-minute class is tailored for women navigating perimenopause and menopause (roughly 40 years +). The focus is on maintaining and growing muscle mass, proactively strengthening the pelvic floor, and promoting bone density preservation. Through strength training movements, quick cardio intervals and multi-planar movements with gentle impact participants will learn to enjoy this phase of life and redefine the word hot flash!

Home Educator Strength Lab RDAPC

50-minute workout designed to build strength and athletic power through a progressive approach. Each session will allow you to learn by doing—refining techniques through trial and error—while developing the perseverance to lift heavier, move faster, and train more efficiently. This class is perfect for busy homeschooling parents looking for a mid-day exercise break, with the added benefit of having a safe place for kids to play nearby($).

Mom Only Yoga MCC

No matter the age of your kids, being a mom is an intense, busy, challenging, and incredibly rewarding experience. This yoga class is your opportunity to restore and reset your body and energy. Nurture yourself with gentle stretching and rest. Bring your questions and requests for practices that we can design together that will be uniquely useful for you in your day-to-day.

Mats and yoga props will be available; you are welcome to bring your own.

Baby Yoga MCC

(newborn to almost crawler, with one adult)

Explore dozens of yoga poses designed specifically to be enriching to your baby and to support developmental movement discoveries. Each class is filled with calming, nurturing ways to enhance bonding, aid baby`s digestion and improve sleep patterns. Babies will enjoy yoga while on their backs, tummies or held in loving arms. For parents, this class is a special opportunity to meet other parents, get support and learn about baby`s emerging personality. Most of the yoga we do in this class is for baby but, for parents, we always find time for some breathing and relaxation practice.

Tot Yoga MCC

(able crawler to 24 months, with one adult)

These classes are creative, fun-loving, and active. Watch tots become more confident as they are encouraged and supported in their physical explorations. Your tot will playfully practice yoga poses with your assistance, while sitting, standing, walking, and jumping. This is a faster-paced yoga class because of the tots' newfound mobility and curiosity. Parents will still find time for quiet breathing and relaxation practice.

Tyke Yoga RCC & MCC

(2 years to 4 years with one adult)

Yoga poses, songs, stories and games are combined to create an enriching activity for Tykes and their parents. Classes are designed to suit Tyke curiosity and energy, while exploring yoga through social interaction, repetition and play. Parents will actively model the yoga and support their Tykes as we discover tools to relieve frustration, improve gross motor skills, and increase attention span. And we do it all while having fun together!

Parent and Child Yoga RCC

(5-8 years with one adult)

Classes are designed to engage, challenge, and delight children and their parents/caregivers. Developmental movement is the key to exploring each and every pose. Independent practice, partner poses, and group activities ensure that these classes are fun for all! No yoga experience is required. Mats and yoga props will be available; you are welcome to bring your own.

Parent & Youth Yoga RCC

(9 to 12 years with one adult)

This program offers a great opportunity for an adult and tween to experience hatha yoga together. Calming breathing practices and partner poses allow for connection. Games and group activities help families enjoy a sense of community. Discover and challenge your stability, strength, flexibility, and focus. No yoga experience is required. Mats and yoga props will be available; you are welcome to bring your own.

For all adult and child/youth classes above please bring comfy non-slip slippers. No other equipment is required.

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Sign up for a free card for residents.

Visit any of our 14 branches, including:

Marden Branch	Rockwood Branch
519.763.7445	519.856.4851

Learn more at **www.wellington.ca/Library.**



ACTIVE 55+ FITNESS

GET active

COURSE #	CLASS	INSTRUCTOR	DAY	TIME	LOCATION	START DATE	# OF CLASSES	OAC MEMBER FEE	FEE
10188	Bands and Bells PROGRESSIVE	Margaret	Monday	9:00 a.m.	RCC	Sept. 21	10	$75+HST	$81+HST
10178	Bands and Bells GENTLE	Margaret	Monday	10:00 a.m.	RCC	Sept. 21	10	$75+HST	$81+HST
10214	DDPY Level 1	Marcel	Monday	6:00 p.m.	MCC	Sept. 21	10	$75+HST	$81+HST
10179	Yoga ALL LEVELS	Rebecca	Tuesday	9:00 a.m.	RCC	Sept. 22	10	$75+HST	$81+HST
10197	Cardio & Core Conditioning (Level 2)	Tina	Tuesday	9:00 a.m.	RDAPC	Sept. 22	10	$75+HST	$81+HST
10201	Cardio & Core Conditioning (Level 1)	Tina	Tuesday	10:00 a.m.	RDAPC	Sept. 22	10	$75+HST	$81+HST
10198	Bands and Bells ALL Levels	Margaret	Tuesday	11:30 a.m.	RDAPC	Sept. 22	10	$75+HST	$81+HST
10187	Fit Hits the Fan! PROGRESSIVE	Margaret	Wednesday	9:00 a.m.	RCC	Sept. 23	10	$75+HST	$81+HST
10207	DDPY	Marcel	Wednesday	9:00 a.m.	RDAPC	Sept. 23	10	$75+HST	$81+HST
10193	Yoga ALL LEVELS	Rebecca	Wednesday	9:00 a.m.	RDAPC	Sept. 23	10	$75+HST	$81+HST
10185	Fit Hits the Fan! GENTLE	Margaret	Wednesday	10:00 a.m.	RCC	Sept. 23	10	$75+HST	$81+HST
10208	DDPY Rebuild	Marcel	Wednesday	10:00 a.m.	RDAPC	Sept. 23	10	$75+HST	$81+HST
10210	Urban Poles; Fun & Fitness	Nancy	Wednesday	11:30 a.m.	RDAPC	Oct. 21	6	$45+HST	$48.60+HST
10191	Yoga ALL LEVELS	Rebecca	Thursday	9:00 a.m.	RCC	Sept. 24	10	$75+HST	$81+HST
10203	Abs, Core & More	Glen	Thursday	9:00 a.m.	RDAPC	Sept. 24	10	$75+HST	$81+HST
10199	Fab, Fit and Fun	Glen	Thursday	10:00 a.m.	RDAPC	Sept. 24	10	$75+HST	$81+HST
10212	Dementia Fit with Caregiver	Glen	Thursday	11:00 a.m.	RDAPC	Oct 8	10	$75+HST	$81+HST
10190	Low Impact Cardio and Muscle PROGRESSIVE	Kathi	Friday	9:00 a.m.	RCC	Oct. 2	10	$75+HST	$81+HST
10180	Low Impact Cardio and Muscle ALL LEVELS	Kathi	Friday	10:10 a.m.	RCC	Oct. 2	10	$75+HST	$81+HST

Please visit **www.get.on.ca/fitness** for the most up to date listing of classes.

RCC – Rockmosa Community Centre, 110 Rockmosa Drive, Rockwood, ON
RDAPC – Royal Distributing Athletic Performance Centre, 7384 Wellington County Rd 30, Guelph, ON

Register for programs at:

www.get.on.ca/fitness

519-856-9596 ext. 201 (RDAPC & MCC Classes)
rdapc@get.on.ca (RDAPC & MCC Classes)

519-856-9596 ext. 139 (RCC Classes)
programming@get.on.ca (RCC Classes)

Practicing all 4 types of exercise provides the most benefit to your everyday life.



ENDURANCE
So you can climb steps, dance the night away.



STRENGTH
So you can lift groceries, carry grandchildren.



BALANCE
So you can prevent falls and related injuries.



FLEXIBILITY
So you can drive, get dressed.

Bands and Bells RDAPC & RCC
(GENTLE, PROGRESSIVE & ALL LEVEL classes)

This class begins with a cardio component, followed by a balance and strength segment and winds down with flexibility / stretching exercises. The instructor will adapt exercises to accommodate all fitness levels.

The gentle class is ideal for beginners or those who enjoy a more relaxed pace.

The progressive class is ideal for those comfortable with a faster pace of exercise.

Yoga – All Levels RCC and RDAPC

This class unites breath with movement, offering a variety of poses accessible to all levels of yoga practitioners. Expect to build strength in the core, improve balance, and increase flexibility and range of motion. Options and modifications are always offered so the pose can work for you—not the other way around.

Please note: Movements will include transitions from the floor to standing, and poses that may involve being on wrists, knees, or seated for short durations. Modifications are always available to support different levels of comfort and ability.

Low Impact Cardio and Muscle PROGRESSIVE RCC

This progressive class offers a slightly faster pace and level of difficulty for those looking for a greater challenge. The low impact cardio segment includes higher intensity intervals while the strength and balance component offers compound, functional movement to enhance activities of daily living.

Participants should be comfortable getting down to the floor.

Low Impact Cardio and Muscle ALL LEVELS RCC

This all-levels class provides 20 minutes of continuous cardio followed by 20 minutes of muscle conditioning, core work and balance. We'll finish off with a stretch for a complete total body workout.

Cardio & Core Conditioning: Level 1 & 2

A FUNctional, low impact all-around fitness class designed to improve cardiovascular fitness, muscle strength, posture, mobility and balance. A variety of equipment including body weight, exercise bands, small dumbbells, chairs and mats will be used. Participants are encouraged to work at their own level of fitness as alternative exercises and modifications are offered.

Fit Hits the Fan RCC
(GENTLE and PROGRESSIVE)

Components - strength, balance and flexibility are included in the class structure using resistance bands, weights and balls - NO MATS.

The gentle class is geared for participants comfortable with a slow and steady pace and regular recovery breaks between components.

The progressive class is geared for participants preferring a moderately-paced routine with the expectation that as the class progresses, so does the level of challenge.

Abs Core and More RDAPC

This co-ed class will work on improving the overall strength of your upper body, abdominals, buttocks, and legs. During this challenging, fun-to-music class, you will be using your own body weight, bands, tubing, and other exercise equipment, followed by stretching/flexibility and balance. Join us in a safe, friendly, non-competitive atmosphere.

Fab Fit and Fun! RDAPC

Looking for a place to begin your fitness program? Come join our introductory class of Fab, Fit and Fun. You get a little bit of everything – all with great music to keep you moving. This class gives you a variety of exercises to teach the basics of weight training, balance, flexibility and cardiovascular fitness. Work at your own pace with feel good exercises to enhance your health and wellbeing.

Dementia Fitness RDAPC

(with a caregiver)

This gentle fitness class is designed for individuals living with dementia and their caregivers to move, connect, and have fun together in a safe, supportive environment. Sessions include simple, guided exercises focusing on strength, balance, and flexibility, with options to suit all abilities. Music, repetition, and social interaction help build confidence and enjoyment while promoting overall well-being. Caregivers participate alongside their loved ones, fostering meaningful shared experiences and connection.

DDPY RDAPC & MCC

A low-impact, high-benefit workout that strengthens muscles while improving flexibility, balance, and core stability. This adaptable program allows participants to work at their own pace while getting a full-body workout. Ideal for all fitness levels—no footwear required.

Dirty Detailz

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Auto Detailing

Cars, SUV, Vans, Pick-up Trucks,
Off-road Vehicles, Power-sports, Transport Trucks,
RV's, Camper Trailers and much more

Hand Car Wash
Full Interior Shampooing
Clean Windows
Full Interior Vacuuming
Polishing
Rim Cleaning
and *MUCH MORE!*

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DDPY Rebuild RDAPC

For individuals who struggle with limited mobility. Through a progressive series of workouts, you'll build arms, legs, and core strength, increase flexibility, and decrease pain. This workout is the perfect starting point if you're injured or just haven't been active for a while or having trouble with balance or standing for long periods of time. You will start on a chair, then on your feet using a chair to assist you with balance.

DDPY Level 1 MCC

DDPY Workouts strengthen muscles, build core muscles, increase flexibility, agility, and balance. You'll get a great cardio workout with minimal joint impact, and you'll do it at your pace. Our instructors are trained to help you work out at your own level.

Urban Poles; Fun & Fitness RDAPC

Discover the benefits of pole walking in this fun and supportive class at RDAPC! Whether you join a one-time workshop or a 6-week FunFit series, you'll learn the fundamentals of Urban/Activator Pole Walking while enjoying a guided 30-minute workout set to music. Sessions wrap up with track walking, with plenty of breaks, encouragement, and expert instruction from a Certified Pole Walking Instructor. Improve posture, strength, and confidence in your everyday movement—come see how a simple set of poles can make a big difference!

HERITAGE COMMITTEE

What Is the Guelph/Eramosa Heritage Committee?

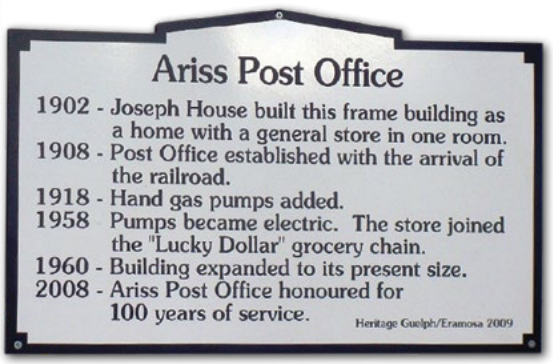
The Township's Heritage Committee advises Council on the identification, conservation, and protection of properties with cultural heritage value, under the Ontario Heritage Act. The Heritage Committee meets quarterly to review heritage designation applications and development proposals affecting heritage resources, as well as taking on initiatives related to heritage planning, education, and community awareness.

Heritage Plaque Program – *Recognition Without Designation*

Under Section 29(1) of the *Ontario Heritage Act*, municipalities are permitted to designate properties, which meet specific criteria, to be of "cultural heritage value". Heritage designation publicly recognizes the value of a property, and promotes community awareness of our shared history. It also provides a process to ensure that proposed changes to a property are managed so as to respect its cultural heritage value.

Individuals interested in having the heritage value of their property recognized, without having it designated under the *Ontario Heritage Act*, may instead apply to the Heritage Plaque Program. This program provides property eligible owners with a plaque which they can choose to display on their building to showcase its historical significance. Unlike a formal heritage designation, the Heritage Plaque has no impact on any future changes you may wish to make to your property.

If you would like for your property to be considered for heritage designation, or to apply for a Heritage Plaque, please email clerks@get.on.ca for more information!



Heritage Feature – Joseph Hobson



Members of the Heritage Committee continue to serve the Township by exploring the rich history of our community and helping uncover stories that connect us to our past. This year, the Committee was delighted when member Joyce Blyth shared her research on a fascinating individual with deep roots in this area: Joseph Hobson, whose work helped shape major infrastructure projects across the country.

Born in Guelph Township in 1834, Hobson became one of Canada's most accomplished railway engineers and surveyors during the late nineteenth century. After training as a land surveyor and apprenticing with prominent engineering firms, Hobson worked on major railway projects across Ontario, and eventually became Chief Engineer for the Grand Trunk Railway. Hobson played a leading role in several nationally significant infrastructure projects, including the International Railway Bridge between Fort Erie and Buffalo, the reconstruction of Montreal's Victoria Bridge, and most notably the first St. Clair Tunnel beneath the St. Clair River, which linked Canada and the United States. Completed in 1891, this 6,000-foot tunnel was considered a remarkable engineering achievement and introduced innovative tunnelling techniques developed under Hobson's direction. His work helped expand rail transportation, trade, and industrial growth in Canada, and his legacy remains an important reminder that individuals from our rural communities helped shape the growth and development of the nation.

Do You Have a Story to Share?

The Heritage Committee welcomes community members to share photographs, memories, family histories, and stories connected to local heritage. By working together to preserve these stories, we can continue to celebrate and protect the history of our community for future generations!



Photo credit: Shari Lovell Photography

Eden Mills Writers' Festival, Eden Mills
September 18-20, 2026
This nationally-acclaimed and widely-respected literary event takes place on the banks of the Eramosa River in the village of Eden Mills. Audiences of several thousand "come for the words" each year to enjoy readings and to visit Publishers' Way where publishers, booksellers, magazine producers and non-profit groups come to showcase their wares.

Strom's Harvest Fun Area
September 19 to October 31, 2026
Enjoy lots of fall family fun at Strom's Farm, located at 5089 Wellington Road 32 in Guelph/Eramosa. The Harvest Fun Area includes corn maze, straw maze, wagon rides, puppet show and pumpkin chuckin'!
www.strom.ca

Rockwood Farmers Market, Rockmosa Park, Rockwood
Every Wednesday from June 11th – October 18th 4:00pm-7:00pm
The Rockwood Farmers' Market offers fresh local produce, baked goods, handcrafted items, and more in a friendly, community-focused setting. Running weekly in the summer, it's the perfect spot to shop local, enjoy tasty treats, and connect with neighbours.
www.therockwoodfarmersmarket.ca

Strom's Moonlight Corn Maze
October 17, 22, 23, 24, 28, 29, 30
6:00pm-9:30pm
Experience the thrill of Strom's Corn Maze at Night! Bring your flashlight and enjoy a fun, fall night under the stars! Strom's Farm is located at 5089 Wellington Road 32 in Guelph/Eramosa.

Taste Real Fall Rural Romp
September 26, 2026
Celebrate the Fall Harvest by touring over a dozen Wellington County farms and markets on this self-guided tour. Enjoy the hearty eating of real food, the fall harvest and fresh-from-the-farm taste real delights that can be stored and enjoyed all winter long.

We Shall Remember
November 11, 2026
Every year the Township of Guelph/Eramosa acknowledges the courage and sacrifice of those who served their country during times of war, military conflict, and peace.

On Wednesday, November 11th, 2026, the Township of Guelph/Eramosa, joined by the Guelph/Eramosa volunteer Fire Department and fellow members of our community, will hold a Remembrance Day Service at the Rockwood Cenotaph, located at the corner of Guelph Street and Highway 7, Rockwood.

All are welcome to join us in paying our respects.

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N0B 2K0
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(519) 856-2646 Fax
www.rockwoodvet.com

Rockwood Farmers Parade of Lights

December 10, 2026 at 7:00pm

Bundle up and enjoy a special night with family and friends in downtown Rockwood! This unique evening Christmas parade is brought to you by the farmers of Rockwood community. Each year farmers decorate their farm equipment and machinery with hundreds of beautiful lights. This unique holiday spectacle is a sight to behold for kids of all ages!

www.rockwoodfarmersparade.ca



Ahoy!! – The Ontario Pirate Festival

July 31, August 1, 2, 2027 Marden Park, Guelph

Come visit the pirate village of Dry Bluffs - a glorious day out for the whole family. There's food and ale; merchants and crafters, and more entertainment than you can possibly imagine.

www.thepiratefestival.com



Hillside Festival



Hillside 2026

July 16-18, 2027

The Hillside Summer Festival and Hillside Inside are three-day, multi-stage events with a broad artistic vision that emphasizes diversity; of culture, of musical heritage and style, of age, geography and influence.

www.hillsidefestival.ca

Marathons

June 21, 2027*

SUBARU TRIATHLON SERIES PRESENTED BY: Jordan

For over 20 years the triathlon races at Guelph Lake Conservation Area have been a popular stop on the triathlon circuit. With a variety of distances and categories available, there is a race for beginners, experts and everyone in between. Thousands of people with different stories, goals and abilities from across Ontario compete in this fun, family friendly event annually. We would like to thank the residents of the Township of Guelph/Eramosa for their continued support!

www.transportcanada.com

*Subject to change

Party in the Park, Rockmosa Park, Rockwood

Thursday, July 29th, 2027, 5:00-10:00pm

This is a FREE event!

Live Music • Petting Zoo • Face Painting • Bouncy Castles • Axe Throwing • Food Trucks with Licensed Area • Wiener Dog Dash • Local Vendor Market • Fireworks starting approximately 9:45 PM

...AND MORE!

Great Lakes Medieval Festival

Mid July, 2027

GET Community Contacts

Sports

Ariss Valley Golf Course 519-824-1551
Compass Equestrian 905-330-9891
Eden Mills Nordic ..... edenmillsnordic.blogspot.com
Guelph Community Boating Club
..... https://www.guelphboating.ca/
Guelph Lakes Golf Course 519-822-4222
Guelph Nordic Ski Club ..... guelph-nordic@hotmail.com
Guelph Rowing Club ..... https://guelphrow.wordpress.com
Horseworks ..... 519)-993-5081
Royal City Bowmen ..... www.royalcitybowmen.com
Rockwood FC ..... www.rockwoodfc.com
Rockwood Lacrosse ..... www.rlxlacrosse.ca
Rockwood Tennis Club ..... www.rockwoodtennis.com
Rockwood Eramosa Minor Ball Association
..... remba.president@gmail.com
Rockwood Basketball Club
..... rockwoodbasketballclub@gmail.com
Rockwood 3-Pitch Baseball (Co-Ed)
..... https://www.face-book.com/groups/210594309298975

Art/Culture/Club

Choi's Dance Studio 226-979-4274
Dance Classes ..... tammyeckerman@gmail.com
Scouts/Beavers/Cubs ..... www.scouts.ca
Girl Guide/Brownies ..... www.girlguides.ca
Rockwood Karate 519-826-6111
Order of the bear ..... www.orderofthebear.ca
Rockwood Lions Club 519-856-4566
Wellington 4-H Association www.4-hontario.ca

Camps

Camp Bellaleo 647-285-2658
Camp Brebeuf ..... campbrebeuf.ca
Everton Scout Camp
..... https://www.evertonscoutcamp.ca/home
GRCA – Adventure day Camps ..... grca@grandriver.ca
Rockwood Summer Camp
..... rockwoodsummercamp@gmail.com
Rockwood FC ..... www.rockwoodfc.com
Summer Break at ela
..... https://eramosala.com/summer-break-camp/
Sunshine Day Camp ..... sunshinedaycampguelph@gmail.com

Community Projects

Outdoor Rinks
..... http://get.on.ca/living-here/outdoor_rink.aspx
Cross Creek Park ..... 78 Cross Creek Boulevard
Lloyd Dyer Park ..... 209 Balaclava Street, Rockwood
Max Storey Park ..... 162 Dunbar Street, Rockwood
Marden Park ..... 7368 Wellington Road 30
Valentino Park ..... 121 Fountain Street, Rockwood
Eden Mills Park ..... 19 Memorial Street, Eden Mills
David Masson Park ..... 201 Landrex Boulevard, Rockwood
Rockwood Farmers Market
..... 120 Rockmosa Drive, Community Centre Parking Lot
..... therockwoodfarmersmarket@gmail.com

Community Shared Garden

Grace Community Church
..... guelphtoollibrary.org/grow-community-garden/
Ignatius Jesuit Centre
..... https://ignatiusguelph.ca/ignatius-farm/community-shared-agriculture/
Rockwood Community Garden .....
..... rockwoodcommunitygarden@gmail.com
Valentino Park ..... 121 Fountain Street, Rockwood

Community Recourses

East Wellington Community Services 519-833-9696
Wellington County Library – Marden 519-763-7445
Wellington Library – Rockwood 519-856-4851

Schools/childcare/Child Resources

Eramosa Public School 519-856-9529
Harris Mill – English/French Immersion JK – Gr. 5
..... 519-856-0309
Sacred Heart Catholic Elementary JK – Gr. 8 519-856-1157
Rockwood Centennial JK- Gr. 8 519-856-9556
Rockwood Nursery School 519-856-4486
Rockwood Early ON Child & Family Centre 519-843-7000
Eramosa Learning Academy 519-829-5124

If you would like to have your organization featured in next year's guide, or if your contact information has changed, please email **clerks@get.on.ca** or call **519-856-9596 ext. 101**



Go on a Local Food Adventure

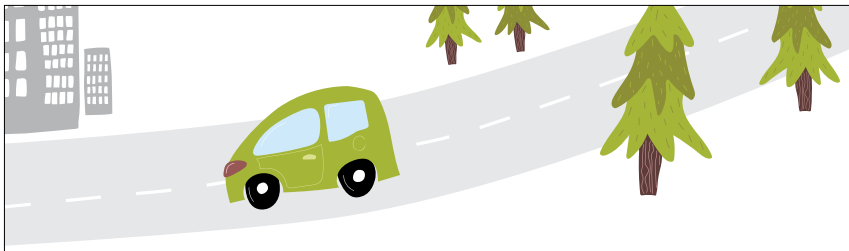
in Wellington County

Pick up a **free** copy of the **Local Food Map** and **Food Experience Guide** at Wellington County Libraries, local businesses, or request one online.

www.tastereal.ca

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FROM THE GROUND UP
GUELPH WELLINGTON LOCAL FOOD

Come out to the Fall Rural Romp on September 26!



Accessible Van Available!

Wellington County's Rural Transit Service

Operating Monday to Friday, 6:00 am to 7:00 pm, book a ride to or from any address in Wellington County and Guelph.

Visit **www.ridewell.ca**, get the app, or call 1.833.900.RIDE (7433) to register.

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The Corporation of the County of Wellington
Wellington County

Alternate formats available upon request. OMOfficial Mark of The Corporation of the County of Wellington.

www.ridewell.ca

University of Guelph's

GryphonKidsAndCamps

GRYPHON KIDS + CAMPS







YEAR-ROUND KIDS PROGRAMMING

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  Skating, Rock Climbing & Dance
- **Swim Lessons**
  Private, Family & Group
- **Aquatics Leadership Certifications**
  First Aid, Bronze Cross, Bronze Medallion
- **Sport-Specific Camps**
- **Summer, March Break & Winter Camps**
- **Birthday Parties**
  Nerf, Camp-style & Climbing
- **Home Alone, Babysitting & High Five Courses**

REGISTRATION DATES:

Fall: Aug. 24th, 2026 at 6:30am
Winter: Nov. 30th, 2026 at 6:30am
Summer: Feb. 1st, 2027 at 6:30am
Summer Camps: Feb. 8th, 2027 at 6:30am

MORE INFO

Gryphons.ca/KidsAndCamps